

ANDOVER TOWNSMAN

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Inside
Healthwise

In a 3-2 vote, it's Dick Neal, superintendent

By Neil Fater and Alix Driscoll

As many people expected, the School Committee voted 3-2 Monday to remove the "interim" from Dick Neal's title, making him the permanent superintendent of Andover schools. Also as expected, not everyone was happy with the decision.

That's because a student committee, a group of elementary parents, two School Committee members, and individual parents and students threw their weight behind the candidacy of John Krewer, the superintendent of Woodstock, Conn.

Asking for change, several people lauded Dr. Krewer's educational degree and his ability to energize people to support his educational goals.

"I'd just like to harp on what people have said about new blood," said Andrew Shen, Student Selection Committee member. "I'm not going to say that I've been 'Krewer-ized,' but I'm pretty damn close."

(Continued on page 36)

Sam Campbell petition circulated

By Neil Fater

Dick Neal has now moved into the permanent superintendent spot, but some parents want the Sam Campbell issue to follow him there.

Two weeks ago, a group of West Middle School parents typed up form letters asking School Committee members and Mr. Neal for specific answers about why Dr. Campbell, West Middle principal, was not offered a contract for next year.

Now parents are also circulating a petition calling for Mr. Neal to bring Dr. Campbell back for another term as principal.

"The petition, I guess, is a continuation of effort. We still don't have answers," said Patricia Miliotis, a strong supporter of Dr.

(Continued on page 37)

Salary items cut from school budget

By Neil Fater

In accordance with the budget compromise it agreed to before April Town Meeting, the School Committee has cut approximately \$100,000 in salary items from its budget for next year.

"Collectively we agreed that this had the least impact on the day-to-day learning of the students," Dick Neal, superintendent of schools, said at last Tuesday's committee meeting. "Not that it doesn't impact."

The cuts included reducing the salary contingency account by \$22,000, and reducing instructional-assistant time and associate teacher daily rates by 10 percent.

Three secretarial positions – one each for the assistant superintendent, the health and

fine arts departments, and a High School assistant principal – will remain part-time positions.

The committee agreed to this compromise following meetings among the Finance Committee, town and school officials. Buzz Stapczynski, town manager, had recommended the School Committee cut about \$466,000 from its approved budget. To meet this number, the committee likely would have cut some teaching positions and allowed the science department to continue with what the administration considers an outdated program.

"This is a whole lot better than what we were looking at a month ago," Lloyd Willey, committee member, said of the new cuts.

Garage sales:

Turning trash into treasure

By Joan Brown

Call them yard, tag, white elephant or garage sales. By any name, dozens of driveways and garages throughout Andover were teeming with sales activity during the last two weekends.

The busiest yard-sale days so far this year also coincided with the 25th anniversary of Earth Day. At least 40 Andover families did their part to



reduce the strain on the environment by selling unwanted goods instead of trashing them.

"That's why you do it – the recycling," said Dave Nichols, of Smithshire Estates. He and a group of friends and neighbors – many of them teachers at town schools – had people coming to their sale as early as

Thursday night, after their advertisement

(Continued on page 35)



Photo by Lisa Adelsberger

It was opening day for the Little League Major teams recently, and even though last year's town champs, the Pirates – seen in this photo in the background – are gearing up for the season, 2-year-old Alex Linnemann apparently would rather play soccer. He is the brother of two Pirates players: Pat, 11, and John, 10. Little League Majors features 12 teams of 144 kids who are 10 to 12 years old, according to John Fitzpatrick, president of Little League. The Majors' two leagues, National and American, will play 15 games this season, which is completed by the end of June. For more about Little League, see page 50.

INSIDE:

- Sanborn School project comes in \$130K over budget: page 2.
- Your letters are about Sam Campbell: page 38.
- Local business people forming an Andover Rotary: page 10.
- Is your child's bedroom driving you wild?
See Perry Colmore's column: page 38.
- Ideas for Andover's 350th:
See What's Up, page 21.
- Andover High honor roll: page 16.

The dog at right
needs a home. So
does a special cat.
See page 3.



Photos of Monday's supt. hearing: p. 36 / Home delivery: 475-1943

Sanborn project comes in \$130,000 over budget

By Neil Fater

Bids on the Sanborn construction project came in over budget, causing the School Building Committee to cut \$130,000 from the project.

Michael Parsons, committee member, described the \$2,888,824 bid, awarded to Mellow Construction of Tauton, as "not a great bid for the Sanborn School, but one we can live with." Cuts for the project will include \$50,000 originally allocated for new lockers as well as money to plant new trees.

Marjorie Dennis, committee vice-chairwoman, said the cuts will shore up the contingency fund in case unexpected problems arise. The committee hopes to add these cut items back into the plan at the end of the project.

Asked when the project will begin, Ms. Dennis said, "The intent was as soon as the kids were out of school, the shovel would go in the ground."

Because of his work on the South School project, the committee has asked Jim Heiberg, the South architect, to work on the Sanborn project as well.

well.

Mr. Parsons said only a small sum has been taken out of the South project's contingency fund to pay for unexpected problems. He noted the same could not be said for the High School project where there have been several problems resulting from inaccurate surveys. During the last few months workers have asked for \$104,000 for a new waterline near the back of the school, and school was cancelled due to knocking out the building's power. Also, a phone line was torn up.

"It is not running as smoothly as we would like," Mr. Parsons said of the AHS project. "The nature and scope of the problems at the High School are so large as to really hurt the contingency fund. I'm a lot more nervous (about the High School project) because we don't seem to be getting along as well with the architect, because we don't seem to be getting along as well with the contractor," he said. "Because of the nature and scope of the project, everyone's that more tense."

Construction gives students lunch break

By Neil Fater

There's an old saying that teachers are the most important part of a school. It seems construction workers at South Elementary are putting this to the test.

As part of construction, workers have removed different parts of the building.

Because South School's kitchen has been dismantled, student lunches, including sandwiches and pizza, are being shipped over from Sanborn.

In addition to the missing kitchen appliances, the school's boiler and its heat are gone too.

"Hopefully, the next couple of months will stay (warm), but you never can predict the weather," said Eileen Woods, South principal.

Despite such inconveniences, the South faculty is trying to make the best of the situation, using the con-

struction project as an educational tool. Construction officials have talked with the students about different elements of the project.

"It really has worked out well. We're just keeping our eye on the beautiful building that's coming," said Ms. Woods.

Central office administration lauded the staff for its work at a recent School Committee meeting.

AHS contractor problems continue

Andover High School students and teachers also are doing their best to cope with the \$26.5 million construction project there and sometimes that task is made easier.

According to officials, teachers and students gleefully went home two Mondays ago after a backhoe struck the school's main power line and knocked out the power.

High School users nearly had off

(Continued on page 4)

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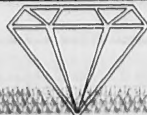
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NEWS IN BRIEF

Town to hold cholesterol clinic

The Andover Board of Health will hold a cholesterol screening clinic Wednesday, May 17, from 9 a.m. to noon for Andover residents only. An appointment is necessary.

The simple fingerstick test for total cholesterol costs \$5 and does not require fasting. The program includes dietary counseling by the public health nurse and referral to your private physician for follow-up care as needed.

For more information or an appointment, call the health department at 470-3800, Ext. 255.

ABC seeks hosts

The Andover A Better Chance program (ABC) is looking for host families for the 1995-'96 academic year. For more information, call Sandy Levine at 475-7126.

Fill out your census

Massachusetts General Laws requires that all Massachusetts towns and cities verify the residency of their voters by sending a census out the first of each year.

The General Laws also requires that if a resident does not verify his/her residency, each voter must be taken off the active voters list.

The town has sent out approximately 2,100 inactive voter list postcard notices to town residents who did not respond to the census for 1995. If you receive a notice from the town, fill out and return the prepaid postcard to the town clerk's office as soon as possible so that your voter registration is kept up to date.

For more information, call the town clerk's office at 470-3800.

Spec. Ed plan ready

The annual Plan for Special Education for the Town of Andover will be

available for review in the Pupil Personnel Office on the third floor of the school administration building Thursday, May 11, and Friday, May 12.

Library offers free use of the Internet

Curious about the information superhighway? Memorial Hall Library is offering free public access to the Internet. From a terminal in the reference area, you can drive through infospace and see what the Internet has to offer.

The Merrimack Valley Library Consortium (MVL) has set up some Internet "stops" where you can find government information, library catalogs, job listings, weather forecasts, consumer information, and World Wide Web access. The limits of MVL's system won't support graphics displays, downloading files, discussion groups, or e-mail. However, you will be able to roam around this vast data storehouse, the largest information resource on the planet.

Call the reference desk (474-1771, Ext. 31) to reserve a one-hour block of time, or sign up in person. Internet access will be available during library hours, except on Sunday.

Seniors plan open house

The Andover Council on Aging will host an open house at the Andover Senior Center on Whittier Court Saturday, May 13, from 9 a.m. to 2 p.m., in honor of Older American Month.

The public is invited to drop in and become familiar with the activities and programs offered at the Center and the services available. Sometimes an older member of the family may need the structured environment of a social day care. Volunteers will explain the day-care program and



Photo by Lisa Adelsberger

This black Persian cross male cat, about 3 years old, was found on Bailey Road May 5. He is declawed and neutered and very friendly. Andover Animal Hospital is looking for his owners or for a good home. Call 475-3600.

answer questions.

The Gift Shop, which opened at the Senior Center this spring, will feature hand-made items and crafts, affordable cards, used books, jewelry and many other gift ideas.

The shop is open to the public Mondays through Fridays from 9:30 a.m. to 1 p.m. The proceeds from the store are donated to the building fund.

Sen. O'Brien offers local hours May 22

State Senator John D. O'Brien, D-Andover, will hold office hours Monday, May 22, at the Senior Citizen Center on Bartlett Street from 10 to 11 a.m., and at Memorial Hall Library on Elm Square from 6 to 7 p.m. All residents are welcome.

All inquiries should be directed to Sen. O'Brien's office, the Statehouse Room 416A, phone (617) 722-1612.

Quote, unquote . . .

'Instead, with the reputation of the entire administration under fire, you might consider seizing the opportunity to rebuild confidence. We know you have no authority over hiring and firing, but you do have the voice to get this unfortunate situation back on track.'

Cliff Davis, in a letter in which he is addressing Susan Dalton, page 34

'An important lesson learned during this sorry episode is that Andover parents must be more diligent in protecting our educational prerogatives. It's our school system.'

Richard and Cynthia Osborne, in a letter, page 35

'Id hate to see the present "embattled School Committee" joined by an "embattled superintendent."

Phyllis Zimmerman, in a letter, page 35

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50 years ago: An auspicious year for Edith Larson

For Edith Larson Sanborn and her husband, Robert, of Jenkins Road, 1995 is an emotionally auspicious year. It marks 50 years since their marriage in 1945 and another important 50th-anniversary date for Edith. In 1945, a destroyer, the U.S.S. *Everett F. Larson DD 830*, was launched at Bath, Maine. The destroyer was named after U.S. Marine PFC Everett F. Larson, who was posthumously awarded the Silver Star for bravery. He was killed while swimming under enemy fire to rescue Marine comrades in a flooded Guadacanal river. It is significant to Edith that her twin brother, a private first class, could be so honored by having a ship named after him.

She will attend a reunion of the

Larson at Portland, Maine, today, May 11, to mark this 50th year since the launching at the Bath, Maine, shipyard. Many service people have served aboard her over the years and she is still on active duty, as part of the South Korean Navy. There is a special relationship, like a family, for those who served on the *Larson* and their wives and children.

The *Larson* seemed to have led a protected, almost charmed life. At the christening in Boston in 1945, Hilda Larson, mother of Everett F. Larson, gave the ship a Bible, which stayed with the ship until it was decommissioned to go to South Korea. Every day of her life from then on, Mrs. Larson prayed for that ship.

The *Larson* planned its second reunion in 1991. Peter W. Kope of Cicero, N.Y., one of the two co-founders, continued his search for a member of the Larson family to come to that reunion. He had searched in the vicinity of Stamford, Conn., where Mr. Larson had joined the Marines. As a last resort, Mr. Kope ran a classified ad in several national papers.

Edith's cousin read one of the papers while fishing in Narragansett Bay. He phoned Mr. Kope to tell him that Pfc. Larson had a twin sister living in Andover. Three weeks later, Edith was the surprise guest of honor at the Virginia Beach reunion.

According to association president Norman Welsh of Danvers and

his wife, Susan, ex-shipmates are coming from Alabama, California, Florida, Georgia, Illinois, Ohio, Virginia, New England, New York and New Jersey.

Did You Know
AIDS is #1 cause of death
for Mass. residents
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Join AIDS Action of Andover in the
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South School construction gives students lunch break

(Continued from page 2)

that Tuesday as well, because power was not restored until 5:50 a.m. the next day, said Dick Neal, interim superintendent.

"To quote (the contractor), they apologized to the nth degree," said

Mr. Neal.

The power outage was the latest in a growing list of problems with the High School project, several of which resulted from inaccurate surveys.

"Stone-Congress has really been

disappointing. But what are you going to do; the low bidder gets the job," said Vincent Chiozzi, outgoing committee member.

Mr. Chiozzi is swapping a spot on the building committee for a Planning Board seat.

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ConsCom reviews Eisai plant

By Alix Driscoll

Discussion of a \$34 million plant by Eisai Merrimack Valley for the production of new chemical-based drugs and the development of a large parcel on Chandler Road into 54 homes were the major topics at the May 2 Conservation Commission meeting, which broke up close to midnight. They were on the agenda because these parcels contain wetlands and the ConsCom, the town's guardian of wetlands, must grant permissions before construction can ensue.

Eisai plans

The development of 100 Federal St., in the industrial D zone off River Road, on the east side of Route 93, was the major topic of the evening.

Lawyers and engineering consultants for Eisai Merrimack Valley, a Japanese pharmaceutical plant, with a research facility on the west side of Route 93, off Shattuck Drive, showed the commission drawings of the proposed facility.

It will house approximately 50 workers and will be about 53,000 gross square feet. Consultants asked for a continuation of the original order of conditions that allowed Wang Corporation to begin construction in 1984 on the first of what would have been three buildings. The site contains three ponds and drainage to three watersheds.

Wang built only a gravel pad for a foundation and prepared the site for parking areas and drainage. The land is currently owned by William Callahan of Andover Park Realty Trust.

According to Harlan Doliner, lawyer for Eisai, the proposed building will be smaller than the original Wang footprint and will have two small outbuildings designated for storage. Eisai may build a second facility on this site in the future, according to company representatives.

Several members of the ConsCom questioned whether the project should be allowed to conform to the existing order of conditions (with amendments added), set up in 1978 before the state wetland regulations changed in the 1980s.

Paul Finger, landscape architect and member of the ConsCom, asked for a full review of the project, with new supporting documents to be presented at the continuation of the hearing on May 16.

Chongris land to become 54 homes

Somerset Village will be built on the mostly wooded 88 acres of Chongris land divided between Chandler Road and North Street. On the land is a barn and a small area that was farmed at one time and five detention ponds to drain the wetlands. Part of the area may

have been used for a horse farm and horse shoeing business in the past.

Mr. Finger said he was concerned about the debris and garbage that had been dumped on the site in the past and the need to integrate the detention

ponds into the overall landscape plan. The hearing will continue on May 16 at 7:45 p.m.

In other business:

• The ConsCom requested the engineer of the Andover Country Club project to carefully oversee

(Continued on page 41)

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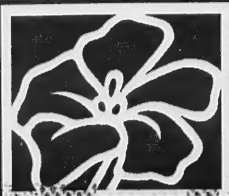
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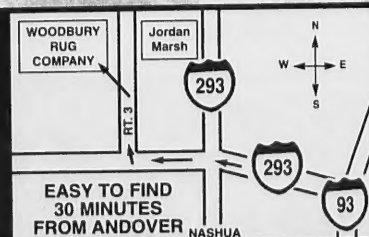
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Commission on Disabilities to meet May 17 at 6 p.m.

The Andover Commission on Disability (ACOD) will meet Wednesday, May 17, in the third floor conference room of Town Offices, 36 Bartlet St., from 6 to 8 p.m.

bership, awareness and bylaws. The ACOD seeks to address issues concerning Andover and its citizens with disabilities.

Call Mark Walker at 687-4288. All are welcome.

Agenda items include mem-

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Home Equity Loan

Loan is wonderfully low and fixed. Yes,
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the comfort of having money available
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fees, and give you



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Andover Lawrence Methuen North Andover Tewksbury

Based on A.P.R. of 8.50% and a 5 year term, a \$10,000 loan would mean 60 monthly payments of \$205.16.
Current Andover Bank Equity Creditline customers must qualify for an additional \$20,000 to existing
Creditline to qualify for these programs. Rate subject to change without notice.

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BUSINESS

Geriatric Assistance

Doreen Correnti, director of Geriatric Assistance Inc., recently announced the opening of MedVan-Plus Inc.

Geriatric Assistance Inc. has been providing comprehensive home care planning and services for older adults and their families for seven years. MedVan-Plus Inc. further services clients with an affordable and comfortable means of meeting all their transportation needs seven days a week, 24 hours a day. Transportation equipped with ADA compliant wheelchair lift, seating for ambulatory clients, TV, VCR and stereo headphones is available throughout the Merrimack Valley, Greater Boston and North Shore and includes the Lahey Clinic and Mass. Eye and Ear Infirmary.

Bill Matteson

Bill Matteson has been named executive vice president of Quantic Communications, a corporate communications company located at 3 Riverside Drive.

Prior to starting his consulting business, Mr. Matteson was president and CEO of Clarke, Goward, Fitts, Matteson in Boston. He had previously spent 18 years at Hill Holliday, Connors, Cosmopolis in senior account service release.

Quantic Communications specializes in the planning, creation and production of marketing communications programs. Mr. Matteson will be responsible for client service, creative product and business development.

Merrill Lynch

Three financial consultants who work in Merrill Lynch's Andover office were recently recognized nationally by Merrill Lynch for their consistent delivery of outstanding service to their

clients:

North Andover residents Jay Curley, vice president and senior financial consultant; and Jeffrey A. Ferrante, CFP, assistant vice president, senior financial consultant and office manager; were admitted to the President's Club; and Bernard Kavanagh of Haverhill, financial consultant, was admitted to the Executive Club.

Stephen A. James

Vice President Stephen A. James of Andover was among those who received special recognition as one of Grubb & Ellis' top 20 producers in the United States. He was also chosen into the company's "Circle of Excellence." Both of these annual appointments were based on the revenue earned per broker in 1994 and involves the participation of more than 1,200 Grubb & Ellis brokers nationwide.

Mr. James contributed significantly to Leggat McCall/Grubb & Ellis' overall 1994 ranking of number one in the nation. Some of his more noteworthy transactions last year included a build-to-suit for Federal Express in Franklin and a lease restructure of 170,000 square feet in Des Plaines, Ill.

Mr. James joined Leggat McCall/Grubb & Ellis in 1985.

Paul T. Kelley

Paul T. Kelley, a customer service adviser at Woodworth Chevrolet Cadillac Buick in Andover, has been named to the 1995 CSA Today Lane of Fame. CSA Today is a national automotive dealership training program for cus-

tomers service advisers.

Mr. Kelley was one of six winners selected from nominees nationwide. He is general manager and a vice president of the dealership. He has been an employee for more than 30 years.

Mr. Kelley was featured with the other winners in the April 1995 CSA Today magazine and the accompanying audio tape.

Century 21

Jean Fitzgerald and Pamela Lebowitz, owners of Century 21 Carriage House, Andover, and Peter and Priscilla Hunt, owners of Century 21 Hunt, North Andover, have announced the merger of the two companies.

"All projections indicate that the trend in real estate is toward fewer and stronger nationally affiliated real estate offices offering a variety of services," said Ms. Lebowitz. "These two companies have distinct and different strengths; this merger will, we hope, be a case of one plus one equals three."

The Century 21 franchise has been selling real estate in Andover since the 1970s. It began as Century 21 Look, then became Century 21 Abbott, which was located on Dascomb Road, and moved to Elm Square in 1985 and was renamed Century 21 Minuteman. Ms. Fitzgerald and Ms. Lebowitz purchased the franchise in 1989, moved it to the historic Barnard Carriage House at 10 High St., and changed the name to Century 21 Carriage House.

Century 21 Hunt, located at 53 Chickering Road, was founded by the Hunts in 1985. The two companies will consolidate under the Century 21 Carriage House name and be headquartered at Century 21 Carriage House.

Hunneman, Coldwell

Hunneman & Company-Coldwell Banker announces that several of its employees from the Andover office

have been honored recently.

Mary Peck, Maureen Mano and Elaine Carson have been awarded the Gold Circle for achieving the highest level of sales amongst more than 1,800 sales associates company wide. Additionally, Ms. Carson has once again been named vice president for her exceptional performance and demonstrated leadership abilities.

Sandy Bolway, Nuala Boness, Roberta Plati and Jo Siraco have been awarded the Silver Circle.

Ellie Gallagher, Joan Medeiros and Mary Mueller have been awarded the Bronze Circle.

Joan Medeiros, Mary Mueller, Roberta Plati and Donna Shay recently completed a Coldwell Banker Referral Network certification course and received the Certified Residential Referral Specialist designation.

Robert F. Hatem

Robert F. Hatem of Lowell, manager of customer and community relations for Raytheon Electronic Systems Division, has been named campaign chairman for the United Way of Merrimack Valley's annual campaign. He will oversee fund-raising efforts for 34 communities in northeastern Massachusetts and southern New Hampshire. Last year's campaign raised \$5.4 million to provide funds to 60 health and human service agencies serving the Merrimack Valley.

Mr. Hatem has been involved with the United Way volunteer campaign at Raytheon for several years and was chairman of last year's Pacesetter's campaigns.

Located at Raytheon's Bedford location, Mr. Hatem coordinates community and customer relations for three major facilities in several states and is division coordinator for the corporate identification program. He is chairman of the company's nationwide U.S. Sav-

(Continued on page 9)

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GROWTH.

There may be a few robins in your trees. Or some new blooms on the flowers in the road. You know it's here. Spring. A time for growth, renewal, and the fulfillment of promises made in autumn.

They say that this time of year, people's fancy turns to thoughts of love. Well, Linda Cutter knows many people's thoughts also turn to real estate. This is the time of year when your thoughts turn to growth—buying a bigger home for a growing family, looking at an investment property for a growing portfolio, or selling a home to move and grow somewhere else. That's why Linda is available to answer your questions and help meet your needs.

How is your growth potential? Linda's insight and knowledge can help you make the wise decisions that result in long-term growth and prosperity.

Spring is here. Enjoy the sunshine, the flowers, the promise of a new year. Give yourself a chance to grow. While you're at it, call Linda Cutter today for her free list of 10 things you need to know to get your home ready for the spring buyers market. Call Linda today. You'll be glad you did!



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Hatem heads United effort

(Continued from page 8)

ings Bond program.

Mr. Hatem is a national director of the Armed Services YMCA, vice president of the Yankee Chapter of the American Defense Preparedness Association, president of the Minute-men chapter of the Association of the U.S. Army, director of Lawrence Savings Bank and chairman of its community relations committee, an incorporator of Lowell General Hospital and first vice chairman and director of the American Red Cross, Merrimack Valley chapter.

Mr. Hatem was born and educated in Lawrence.

He received a bachelor of arts degree from Merrimack College and participated in American Colleges Public Relations Association public relations and fund-raising courses at Notre Dame University. He also completed the Raytheon Management Program and was admitted to the Lawrence Boys Club Hall of Fame in 1989.

Mr. Hatem is married to the former Joanne Murtagh of Medford. They have four children: Milissa Moynihan of Lowell; Robert Hatem Jr. of Auburn, N.H.; Michelle Meehan of Worcester; and Jennifer Carey of Andover.

Susan Dalton named public administrator

Susan Dalton of Andover, an attorney and School Committee chairwoman, was recently selected by Gov. William Weld as Essex County public administrator.

Ms. Dalton was sworn in Friday, May 5, by attorney Maurice S. Close at his law office on Main Street.

The appointment was made with the advice and consent of the Executive Counsel. Public administrators are attorneys appointed on a county-wide basis to represent the estates of individuals who die without a will or a relative to manage the



Photo by Joan Brown

Pictured, from left, are state Rep. Gary Coon, R-Andover; Patty Dowling, counsel to the governor; Charles Dalton Jr., (in the back) Ms. Dalton's husband; Susan Dalton; Maurice S. Close; and Edward F. Cregg, attorney.

estate.

According to state law, Essex

County may have up to five public administrators at one time.

Dr. Kenneth Adams spoke on heart attack signs and symptoms

Dr. Kenneth Adams, a cardiologist with Pentucket Medical Associates Inc., spoke to a group of 75 people recently at Haverhill Public Library on "Heart Attack: Signs and Symptoms."

This was the second in a series on heart disease offered by Pentucket Medical Associates Cardiology Division.

Dr. Adams' practice includes all

aspects of clinical cardiology and diagnostic cardiac catheterization. He is the founder of the Healthy Hearts Cardiac Rehabilitation program at Pentucket Medical Associates and on the medical

staff of Hale Hospital, Holy Family, Lawrence General and Ana Jaques hospitals.

Dr. Adams lives in Andover with his wife, Anita, and three children.

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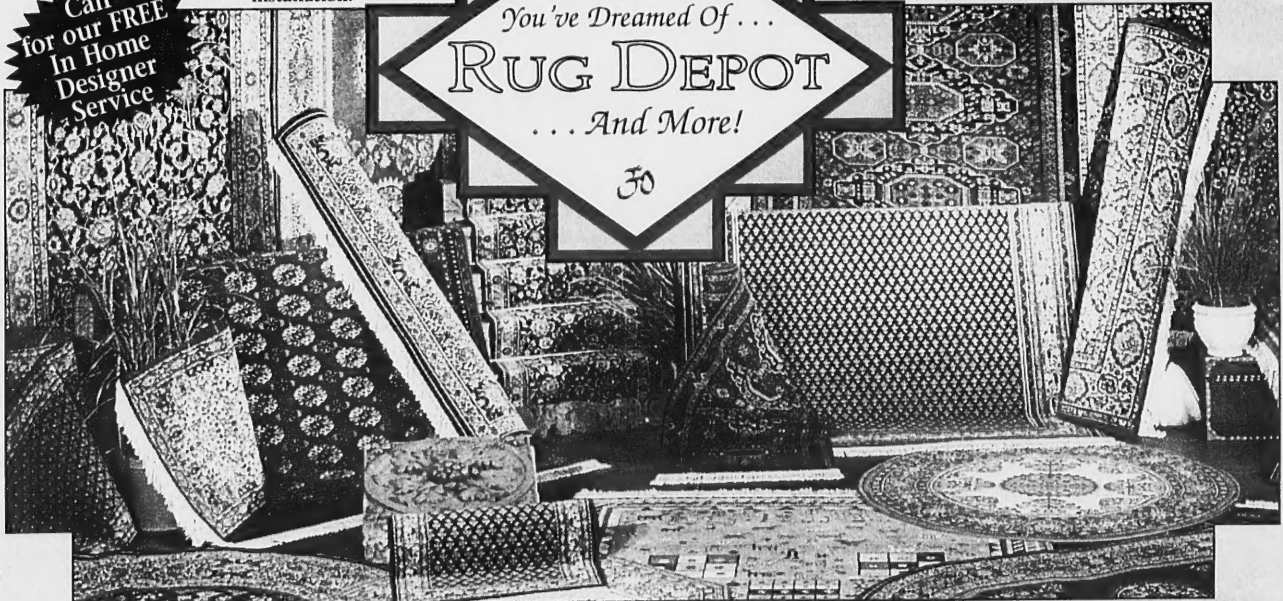
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Tuesday, Wednesday, Saturday 10-6; Sunday 12-5

Some town employees honored

Some employees of the town of Andover were among other community employees who were honored recently at the first Merrimack Valley Outstanding Municipal Employee Reception at Merrimack College.

Called "You Make a Difference in Local Government," the event was hosted by Town Manager Buzz Stapczynski and other community leaders from Lawrence, Methuen, and North Andover.

Honored from Andover were Peg Campbell for overall excellence; Linda Bredbury, exemplary performance; Anthony Torrisi, financial enhancement and management; Memorial Hall Library children's room staff for service to citizens; and for outstanding department, Data Processing Division.

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Chris Foster

Residents forming an Andover Rotary

Plans are underway for the organization of a Rotary club in Andover by a group of 40 local business and professional people.

Meeting with Raymond Mansour, District Rotary Extension chairman, the Andover business people agreed to apply for a charter in Rotary International, worldwide association of more than 27,000 Rotary clubs with more than 1,200,000 members in 150 countries and geographical regions.

Rotary is an organization of busi-

ness and professional people united worldwide, who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world.

Also present at the meeting with Mr. Mansour were William J. Iannazzi, provisional president; John F. Piazza, provisional president-elect; Cynthia Christensen Bro, provisional vice president; Raymond J. Cannon Jr., provisional secretary; Peter J. Caruso, provisional treasurer; and

provisional directors Dr. Calvin Muti and Gretchen Papineau.

Rotary's motto is "Service Above Self."

By selecting members from recognized businesses and professions in a community, a Rotary club becomes a cross-section of its business and professional life, according to those organizing the local club.

Regular weekly meetings of the

(Continued on page 11)

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FINANCIAL STRATEGIES



by Ronald R. Hill, CLU, ChFC

THE PRICE OF UNDERINVESTING
The good news is that nearly half of all employees participating in pension plans of any type consider 401(K) or similar plans to be their principal retirement vehicles. According to the Employee Benefits Research Institute (EBRI), this percentage is up from 25.8% in 1988. The bad news is that all too many 401(K) savers are not saving enough or investing aggressively enough to accumulate sufficient funds for retirement. Many financial experts recommend that employees save at least 10% to 15% of their pretax earnings in their 401(K) plans. Unfortunately, only 28% of 401(K) savers meet or exceed these contribution goals, and their 401(K) assets tend to be concentrated in low-growth, fixed-income instruments. This strategy costs 401(K) savers 2%-3% or more in return annually. Money invested for use some years down the road (as retirement plan money often is) often should be invested to a considerable degree in stocks and stock mutual funds. This strategy gives one the best chance of accumulating the funds sufficient for retirement. Please contact us to see if this strategy is appropriate for you.

BAYSTATE FINANCIAL SERVICES wants you to succeed. Whatever investment goal you seek, we can help you achieve your financial planning objectives. We were established in Boston in 1901, and since then we have worked hard to meet the wide array of financial needs of our clients by providing quality financial services. We can even work with your employers to oversee an investment strategy for your company's 401(K) plan. Please call us at 475-9212 to schedule an appointment. We are located at 10 Essex Street here in Andover. We also have an office in Boston located at 100 N. Washington St. (617-523-4500).

HINT: The 2%-3% or more of shortfall mentioned above represents the average gap in return between very conservative investments and their more growth-oriented counterparts.

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FRUIT TREES & BUSHES

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No other group of plants is more versatile. Perennials come tall and stately, low and spreading and just about every shape and size imaginable.



CREATE YOUR OWN WATER GARDEN
POOLS, LINER PUMPS, PLANTS

Local Rotary is forming

(Continued from page 10)

Rotary club of Andover will be held Fridays at 7:15 a.m. at The Lanam Club.

After formal admission to membership in Rotary International, its charter will be presented by John B. Hooper, district governor, at a special meeting attended by Rotarians from Rotary clubs in this area.

In the photo at right are the provisional board of directors. Seated is Raymond Mansour, District Rotary extension chairman; standing from left, Raymond J. Cannon Jr., secretary; William J. Iannazzi, president; Gretchen Papineau, director; Cynthia Christensen Bro, vice-president; and John F. Piazza, president-elect. Missing are Peter J. Caruso, treasurer; and The Rev. Dr. Calvin Mutti, director.



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Shop today with a local merchant who will be here tomorrow.

Check Out These **SALE PRICES!**

See Our "Mother & Child" Collection

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1/4 ct. ...	\$199
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1 ct. ...	\$549

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Marquis Band	Channel Set	Double Row
1 Ct.	1 Ct.	1 Ct.
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1 ct. t.w.* ...	\$299
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Jock Reynolds to give gallery talk on Robert Frank: *The Americans*

Jock Reynolds, director of Phillips Academy's Addison Gallery of American Art and curator of *Robert Frank: The Americans*, will lead a gallery talk exploring the photographs sequenced by Robert Frank in his book, *The Americans*, this Sunday, May 14, at 2 p.m.

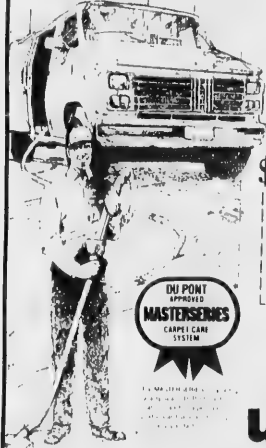
The Addison Gallery is located on the campus of Phillips Academy at the corner of Main Street and Chapel Avenue.

The museum is handicapped accessible

and open, free of charge, Tuesday through Saturday, 10 a.m.-5 p.m. and Sunday, 1-5 p.m., except Mondays, national holidays and Aug. 1 through Labor Day.

The entertainment calendar starts on page 34 of today's Townsman.

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P.S. One final point...it could be really important! All of my listings come with a Risk-Free Satisfaction Guarantee, so pick up the phone and call me now!

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NEWS FOR SENIOR CITIZENS

By Katherine Urquhart
interim coordinator

Open house

An open house will be held at the Senior Center Saturday, May 13, from 9 a.m. to 2 p.m. We would like to provide those in the community who work and are unable to visit during the week with the opportunity to learn more about the services and activities available. The gift shop will also be open. Many unique and hand-crafted items are for sale.

Bake sale

A bake sale will be held at the Senior Center on Friday, May 12.

Singing group

The singing group meets every other Monday. The next meeting is May 15 at 2 p.m. Join us for a few songs; the more the merrier.

Support groups

The Widow/Widowers Support Group will meet Thursdays, May 11 and 27, at 1 p.m. at the Senior Center. Everyone is welcome.

The Easter Seals Stroke Support Group will meet at the Senior center Thursday, May 18, at 1:30 p.m.

Haven Associates

The Haven Associates will hold their regularly scheduled meeting Thursday, May 11, at 1:30 p.m. Note the change of date.

Two more people are needed to complete another table for bridge. Call the Senior Center for more information.

SENIOR MENUS

The following meals will be served to senior citizens at the Senior Center on Whittier Court next week:

Monday: Veal roulade with brown sauce, rice pilaf, corn, fruit cup.

Tuesday: Turkey dinner with gravy, whipped potatoes, stuffing, peas, assorted whole grain bread, fudge brownie.

Wednesday: Shepherd's pie with gravy, mashed potatoes, carrot wheels.

Thursday: Chicken ala king with rice, green beans, pudding with topping.

Friday: Baked fish, scalloped potatoes, vegetable, ice cream.

For reservation, call 470-3830 before 2 p.m. on the business day before the lunch you plan to attend.

The senior center will serve baked chicken on **Monday, May 22**, and baked stuffed pork chop on **Tuesday, May 23**.

Your Dental HEALTH

by Richard D. Hopgood, D.M.D.



A DECAY PROBLEM FOR OLDER PATIENTS

While it is true that most adults are less susceptible to tooth decay than they were during their childhoods, they may be more prone to experience a kind of tooth decay known as cervical caries. The blame for this problem rests primarily with receding gums, which leave the upper parts of the roots (the necks) exposed. Because the material (cementum) covering the roots is less resistant than enamel to the acids produced by bacteria, the roots are more vulnerable to decay. Cervical caries may be accelerated by the mouth dryness that many older patients experience as a result of taking certain medication. Without enough saliva in the mouth to neutralize the acids generated by bacteria, the roots lose a degree of protection against decay.

Don't be a dental statistic. Keep ahead of problems and don't postpone dental or gum work that needs to be done. Take a few minutes to learn good oral hygiene and practice it faithfully. National Senior Smile Week (May 14-20) is next week, dedicated to heightening public awareness of the importance of dental care and the availability of dental services to older adults. Young or old, for more information about good dental health or an appointment Mon & Thur 10-8, Tues & Fri 8-6, call us at 475-2431, 296 Lowell Street, Rt 133 (with easy access off Rt 93). Happy Mother's Day!

P.S. Because the pulp (which contains nerves) narrows as it travels down the root, patients are less likely to experience a painful warning that they have root decay.

VNA offers health clinics

Visiting Nurse Association (VNA) HomeCare of 1 Union St. offers free elderly health clinics throughout the Merrimack Valley.

Clinics will be held Monday, May 15, at Andover Commons, and Monday, May 22, at Frye Circle, from 1 to 3 p.m. both days. Clinics in Andover are staffed jointly by VNA HomeCare and the Andover Health Department.

The clinics are conducted by VNA registered nurses and sponsored in part through town funds

and through funding from the Older Americans Act as granted by Elder Services of the Merrimack Valley.

The clinics focus on preventive care and assist elders in maintaining good health through blood pressure checks, weight management and nutrition and medication counseling. The clinics are free and open to the public.

Call the health department at 470-3800, Ext. 255, or VNA HomeCare at 470-1615, Ext. 62, for further information.

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SCHOOLTALK

Doherty Middle School PAC will meet Thursday, May 18, at 7:30 p.m. in McGrail Media Center. This will be PAC's last meeting for this school year.

Cheryl Williams, marketing coordinator for The Network, a 25-year-old, Andover-based nonprofit educational organization, will give a brief overview of the Myers-Briggs Type Indicator - what it is and what it does.

A business meeting will follow at 8:30.

Four Andover students are among cast members of *Damn Yankees* at **Pike School**. They are **Nathan Akerman**, son of Dr. and Mrs. Bill Akerman Jr. of South Main Street; **Hasan Erdem**, son of Dr. and Mrs. Erhan Erdem of Burton Farm Road; **Weston Lowrie**, son of Mr. and Mrs. Frederic B. Lowrie Jr. of Cutler Road; and **Kenneth Rickhi**, son of Mr. and Mrs. Allan Rickhi of Longwood Drive. The ninth-grade production is scheduled for next Thursday, May 18, at 7:30 p.m. and Friday, May 19, at 8 p.m. at the school.

Pike School was represented again this year in **Project Bread's** annual **Walk for Hunger**. More than 20 students from grades 6-9 and five faculty and staff participated in the Boston Walk Sunday, May 7.

This is the ninth year that a group from Pike has walked 20 miles to raise money for the hungry. Last year's group of 22 students, faculty and parents collected more than \$3,300 in pledges for Project Bread.

St. Robert's Country Day School will hold its graduation celebration for the class of 1995 Wednesday, May 31, at 10 a.m. at St. Robert Bellarmine Church. The public is invited.

Nancy Carlsson-Paige, professor of education at Lesley College Graduate School, will speak at **Old Town Hall**, 20 Main St., Tuesday, May 23, at 6 p.m. The topic is "Violence in our children's lives: and what we can do about it." The event is for parents and educators of young children.

Ms. Carlsson-Paige has co-authored three books and many articles on topics that relate to how children learn violence and non-violence, with emphasis on the marketing of violence to young children and how it affects their play and developing social skills. This event is sponsored by Essex County Association for the Education of Young Children.

The cost is \$4 for members and \$5 for non-members. For more information, call **Irene Rochwarg** at 685-8111, or **Yvonne Beirne** at 683-3804.



Photo by Lisa Adelsberger

John Anderson and **Nicki Gallegus** of New England Aquarium visited students at Bancroft School last month to talk about whales and other marine life. They brought this replica of the endangered North Atlantic right whale, astounding the students with its size. Right whales had been hunted almost to the point of extinction; only an estimated 300 survive today. Last week several of the whales were spotted off Cape Ann, feeding en route to their "summer headquarters" in the Gulf of Maine.

The following students from Andover have been named to the third-term honor roll at **Austin Prep** in Reading:
Distinction: **Brendan Griffin**, **Caitlin Simili** and **Timo-**

thy Tanner.

High honors: **Colleen Owens** and **Anthony Lacina**.

Honors: **Corey Waters**, **Kathryn Sarracino**, **Stephen Baxter**, **Kristin Games**,

David Hartman, **Andrea Martin**, **Thomas Martin**, **Megan McKenzie**, **Matthew Pimentel**, **James Rita III**, **Brad Tetreault**, **Jason Wid-**
diss and **Bradford Cronin**.

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DCS summer course booklet to be mailed to all residents

The Department of Community Services summer booklet of courses will be mailed to all Andover residents on or about next Friday, May 19.

Registration is scheduled for Wednesday, May 31, from 7 to 8 p.m. at Doherty Middle School auditorium.

THE REAL ESTATE CORNER



with Jean Fitzgerald & Pamela Lebowitz

WHO DOES THE REALTOR REPRESENT?

Much has been written recently that cautions home buyers to beware of the fact the Realtor represents the seller's interests in the transaction, in most cases. Some articles make this arrangement sound pretty scary for purchasers.

Unless special arrangements are made, the agent will be representing the seller. At the same time, the agent has an obligation to treat you fairly and to give you all the information you request to make an informed buying decision. In addition, the best way to represent the seller and make sure the house gets to completion and registration is to make certain things go smoothly for the buyer. The agent can provide you with names of lenders, and once you decide whose services to use, the agent will keep on top of things to make sure everything gets done properly and on time. We have another big incentive for keeping our buyers happy. Word of mouth referrals and repeat customers are crucial to our success, and we do our best to keep that business coming!

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Andover High School announces its honor roll students

Andover High School recently announced the names of students who have made the third-term honor roll:

Grade 9

High honors: Daniel Barch, Aron Belorado, Eliza Bobek, Rachel Brodie, Andrea Buonaugurio, Michael Burton, Brooke Callanan, Andrea Cerniglia, Lauren Chabot, Adam Charron, Abbie Daniel, Jeffrey Danis, Christopher Desjardins, Meghan Doyle, Erin Fitzpatrick, Julie Flynn, Amy Henderson, Alan Hibino, Peter Hill, Charles Jordan, Elizabeth Kelley, Kaitlin Kessler, Lee Ann Krafton, Kirk Larsen, Allison Macrae, Lauren Mallen, Sonal Malpani, Eric Marshall, Zachary Martin, Kendra Medade, Sarah Muller, Jennifer Powers, Lauren Roda, Michael Rogers, Douglas Shahian, Amy Shui, Jeffrey Shyu, Sara Tully, Rudy Wen, Jacquelyn White, Lisabeth Willey, Emily Wilner, Roger Yeh.

Honors: Meredith Affleck, Elizabeth Anderson, Kate Ardini, Christopher Ataide, Matthew Aufiero, Michael Aufiero, Phillip Ayoub, Erin Baggeroer, Kyung Duk Bang, Courtney Barron, John Bausemer, Jordan Bentley, Christina Birrell, Katherine Blais, Jennifer Blongiewicz, Nicole Boliger, Shannon Breen, Sara Callanen, Tara Cataldo, David Chapin, Allana Clarke, Barbara Contos, Elizabeth Cook, Matthew Cox, Steven Crossley, Erin Croteau, Leigh Croteau, Brian Cutler, Jeffrey Cutler, Suzanne Dalby, Robert F. Demers, Jenny DiFiore, Nicole Edwards, Megan Fitzgerald, Kristen Foley, Michael Fraser, Janna Friedman, Jordan Fuhr, Chintan Gandhi, Benjamin Gibson, Megan Gregg, Elizabeth Har, Douglas Henderson, Yoon Jin Hyun, Rachel Isenberg, Gregory Jelson, Paula Katz, Kristi Keller, Daniel Kulp, Carrie Lacina, Christopher Lane, Martin Lastrina, Kathryn Lee, Sang Wook Lee, Sarah Lentz, Ana Maria Leon, Brendan Long, Matthew Mackenzie, Allen Mackey, Stephen Mackey, Joseph Maglio, Peter Maguire, Jennifer Mann, David Maragioglio, Michael Monteiro, Jennifer Mossack, Lisa Mueller,

Charlotte Muller, Ethan Murphy, Kelly Murphy, Stacie Nelson, John Nolan, Brenna O'Connor, Kimberly Oliveira, Robert Oppenheim, Laura Orlando, Javier Ortiz, Stephen Pache, Jamie Patterson, Viki Pierce, Joshua Prudden, Jessica Puccia, Jessica Purcell, Anil Ranganath, Sarah Reilly, Jeffrey Rogers, Matthew Rogers, Megan Roth, Matthew Rouillard, Kirza Sanchez, John Sarantos, Julie Scott, Michael Segal, Nicole Shoemaker, Melissa Stone, Lindsey Strube, Lauren Sweeney, Elizabeth Tardugno, Kalley Thomas, Alex Tommasino, Brent Torre, Caroline Torrist, Anh Nguyen Tran, Sara Tuman, Monica Turbett, Judith Vajda, Rachel Venuti, Lori Volpe, Ashley Werner, Nicole Winters, Jessica Youell, Mark Zammuto.

All 1's in effort: Michael Aufiero, Daniel Barch, John Bausemer, Aron Belorado, Eliza Bobek, Andrea Buonaugurio, Andrea Cerniglia, Lauren Chabot, Adam Charron, Abbie Daniel, Jeffrey Danis, Erin Fitzpatrick, Julie Flynn, Chintan Gandhi, Amy Henderson, Alan Hibino, Peter Hill, Charles Jordan, Elizabeth Kelley, Kaitlin Kessler, Allison MacRae, Sonal Malpani, David Maragioglio, Stacie Nelson, Brenna O'Connor, Jennifer Powers, Lauren Roda, Amy Shui, Lauren Sweeney, Elizabeth Tardugno, Lori Volpe, Rudy Wen, Jacquelyn White, Lisabeth Willey, Emily Wilner, Nicole Winters.

Grade 10

High honors: Julie Ahern, Christina Arcidy, Papi Bhattacharya, Erich Birkby, Geoffrey Bomba, Melanie Burke, Robert Cronan, Kristina Deduck, Robin Dettman, Mark Ewalt, Caitlin Fitzpatrick, Roger Foltz, Michael Garvin, Geoffrey Gresh, Ellen Hsu, Ginger Hsu, Michael Kaufman, Pinnuala Kelleher, James Kremer, Elizabeth Krieger, Albert O. Kwon, Robert O. Kwon, Matthew McGrath, Joshua Murphy, Michael Orlandella, Jessica Perkins, Kiran Raman, Randy Romano, Laura Selima, Anna Stowe, Jessica Tuttmann, Matthew Wessler, Thomas Witham, Meghan Woo, Heather Young.

Honors: Brooke Adams, David An, Patrick Anese, Amber Bailey, Catherine Bakulski, Stephanie Banos, Jennifer Berube, Kathryn Browne, Matthew Butterfield, Stephen Byers, Nicole Carpentier, Lori Carpino, John Chen, Kevin Chenery, Abigail Clarke, Nathan Coates, Patrick Collins, Justin Conlon, Michelle Crispo, Kelleen Cronin, Amy Davidson, Jeffrey DeAngelo, Meghan Donahue, Patrick Donovan, Andrew Douglas, Kimberly Downes, Christopher Drizen, Dara Ekster, Peter Ellis, Michelle Empey, Adam Espinola, Christopher Everett, Ross Fenton, Janine Givens, Alexei Gonzales, Nung Soo Ha, Nicole Hajj, Kara Haley, Su Su Han, Matthew Hardiman, Craig Hartwell, Thomas Hartwell, Nolia Hill, Joshua Hoerner, Zachary Howard, Brian Jordan, Kristen Kaczynski, Michael Kelly, Michael Kenny, Billy Kim, Alexa Kokinos, Brian Lacroix, Andrew Laroche, Emmy Lugas, Rebecca MacDougall, Matthew Mahoney, Melissa Massengill, Megan McGuire, Corry McLaughlin, Justin McLean, Christina Meuse, Patrick Moran, Komal Mukhi, Jennifer Munson, Elizabeth Murphy, Nancy Nassar, Emma Nowinski, Mark O'Sullivan, Tae Oh, Bryan Olender, Catherine Ostrofsky, Anne Marie Paone, Jeannette Paull, Lucas Pearson, Nolan Pelletier, Sarah Plamondon, Andrew Pojasek, Sarah Provencher, Tariq Qureshi, Mubbin Rahmani, Ami Regan, Yaniv Rock, Adam Rolfs, Elizabeth Roy, Dana Sawyer, Jamie Scia, Gwen Schmuhl, Jeffrey Scott, Timothy Smith, Gina Son, Danielle St. Jean, Cirila Stephens, Aaron Stuart, Lenore Stubenhaus, David Sullivan, Masar Tayebi, Kimberly Thomson, Brian Tisbert, Susan Tully, Amanda Tyler, Danielle Vacarr, Karthik Venkatesh, Laura Veno, Kathrine Wheeler, Nicholas Wilson, Hilary Winters, Andrea Wolfe, Thomas Woods, Louis Wu, Kristen Wysocki, Brian Yoon, Matthew Yost.

All 1's in effort: Brooke Adams, Julie Ahern, Stephanie Banos, Papi Bhattacharya, Erich Birkby, Robert Cronan, Ethan Davis, Kristina Deduck, Robin Dettman, Kimberly Downes, Mark Ewalt,

Caitlin Fitzpatrick, Roger Foltz, Michael Garvin, Alexei Gonzales, Ellen Hsu, Ginger Hsu, Michael Kaufman, Pinnuala Kelleher, Elizabeth Krieger, Albert O. Kwon, Robert O. Kwon, Komal Mukhi, Joshua Murphy, Michael Orlandella, Jessica Perkins, Sarah Provencher, Kiran Raman, Randy Romano, Laura Selima, Gina Son, Cirila Stephens, Brian Tisbert, Jessica Tuttmann, Amanda Tyler, Matthew Wessler, Kathrine Wheeler, Thomas Witham, Meghan Woo, Heather Young.

Grade 11

High honors: Allyson Ahern, Susan Ashlock, Ellen Buckley, Laura Burkle, Tamar Carroll, Katherine Chabot, Erin Collins, Brian Cronin, Rory Cullinan, Joshua Hatch, Amy Hayner, Kauser Hazarika, Julia Henderson, Michael Hough, John Jordan, Stacy Kangisser, Kristine Karpinski, Brian Kwon, Sonal Mukhi, Danielle O'Connell, Kathryn O'Donnell, Cara Rossini, Richard Santagati, Michael Scarpulla, David Shaffer, Patrick Sharkey, Richard Snyder, Cindy Su, Jay Volinski.

Honors: Jon Adams, Elizabeth Adler, Jungsuk Ahn, Christina Andrews, Jennifer Aylward, Aaron Bancroft, Melissa Beede, Jason Belloardo, Alison Bicknell, Carol Boulanger, Eric Bourassa, Jason Brooks, Jonathan Buba, Todd Buonopane, Edward Buscema, William Byers, Manfred Caranci, Gregory Cerniglia, Sunho Choi, Christine Contos, Tane Crossley, Kurt Dahlstrand, Susanna Daniel, Kelly Davis, Erik Demarco, Jessica Derby, Andrea Dibenedetto, Christopher Dunn, Mary A. Edgerly, William Edwards, Joel Elzweig, Angela Faldetta, Melissa Famiglietti, Marc Formichella, Vandan Gandhi, Shannon Gardner, Colleen Glaimo, Kelly Gillespie, Ryan Giorgetti, Tigist Zerihun Graham, Jaime Greene, Erika Gulezian, Patrick Hess, Julie Jackson, Susan James, Katherine Jurdi, Andrea Kafantis, Sarah Kaleel, Timothy Kearns, Anna Kelleher, Heidi Kim, Brian King, Sheila Kyte, Aaron Lafond, Brian Lafranchi, Maura Landry,

[Continued on page 19]

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West Middle School names its Western Stars for third term

Here is the list of the West Middle School Western Stars for the third term. Students are nominated by the faculty in recognition of outstanding character, courtesy, commitment, cooperation and citizenship. The honor is presented to less than 5 percent of the student body.

Sam H. Campbell, principal, invited the Stars to a pizza luncheon on April 24. He presented them with Western Stars T-shirts and recognized the following students individually: Nick Berger, Anna Floreen, Millie Gerstein, Matt Jaques, Sora Kim, Brett Konjoian, David Mazza, Alia Mohammed, Jonathan Ofria, Pat Sullivan, Andrew Timko, Erin Zuenia, John Ceres, Siobhan Daniels, Ashley Greene, Chris King, Daniel O'Connell, Jennifer Procopio, Rebecca Rouse, Luis Santiago, Leah Spires, Robyn Allen, Sara Barry, Jarrod Connors, Lauren Davis, Sarah Geyser, Judy Huang, Matthew James, Michael Johnson, Heather Keeler, Arlene Nardone, Kara Robidoux, Jennifer Shu, Jessie Stanley.

Central Catholic names honor roll

The following students from Andover were on the Central Catholic High School honor roll:

Distinguished honors: Louis Melahn.

High honors: Peter Catalano.

Honors: Scott Bower, Jason Paolino, Philip D'Agati, Gregory Thompson.

Scholarship winners for the third marking period: Louis Melahn.

Community groups submitting news to the *Townsmen* may send for the free brochure 'How to write a press release,' available from the paper. Send a self-addressed stamped envelope to the *Townsmen*.

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BEGINNING MAY 1, 1995

	MONDAY	TUESDAY*	WEDNESDAY	THURSDAY*	FRIDAY	SATURDAY	SUNDAY
8:45AM TO 9:45AM	STEP 'N SCULPT Susan McGillivray	HI/LOW Lynn McCoy	STEP/SLIDE 'N JUMP Susan McGillivray	8:30-9:30 AM INTERVAL STEP J. Thorpe	MUSCLE COND. Susan McGillivray	NIKE TOTAL BODY COND S. McGillivray *9:00AM - 9:30 AM	STARTING POINT Kyle Campbell *9:00AM - 9:00AM
9:45AM TO 10:45AM	ADVANCED STEP CHOR. Joie Edson	STEP 'N SCULPT Lacey Costello	MUSCLE COND. Susan McGillivray	RESIST A BALL P.J. O'Claire	STEP/SLIDE 'N JUMP Susan McGillivray	ADVANCED STEP CHOR. S. McGillivray *10:00AM - 10:00AM	ADVENTURERS CLUB Kyle Campbell *9:00AM - 10:00AM
10:45AM TO 11:45AM	MUSCLE COND. Joie Edson		STEP Mary Algiers	YOGA IN MOTION P.J. O'Claire			
3:45 PM - 4:45 PM	LOWER BODY COND Susan McGillivray		LOWER BODY COND Susan McGillivray		LOWER BODY COND Susan McGillivray		
4:45PM TO 5:45 PM	STEP Lynn McCoy	YOGA IN MOTION P.J. O'Claire	BOXING FITNESS Bill Fahey & Susan McGillivray	STARTING POINT Kyle Campbell	ADVANCED STEP CHOR. Susan McGillivray	PLAYROOM HOURS M-F: 8:30AM-12:00PM; M,W,F: 3:30PM - 6:45PM SAT: 8:00AM - 10:00 AM SUNDAY CLOSED FITNESS ROOM HOURS M-F: 8:30AM - 7:45 PM; S-S: 8:00AM - 10:00 AM	
5:45PM TO 6:45 PM	MUSCLE COND. Lynn McCoy	NIKE TOTAL BODY COND S. McGillivray *5:45PM - 7:15 PM	HI/LOW Maurissa Stoodley	MUSCLE COND. Lacey Costello	HI/LOW Sue Neville		
6:45PM TO 7:45 PM	INTERVAL STEP Janet Thorpe	NIKE RUN/WALK 7:15PM - 7:45PM		BOXING FITNESS Bill Fahey & Susan McGillivray			

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Massachusetts — Andover, Haverhill, Lawrence, Methuen, North Andover, Norwell, Weymouth
New Hampshire — Londonderry, North Hampton

SCHOOL LUNCH MENUS

Here's what's for lunch in Andover public schools May 15-19.

Elementary schools

Monday: Grilled cheese sandwich, green beans, potato chips, fruit cup, milk or juice.

Tuesday: Hamburger or cheeseburger on roll, french fries, ketchup, carrot and celery sticks, apple crisp, milk or juice.

Wednesday: Pancakes with hot maple syrup, sausage patty, applesauce, fruited Jell-O with whipped topping, milk or juice.

Thursday: In-service day. No lunch.

Friday: Meatball sub with tomato sauce, corn, potato sticks, orange wedges, milk or juice.

Peanut butter and jelly sandwiches and a pizza lunch are available daily.

Middle schools

Monday: Hamburger or cheeseburger on roll, potato chips, sliced carrots,

fruit cup, milk.

Tuesday: Steak sub with choice of peppers, onions and cheese, wax beans,

fudge brownie, milk.

Wednesday: Taco boat with meat stuffing, lettuce, tomato and cheese, corn,

pudding with whipped topping, milk.

Thursday: In-service day. No lunch.

Friday: Grilled cheese sandwich, french fries, celery sticks, chilled pears, milk.

A pizza lunch or manager's special is available daily.

All menus subject to change.

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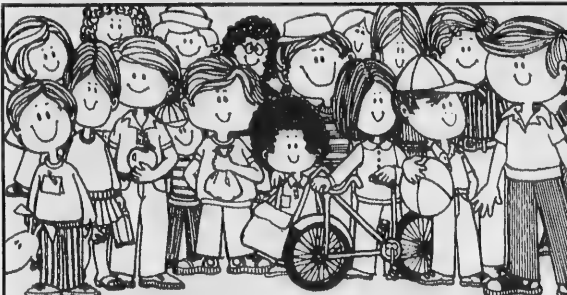
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L	K	X	G	N	I	L	T	S	E	R	W
F	O	O	T	B	A	L	L	K	F	X	B
T	L	Q	Y	K	G	R	Z	S	B	L	A
F	M	G	L	K	E	O	K	B	L	L	S
Y	S	M	N	C	C	A	L	A	Q	G	E
G	Z	C	C	I	T	U	B	F	N	A	B
H	N	O	I	F	T	T	I	J	U	A	
O	S	I	N	P	E	R	H	N	M	T	L
C	I	G	C	K	M	S	U	Z	E	O	L
K	C	J	S	A	I	Y	T	S	Q	K	X
E	E	A	S	F	R	M	L	Z	F	B	Z
Y	B	D	E	R	B	Y	B	O	X	L	Q

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For the answers to this week's puzzle, check Page 30.

AHS third-term honor roll

(Continued from page 16)

Danielle Lane, Mark Langone, Theresa Lavoie, Shannon Lee, Jay Levine, Diana Liberty, Elaine Licata, James Lynch, Meghan Lynch, Olivera Maksimovic, Christopher Mann, Kristy Marsh, Andrea Marvin, Mark McGarry, Joslin McPhee, Marc Menschel, Elizabeth Morris, Jennifer Munroe, Jason Nicholson, Molly O'Connell, Laura O'Day, Valerie Parker, Christian Patti, Jeffery PinCUS, Jennifer Prudden, Keith Putnam, Aneela Qureshi, Andrew Ravens, Vanessa Robertson, Shaun Rodriguez, Walter Rodriguez, Erin Kogacki, Christopher Rogers, Charles Russo, Debra Sabath, Lynda Salerno, Jennifer Schapira, Melissa Scheer, Alyson Shea, Jeffrey Shea, Colleen Sheehy, Shahram Sherkat, Travis Shettel, Amanda Shulman, Keisha Smalley, Kimberly Smith, Lindsey Smith, Randi Spiegel, Michael Stein, Hope Sullivan, Craig Sutliff, Eliot Sykes, Daniel Taylor, Danielle Teves, Ravi Tharisiy, Jeff Thompson, Amy Twohig, W. Adam Westaway, Cathleen Winship, Elizabeth Winship, Theodore Witman,

Dorothee Witt, Christina Wong, Melissa Youell, Kimberly Young.

All 1's in effort: Alyson Ahern, Susan Ashlock, Aaron Bancroft, Melissa Beede, Ellen Buckley, Laura Burkle, William Byers, Gregory Cerniglia, Katherine Chabot, Brian Cronin, Tane Crossley, Rory Cullinan, Susanna Daniel, Jessica Derby, Christopher Dunn, Joel Elzweig, Julia Henderson, Michael Hough, Julie Jackson, Katherine Judd, Stacy Kangisser, Kristine Karpinski, Brian Kwon, Sheila Kyte, Theresa Lavoie, Olivera Maksimovic, Sonal Mukhi, Jennifer Munroe, Kathryn O'Donnell, Christian Patti, Keith Putnam, Cara Rossini, Melissa Scheer, David Shaffer, Patrick Sharkey, Colleen Sheehy, Shahram Sherkat, Randi Spiegel, Cindy Su, Danielle Teves, Jay Volinski, Christina Wong.

Grade 12

High honors: Alan Arntstein, Amy Baker, Laura Diamondis, Andrew Ewalt, Joseph C. Fromme, Gaurav Gupta, Kathleen Harris, Allison Jenkins, Kristin Jenkins, Stacy Jenkins, Evan Koch, Jacqueline

Lemaitre, David Lipman, Stephen Muench, Katherine Reilly, Irene Shul, Maximillian Soong, Emily Winters, Yuki Yakushijin.

Honors: Christine Anderson, Jessica Banos, Jamie Barryon, Kristin Belmonte, Matthew Bevacqua, Ashwin Bihari, Michael Blanchette, Nicole Brooks, Jeremy Burke, Paul Cassidy, Karen Castignoli, Kristen Chaisson, Vivek Channamsetty, Jamie Cistoldi, James Cronan, Sean Croteau, Lisa Crowley, Christopher Cullinan, Peter Daniels, Eric Danis, Wayne Davis, Dana Difiore, Kelly Donovan, Nicole Downes, Timothy

Doyle, Keith Ducey, Lyra Dunaway, Christine Durant, Lauren Ellis, Robert Ellis, Matthew Ely, Edward English, Ellen Fantini, Monica Folch, Timothy Foley, Gregory Foltz, Edward Friedenson, Erin Gammon, Karenlelys Garcia, Carolen Genge, Jennifer Ghiloni, J. Ramon Gonzalez, Johanna Gordon, Rebecca Gordon, Melissa Gould, Tracie Grant, Adam Gray, Lauren Gregg, Amy Griffin, Jennifer Griffin, Daniel Gutstein, Amanda Halpern, Annmarie Hussey, Chang Suhp Hyun, Kara Jasinski, Tamika Jones, Natalie Jordan, Kathleen Karpinski, Naomi Kelts, Paul Krasnoo, Nicholas

Kyslowsky, Caroline Lamanna, Michael Leone, Amy Levesque, Joshua Lewin, Gregory Litchfield, Jin-sen Liu, Jesse Lugus, Michael Marcinonis, Brian Marshall, Leah Mason, David Mazin, John Mercier, Kristoffel Meulen, Robert Minasian, Kelly Mitchell, Irena Mogilevich, Scott Munroe, Lori Nelson, Kristin Nieh, Hakyun Oh, Christopher Ouellette, Maura Paone, Keith Patti, Beth Picardi, Melissa Pino, Lani Radack, Sean Raymond, Swaroopa Reddy, Melanie Robb, Jason Roberts, Nathaniel Roberts, Carly Robins, Laurie Roy, Aaryn Schmuhl, Helen Sell-

(Continued on page 20)

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AHS third-term honor roll

(Continued from page 19)

ers, Jennifer Shanley, Andrew Shen, Youli Simeonidou, J. Dominic Singh, Glen Siniawski, Karin Sonntag, Jonathan Sullivan, Rinako Sumino, Eileen Sweeney, Thomas Tanin, Heather Tessier, Eric Thompson, Jason Veilleux, Loren Vella, Amanda Verreault, Aaron Waxler, Sarah Weir, Andrea Wojtkun, Eveline Yang, Wen Shu Yu, Heidi Zielstorff.

All 1's in effort: Alan Arstein, Amy Baker, Ashwin Bihari,

Christopher Cullinan, Laura Diamondis, Timothy Doyle, Christine Durant, Lauren Ellis, Andrew Ewalt, Ellen Fantini, Erin Gammon, Carolen Genge, Johanna Gordon, Rebecca Gordon, Melissa Gould, Tracie Grant, Gaurav Gupta, Kathleen Harris, Allison Jenkins, Natalie Jordan, Evan Koch, Jacqueline Lemaitre, Amy Levesque, Joshua Lewin, David Lipman, Jesse Lugas, Natasha Mack, John Mercier, Robert Minasian, Stephen Muench, Kristin Nieh, Patricia Ogando,

Beth Picardi, Helen Sellers, Irene Shui, Youli Simeonidou, J.

Dominic Singh, Karin Sonntag, Maximillian Soong, Eileen

Sweeney, Emily Winters, Yuki Yakushijin, Wen Shu Yu.

Applications being accepted for Guzowski Scholarship

The Guzowski Memorial Scholarship Committee has announced that it will award a scholarship again this year.

It is available to any resident of Andover who wishes to pursue a career in government,

politics or community service.

Information and applications are available through school guidance offices, or by calling Mark Courtney at 475-9010.

The application deadline is Monday, May 15.

Young adult author coming to Memorial Hall Library

Young adult author Rachel Vail will be at Memorial Hall Library next Saturday, May 20. Her talk at 10 a.m. will be followed at 11:30 by a writing workshop. A book-signing will take

place between the two sessions. The programs are open to young adults in grades 6-12. Tickets are available at the circulation desk.

Call Barbara Mortenson at 475-6960.

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*U.S. News & World Report, 1994



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Four week Summer courses begin the week of May 22. Six and eight week Summer courses begin the week of June 19.

Registration is ongoing now by phone, FAX, mail and in person.

Call 1-800-NECC-1-2-3 for your copy of NECC's Summer '95 brochure if you do not have one now.

WHAT'S UP

Relay anticipation starts to heat up

By Alyson Shea
Andover High School

During the past several months many people in the Andover community have been working hard to organize the second annual 24 Hour Relay Challenge.

Recently, teams have been signing up left and right, making sure they do not miss out on the opportunity to be a part of the 50 teams in this year's Relay.

Along with teams from Andover's business community and local organizations, a number of stu-

dent teams have also formed.

S.A.M. Trek, an Andover High student team, is preparing for its second relay.

Captain Erich Birkby, a sophomore at Andover High School, formed this team last year in memory of - and with the initials of - his best friend, Stephen Milmoie (AHS '97), who died of cancer April 27, 1994.

When Erich was asked why wanted to organize a team in memory of his friend, he said, "We always did things for each other, so this was one thing I was able to do for him. It is a way to bring his spirit into the event, because he would have loved to participate. It is just another way to keep him

with me."

Three members of last year's S.A.M. Trek squad will be returning: Erich Birkby, Brian Jordan and Matt Hardiman. They will be joined this year by a group of their friends to keep Steve's memory alive.

The other members of this year's S.A.M. Trek are: Adam Westaway, Brei Larson, Erin Harris, Finnuala Kelleher, Anna Kelleher, Toni Risitano and Anna Stowe.

Make sure to attend Andover's 24 Hour Relay Challenge, June 10 and 11, to see S.A.M. Trek and the 49 other teams from the Andover community come together for a good cause.

Ideas for youth activities needed for Andover's 350th birthday celebration

By Virginia Lopez Begg

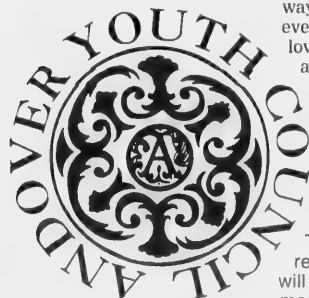
The last call has been put out by the youth activities chairmen of Andover's 350th birthday celebration committee. Ideas for youth activities are needed immediately, as the year-long observance approaches and the calendar of events lengthens.

Youth activities chairmen Chuck Murnane and David Lynch, both of the Andover Fire Department, have already planned several major events, including an Andover (USA) vs. Andover

(Great Britain) soccer tournament. A scavenger hunt, an Appalachian Mountain Club hike and a bike race for everything from bicycles to competitive racing bikes are also among the scheduled activities.

The committee needs further ideas and volunteers to help carry out the ideas. Do you have a child or teen-ager who likes to act? How about a play or series of sketches based on Andover's long and eventful history? Maybe he

(Continued on page 24)



About the WHAT'S UP page

This page is sponsored by members of the Andover Youth Council. The goal of the page is to provide a space for a voice of the young people of Andover.

The council welcomes students' and other readers' suggestions for the page, which will appear from time to time in the *Townsmen*.

The council also welcomes stories written by other youth in the community.

Anyone who would like to write or suggest stories for the page can get in touch with Pat Sharkey or Todd Buonopane, or call the Youth Services number at 470-3800, Ext. 226. Bill Fahey, Youth Services coordinator for the town, and *Andover Townsman* reporter Don Staruk are advisers to this page. Kate Brown designed the AYC logo.

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WEDDINGS & ENGAGEMENTS

O'Brien-Stevens

Sharon L. O'Brien and William T. Stevens were married April 22 at Emmanuel Episcopal Church in Hampton, Va.

The bride is the daughter of Barbara and Daniel O'Brien of York Springs, Pa. She graduated from Christopher Newport University and received a master's degree in education from George Washington University. She is a multimedia instructional designer at Tidewater Community College.

Her husband is the son of Nancy and Robert D. Stevens of North Andover. He graduated from the University of Vermont and has a master's degree in electro-optics from the University of Rochester. He is an engineer at the Langley Research Center, National Aeronautics and Space Administration in Virginia.

The couple live in Hampton, Va.



Patricia McParland and Billy Flowers



Deborah Boyle and Christopher Kovacs



Sarah Anne Little

McParland-Flowers

Francis H. McParland of Andover announces the engagement of his daughter, Patricia Anne, to Billy D. Flowers of Charlestown.

Ms. McParland is a 1982 graduate of Andover High School and a 1986 graduate of North Adams State College with a B.S. degree in business management. She is a client account executive at Standard Solutions Inc. in Malden.

Mr. Flowers graduated from Everett High School in 1982. He is employed by Middlesex Corporation in Chelmsford.

The couple plan an August wedding.

Be seen in the
Townsmen social pages.

Boyle-Kovacs

Doug and Cindy Boyle of Topsfield announce the engagement of their daughter, Deborah L., to Christopher E. Kovacs, son of Mark Kovacs and Jackie Kovacs of Andover.

Ms. Boyle is a 1989 graduate of Masonomet Regional High School and a 1993 graduate of Harvard College with a B.A. degree in biology. She is a medical student at the University of Massachusetts Medical School in Worcester.

Mr. Kovacs graduated from Andover High School in 1988 and from Harvard College in 1992 with a B.A. degree in biology. He will pursue a Ph.D. at Brown University in the fall.

A July wedding is planned.

Little-Ramey

Mr. and Mrs. Kevin P. Little of Gibsonia, Pa., announce the engagement of their daughter, Sarah Anne of Andover to Keith Kendrick Ramey of Valdosta, Ga.

Ms. Little graduated from Andover High School in 1990 and University of Massachusetts, North Dartmouth, in 1994. She is in the Enterprise Rent A Car management training program.

Mr. Ramey is the son of Mr. and Mrs. N. Drew Edwards of Valdosta, Ga., and Mr. and Mrs. Richard Ramey of Columbus, Ga. He graduated from Valdosta High School in 1988 and is in the Navy, serving on the USS Nassau.

The couple plan a September wedding.

Forms for wedding and engagement announcements may be picked up at the Andover Townsman, 33 Chestnut St., or by calling 475-1943. Please do not submit any announcements that are not on these forms. They will be returned to you.

Newcomers Club to hold membership coffee

The Newcomers Club of the Andovers will hold a membership coffee at the home of Cynthia Manning, 175 Salem St., North Andover, Wednesday, May 17, at 7:30 p.m.

The Newcomers is a social club for residents of Andover and North Andover, featuring a variety of activities from bridge, sports, crafts and cooking to play groups and couples

activities. Membership is open to new and established residents.

Call Anne King in Andover at 685-3047, or Linda Latta in North Andover at 975-8767.

Herb Society's annual Herb Fair set

The Herb Society of Andover will host its 12th annual Herb Fair Saturday, May 13, at Rea Farm, Rea Street, North Andover, from 9 a.m. to 4 p.m. The fair will fea-

ture herb plants, perennials, baked goods, homemade vinegars, recipes, gifts, and culinary and decorating demonstrations. Follow signs from Route 114 in North Andover.

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BIRTHS

BICKNELL - A daughter, Emily Jean, born to Robert and Wendy Bicknell of Dascumb Road on March 22 at Brigham and Women's Hospital in Boston. Grandparents are Robert and Gayle Bicknell of Lynnfield and Charles and Betsy LaPlante of Berkley. Great-grandparents are Ruth Noel of Saugus and Mr. and Mrs. Robert Wehrly of Westfield.

CALLERY - A son, Jason Mark, born to Brian and Olga (Lien) Callery of 32 Lincoln Circle West on April 6 at Holy Family Hospital and Medical Center in Methuen. Grandparents are Andrew and Gertrude Callery of Lowell and Lars and Anne Lien of Boynton Beach, Fla. Jason has a brother, James Arthur.

CORBIN - A son, Zachary David, born to Chris and Erin (Lynch) Corbin of North Andover on April 20. Grandparents are Mr. and Mrs. David Lynch of Andover and Sondra Corbin of Veazie, Maine.

DAVISON - A son, Evan Ronald, born to Ian and Mary-Lou (Bonfanti) Davison of 7 Powers Road on April 18 at Holy Family Hospital and Medical Center in Methuen. Grandparents are Mr. and Mrs. Manuel Bonfanti of Methuen and Dora Davison of Hull, England. Ian has two brothers, Paul and Adam.

DONOVAN - A daughter, Brigid Rose, born to Daniel J. and Erin Marie (Donahue) Donovan of 40 Amici Way on March 14 at Massachusetts General Hospital in Boston. Grandparents are Donald and Francene Donahue of 118 Bai-

ley Road and George and Marie Donovan of 243 Lowell St. Great-grandmother is Victorine Donahue of Kingston, N.H.

DOYLE - A son, Evan Thomas, born to Tom and Nila Doyle on April 28. Grandparents are Tom and Mary Doyle of Stoneham and Alan and Jane Thoday of Andover. Evan has a sister, Sara Christine.

DOYLE - A daughter, Kaitryn Ashleigh, born to Niall and Karen (McBride) Doyle of 23 Corbett Road on April 13 at Lawrence General Hospital. Kaitryn has a sister, Meghan, and a brother, Niall.

DUNNE - A daughter, Jessica Michelle, born to Greg and Lisa (Smith) Dunne of Andover on Jan. 12. Grandparents are Elaine and Larry Smith of Andover and Joan and Mel Dunne of Beverly. Great-grandparents are Gert and Abe Baker of Hollywood, Fla., Eleanore and Joseph Rosenbach of Brooklyn, N.Y., and Philip Dunefsky of Bronx, N.Y.

ESTES - A son, Brent Oliver, born to Ron and Susan Estes of Delphi Circle on March 2 at Beth Israel Hospital in Boston. Grandparents are Bill and Lou Estes of Osage City, Kan., and Serge and Betty Oliver of Winchester, Va. Great-grandparents are Florence Estes and Edith Hendrickson, both of Osage City, Kan.

FEER - A son, Alec Joseph (AJ), born to David and Tracy (Haynes) Feer of 5 Punchard Ave. on March 9 at Holy Family Hospital in Methuen. Grandparents are Michele Haynes of South Boston, Lawrence Feer

and Diane Ludwig, both of Cazenovia, N.Y. Alec has a brother, Bryan David, 3.

FLANNERY - A son, Nicholas Robert, born to Brian and Paula (Doiron) Flannery Sr. of 6 Mercury Circle on April 12 at Holy Family Hospital and Medical Center in Methuen. Grandparents are William and Marie Doiron of Lawrence and Margery Flannery of Andover. Nicholas has two brothers, Brian Paul and Thomas William.

GERARD - A son, Lucas Hunter, born to Jonathan and Karen Gerard of Andover on March 26 at Beverly Hospital. Grandparents are Peter and Helen Mae Gerard of Bel Air, Md., and Dale and Eva Majors of Greeley, Colo.

GIACCHETTO - A daughter, Leah Rose, born to Thomas and Joanne Giacchetto of 9 Patricia Circle on March 31 at Winchester Hospital. Grandparents are Jere and Jeane Langone and Thomas and Rosalie Giacchetto, all of Woburn. Great-grandparents are Ignazio and Thomasina Giacchetto of East Boston.

GOSSELIN - A son, Geoffrey Daniel, born to Daniel G. and Whitney (Camasso) Gosselin of Malden on April 12 at Beth Israel Hospital. Grandparents are Mr. and Mrs. Robert H. Gosselin of Springfield and Judith Camasso of Andover.

HICKEY - A son, Patrick Kieran McGuire, born to J.C. McGuire and James G. Hickey of 17 Mapie Ave., on Jan. 6 at Newton Wellesley Hospital in Newton. Grandparents are Charlotte A. Hickey of West Roxbury and John R. McGuire

of Middletown, N.J. Patrick has three brothers, Ryan, 11, Graham, 8, and Conner, 5.

HUNT - A daughter, Bethany Jenelle, born to Edward and Nancy (Moore) Hunt of 12 Pheasant Run on March 28 at Boston Regional Medical Center in Stoneham. Grandparents are William Moore of Wallingford, Conn., and Mr. and Mrs. Willis A. Hunt of North Haven, Conn. Bethany has a brother, Edward, 7, and a sister, Amelia, 4.

LUMB - A daughter, Briana Carolyn Misenti, born to Brian Lumb and Allyson Misenti-Lumb of 10 Cuba St. on April 5 at Holy Family Hospital and Medical Center in Methuen. Grandparents are Stephen Misenti of Andover, Alyson Misenti of Salem, N.H., Walter Lumb of Lawrence and Joseph and Betty Sawyer of Derry, N.H.

MAZEN - A daughter, Yasmeen Leena, born to Shelly and Magid Mazen of Andover on Feb. 20 at Mount Auburn Hospital. Grandparents are Lee and Mary Gagle of Lafayette, Ind. Great-grandparent is Raefa Taher of Egypt.

McWHINNIE - A son, Matthew Robert, born to Robert and Wendy (Finley) McWhinnie of 22 Chester St. on April 10 at Boston Regional Medical Center in Stoneham. Grandparents are Dorothy McWhinnie of 22 Chester St. and Robert and Gail Bird of Georgetown. Mable McWhinnie of Wakefield is his great-grandmother. Matthew has a sister, Holly Finley.

MERULLO - A daughter, Angela Rose, born to Mark and

Susan (White) Merullo of 3 Franklin Ave., on April 5 at Boston Regional Medical Center in Stoneham. Grandparents are Mr. and Mrs. Elmer F. White and Mr. and Mrs. Edward A. Merullo, all of Reading. Angela has a brother, Russell.

MURPHY - A daughter, Jennifer Mary, born to John and Susan (Kilduff) Murphy of West Roxbury on April 19 at Newton Wellesley Hospital. Grandparents are Mr. and Mrs. James Kilduff Sr. of Walpole and Mr. and Mrs. John J. Murphy Sr. of Andover.

NOYMER - A daughter, Deborah Sophia, born to Edward and Leslie (Luft) Noymer of 28 Cross St., on April 15 at Lawrence General Hospital. Grandparents are Barbara and Arthur Noymer of Marblehead and Cecile and Mike Luft of Merrick, N.Y. Deborah has a sister, Rebecca.

QUINLAN - A son, Martin James, born to Timothy and Siobhan (O'Hagan) Quinlan of 173 High St. on April 28 at Lawrence General Hospital. Grandmother is Anna Quinlan of Lawrence. Martin has two siblings, Kasey and Shannon.

SARLES - A son, Thomas Peter, born to Richard and Suzanne (Schwind) Sarles of Dedham on April 26 at New England Medical Center in Boston. Grandparents are Peter and Beth Schwind of Andover and John and Shirley Sarles of Brewster. Great-grandmother is Catherine D. Doyle of Andover.

SCHWARZ - A son, Christopher Joseph, born to Joseph and Karen (Sofia)

[Continued on page 24]

HOME SWEET HOME

For Mother's Day:
May 14

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First Communion

Photo
here

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and love you very
much.
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Grandma & Grandpa

- Announcement size is 2 1/4" x 2".
- Cost is \$35. Must be prepaid.
- Forms are available at the Townsman office.
- Deadline is Monday at 5 p.m.
- Photo may be picked up after announcement runs.

**ANDOVER
TOWNSMAN**

33 Chestnut Street
Andover, Mass. 01810

508-475-1943

BIRTHS

(Continued from page 23)

Schwarz of 65 Stevens St. Grandparents are Mr. and Mrs. Anthony J. Sofia of Andover and Josef Schwarz of Melrose. Christopher has a sister, Heather, 18 months.

Ideas for the 350th

(Continued from page 21)

or she likes to paint or draw. An art festival showing off the talent of local young people from kindergarten through college would be popular. Lots of girls and boys enjoy writing in order to express themselves. An Andover kids' magazine telling what it was like to be young in Andover in 1996 could become a collector's item.

The future architects and engineers who spend hours in their rooms building models might like to design the Andover of the future. Other possibilities include a youth concert by the many musicians and singers in the local public and private schools.

The 350th committee needs both ideas and volunteers from townspeople now. Mr. Murnane and Mr. Lynch can be reached at the fire department, or callers can contact Norma Gammon, committee chairwoman, at Memorial Hall Library.

To advertise
in the
Andover
Townsmen,
call
475-1943.

WHITLEY-DOLLAR - A son, Evan, born to Paige Whit-

ley and David Dollar of Washington, D.C., April 21 at George-

town University Hospital. Grandparents are Paul and Lesley

Whitley of Andover and John and Muriel Dollar of Rutherford,

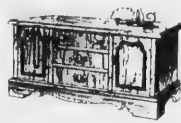
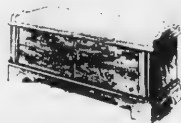
N.J. Great-grandparents are Mildred Westfall and Walter

Whitley, both of Andover. Evan has a sister, Isabel.

Gerson's Since 1912 *"Now in Our Eighties"*

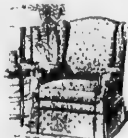
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 - June 2: Holiday Inn, Concord, NH
 - June 5: Castleton Inn, Windham, NH
- Just call 1-800-862-9490 (in NH), or 603-645-6500.

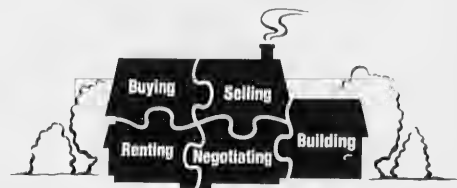


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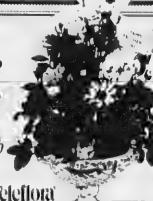
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Golf tournament benefits CdLS

Julie Champion of Andover was born with Cornelia de Lange Syndrome (CdLS), a rare congenital syndrome of an unknown cause. She is very small in stature, retarded, doesn't talk, has excessive body hair, an upturned nose and suffers from a hearing loss. She has also had surgery to correct a gastro-esophageal reflux.



Julie Champion

lies.

Julie, 16, attends

the EPIC program at Doherty School through the Greater Lawrence Education Collaborative. She is beginning to communicate using pictures and likes holding hands and going for walks. "She has brought joy and love to the Champion family in many ways and her little accomplishments are major triumphs," her family said.

To help support the Cornelia de Lange Syndrome Foundation, John Champion, Julie's father, and Brian O'Keefe, another father from Salem, Mass., have organized the third annual CdLS Charity Golf Tournament, which will be held Monday, May 22, at the Beverly Golf and Tennis Club, 134 McKay St., Beverly. Proceeds will go to the foundation to expand research and support services. Greens and tee sponsorships are available for \$125; participation cost is \$100. Donations of any amount will be appreciated, organizers said, as would gifts for a raffle.

Contributions may be made to The Cornelia de Lange Syndrome Foundation Inc., in care of John Champion, 24 Wethersfield Drive, Andover 01810.

The foundation's mission is to ensure early and accurate diagnosis of CdLS and to enable families, friends and professionals to make informed decisions and plans for individuals with the syndrome.

The foundation sponsors a toll-free incoming line and holds an annual convention for parents and professionals.

Julie's mom, Shelly, is the foundation's regional coordinator for Massachusetts and Rhode Island, making personal contact with newly diagnosed families to provide support, and organizing gatherings for fam-

La Leche League group to answer new mothers' concerns about breastfeeding

The Andover/North Andover group of La Leche League International will launch a new series of meetings tonight, Thursday, May 11, at the home of Eileen Hespeler, 31 Argilla Road, at 8 p.m.

Tonight's meeting will discuss the advantages of breastfeeding. The discussion is informal with the latest medical research and the opportunity to ask questions and share experiences. Other services include a lending library of books on childbirth, child care, breastfeeding and nutrition. All nursing and pregnant women are invited and

nursing babies are welcome. Subsequent meetings will be held June 8, July 13 and Aug. 10. The series of monthly meetings is designed to educate and encourage breastfeeding through mother-to-mother support as provided by accredited La Leche League leaders.

The Andover/North Andover group has five accredited leaders available at any time for immediate help, encouragement and practical suggestions regarding breastfeeding. For more information, call Jane Richard at 794-4630, or Joan Park at 794-9334.

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Quota International of Andover is preparing for its annual 5-mile Walk-a-thon next Sunday, May 21. In the photo, from left, are Kathy Kelley, chairwoman of the Walk-a-thon, and Lillian Shulman.



◀ The Greater Lawrence Community Action Council Inc., Special Supplemental Nutrition Program for Women, Infants and Children (WIC) celebrated the opening of its third site 132 Waverley Road, North Andover, with a ribbon-cutting ceremony April 26. Pictured from left are Maria Ildefonso, site supervisor; Joseph W. Parolisi, president, GLCAC Inc. board of directors; board members William McEvoy and Maria Rosati; James Gordon, North Andover town manager; board member Thomas Cantone; and WIC program director Evelyn Kocher-Ahern. The WIC program offers nutrition education, food checks for specified foods, and referral services to pregnant, breastfeeding or postpartum women and infants and children up to age 5. Certified nutrition staff provide nutrition counseling at no cost. Call 681-4968 for an appointment.

Quota Club's Walk-a-thon is next Sunday

Quota International of Andover is preparing for its annual 5-mile Walk-a-thon to be held Sunday, May 21, at 10 a.m. Registration will begin at 9:30 a.m. at the Andover Bank parking lot.

The group hopes to raise more than \$4,000. A "power-walk" group will be led by personal trainer Nancy Dube.

The money raised from this event has been used to purchase playground equipment for handicapped children, provide "Hearing Is Priceless" videos and education in the Andover schools, and sophisticated hearing devices for area children.

Quota International of Andover has also supported both a "safe house" for battered women and the Andover Senior Day Care Center.

Registration and sponsor information can be obtained at Vena Coco Collection at Olde Andover Village.

The deadline for the next issue is 5 p.m. Monday, May 15.

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Gospelfest is at PA Saturday

The Phillips Academy Music Department will present a Gospelfest in Cochran Chapel on the school campus Saturday, May 13, at 7:30 p.m. The concert will feature the Academy Gospel Choir, under the direction of Trudy Parra, student director, and Anthony Vinson, music director. The Ebenezer Baptist Church "Crusaders for Christ" and New England Gospel Ensemble from Boston will also perform. The concert is free and the public is invited.

Mother's Day theme at UU Sunday service

The Mother's Day theme at Unitarian Universalist Congregation, at 6 Locke St., will be "Mother's Voice Gave Meaning to the Stars," a quotation from the poetry of Rabindranath Tagore. The Rev. Peter T. Richardson will preach the sermon. Worship begins at 10:30 a.m. Sunday.

Dunkin' Donuts coupon books send kids to camp

Dunkin' Donuts shops in the Andover area are offering customers "Send a Kid to Camp" coupon books for \$1 through Friday, May 19. The \$1 goes to Easter Seals to fund summer camp for children with disabilities. The coupons are worth \$10 at Dunkin' Donuts shops.

◀ The New Brunswick Bible Institute 1995 Choir, a 30-voice choir of Christian young men and women, will present "a fresh and vibrant Gospel message in the traditional spirit," Sunday, May 14, at New England Bible Church, 60 Chandler Road, at 6 p.m. A ladies' trio and men's quartet will also sing.

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"Vanessa helped us locate a home in one week and purchase it within three weeks. She brought us to every home we wanted to see as well as mentioned some we hadn't considered. We're so glad that she did. We love it in our new home!"

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Send religion news to the Townsman each week.

The Girls Andover Softball Sunday Evening Clinics

Where: West Middle School
When: Every Sunday, 5 - 7 p.m. through June (weather permitting)
Starts: May 14th
Cost: \$15 (includes t-shirt)
Who: Any girl living in Andover, ages 10 - 16 years old
How: Through the efforts of the volunteer coaches of the Andover Girls Softball League
Why: Primarily, we hope to create an atmosphere of fun and enjoyment. We want the girls to learn to love the game of softball by having fun in both playing and learning all aspects of the game. Our main goal in our weekly clinics is to develop our young softball players in a relaxed and friendly environment. We hope that it will kindle a greater love for the game and be a stepping stone for the upcoming Summer Softball League.

SPECIAL GUESTS THIS WEEK

Defending National Champion, Merrimack Varsity Softball Team will demonstrate their skills and work with the girls one on one, schedule permitting.

Mother's Day & Spring Specials A Loving and Caring Gift!

Facial & Pedicure	\$59 (Save \$10)
Anti-stress treatment & Pedicure	\$75
Facial, Massage and Pedicure	\$99 (Save \$20)
Seaweed Body Treatment & Aromatherapy	\$80 (Save \$10)
Full Leg, Bikini Wax and Pedicure	\$60 (Save \$15)

Other Services

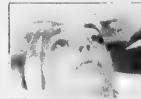
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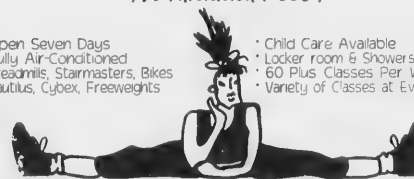
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Choral Society will perform

Andover Choral Society will close its 65th season Sunday, May 21, with a performance at Memorial Music Hall in Methuen at 3 p.m.

Featured works will be Mass settings by Dvorak and Gounod. Soloists include Shinobu Takagi,

Andrea Floer, Ray Bauwens and Charles Baad. ACS is under the direction of Allen Combs and accompanied by Ruth Hedberg.

Tickets are \$10 and may be purchased from ACS members or at the door. For information, call 470-8747, or (617) 942-0982.

Townsmen classified ads are at an all-time high... Call 475-1943 for yours.

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BrookRidge service to honor mothers

BrookRidge Community Church at 16 Haverhill St., will honor mothers at its Mother's Day service this Sunday, May 14, at 10:30 a.m.

The service will consist

of a musical presentation by the children to mothers and grandmothers; a dramatic portrayal of mothers entitled "Love"; flowers for each woman present; a dramatic portrait of Mary, the mother

of Jesus, at the cross; and a message entitled "Mary, a mother who loved God."

Child care will be provided.

For more information, call 682-0302.

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SCIATICA AND LEG PAIN



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Sciatic Nerve

The sciatic nerve is the longest and largest nerve in the body. It's made up of five nerves that leave the spinal cord from the lower (lumbar) spinal column, join in the pelvic area and then travel down the leg. As it travels down the leg, it divides into many smaller nerves that reach the muscles and joints of the thigh, knee, calf, ankle, foot and toes.

The Pain Varies

The quality of the pain may vary as well. There may be constant throbbing but then it may let up for hours or even days. The intensity may also vary. It may ache, or be like a knife. Sometimes postural changes, like lying down or changing positions, affect the pain and sometimes they don't. In that way, sciatica is like a toothache or earache. It's always there no matter what you do. In severe cases, sciatica can cause a loss of reflexes or even a wasting of the calf muscles. For sciatica sufferers, a good night's sleep may be a thing of the past. Simple things like walking, bending, turning, sitting, or standing up can be difficult or impossible.

Causes of Sciatica

Like most other conditions, sciatica has a wide variety of causes. One of the most common is a herniated disc. This is a health problem's relationship to the spinal column is often very obvious. A misaligned spine, a protruded or ruptured disc can irritate the sciatic nerve which may result in sciatica. Sciatica has also been related to various non-spinal conditions. Advanced diabetes can cause nerve inflammation of the sciatic nerve. Arthritis of the spine can irritate the sciatic nerve. Certain types of tumors and even intimate diseases have been linked to sciatica.

Physical trauma has been related to sciatica. Cases of sciatica have been reported following auto accidents and even childbirth usually due to spinal misalignments.

Back Pain and Sciatica

Backache or hip problems may occur long before the sciatica symptoms show up. However, that isn't always the case. Sometimes

sciatica is preceded by lower back or hip symptoms and sometimes it isn't.

The Medical Approach

The medical approach to sciatica pain is to treat the symptoms using painkillers, muscle relaxers and various orthopedic treatments which may include traction, physical therapy and other therapeutic measures. Sciatica is particularly frustrating to the medical doctor because in many cases even strong painkilling drugs bring little or no relief. However, relief may be obtained from injections of painkillers directly into the nerve roots. Drug dependency, however, may develop among some patients.

If the pain is not relieved, orthopedic and neuro-surgery may be resorted to as alternative treatments.

The Chiropractic Approach

Chiropractors correct poor spinal alignment using spinal adjustments which relieve pressure on the spinal nerves, joints and discs. Throughout our lives, we have our "spines" checked: blood pressure checked and eyes checked but do we ever have our "spines" checked? We should, because if the spine becomes misaligned or distorted it could damage (impinge) the nerves. It is designed to protect. The impinged (some say pinched) nerves can upset the delicate workings of the nervous system, weaken the body and set the stage for disease, pain and body malfunction.

Just as we get our car's alignment checked and corrected, so we should get our spine's alignment checked and corrected. Is chiropractic spinal care a treatment for sciatica? No, it is a procedure for the analysis and correction of spinal nerve stress.

And yet, if you do have sciatica, a chiropractic spinal adjustment is very badly needed. Every sciatic sufferer needs a healthy spine.

Neurogenic Claudication

Damage to the spinal nerves that go to the legs can cause a condition known as neurogenic claudication. The sufferer can't walk for long periods of time and has to stop walking and rest for awhile. Symptoms may include pain and numbness that commence after walking and disappear following a rest period. There may be cramping, pain, numbness, itching, and/or fatigue usually in the calf but also in the foot, thigh, hip or buttocks. Claudication means that it comes back when you walk the same distance again. There are vascular as well as neurologic causes. Although one way of dealing with this condition is surgery, spinal care should be tried first before medical and surgical techniques are resorted to.

Research

Research shows that the relationship between chiropractic spinal adjustments and sciatica and leg pain is a close one. For example one study of sixty patients showed that spinal care should be the care of choice for sciatica sufferers.

And still other studies praised chiropractic spinal adjustments for sufferers of sciatica and leg pain.

In one controlled study four different approaches (spinal care, traction, two types of injections) were used to deal with low back pain and sciatica sufferers. The group that had spinal care experienced the greatest degrees of recovery. Interestingly, a large number in the traction group eventually required surgery.

Too Many Wait

Chiropractic care appears to have the most effect on sciatica when used first. Unfortunately many people first submit to medical care. Even in this group excellent results may be obtained with subsequent chiropractic care. Three thousand, one hundred and thirty-six people with lumbosacralgia (lower back and sciatica pain) with disc disease (protrusion) who had previously had medical treatments such as physiotherapy and drugs with no positive results were given chiropractic care.

A follow-up two years later showed that 50.4% had excellent results with no painful relapses. 34.4% had relapses but then responded favorably after further chiropractic care. 15.2% showed no significant improvement.

Conclusion

Those suffering from sciatica and leg pains would do well to visit a doctor of chiropractic. To many millions of sufferers it's unique approach to wellness has been a blessing. Rather than disease-oriented approach that asks, "How can we get rid of your problem?" the doctor of chiropractic asks, "How can we make your body stronger so it may heal itself?"

Indeed, rather than wait passively for conditions to crop up in our lives before we address our health the chiropractic approach is active working to strengthen the person now so that conditions will not "suddenly" crop up to plague us later on.

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Andover Historical Society offering antiques appraisal Saturday, May 20

Bring your treasures to the Andover Historical Society's antiques appraisal Saturday, May 20, between 10 a.m. and 4 p.m. No appointments are necessary - first-come, first-served.

Appraisals are by Skinner Inc., auctioneers and appraisers of antiques and fine art. Stephen Fletcher, executive vice president and chief auctioneer, is the director of American furniture and decorative arts. Collene Fesko is director of the fine painting department. These Skinner Inc. representatives will provide verbal appraisals. The cost for each item will be \$5 (\$4 for members). Owners assume responsibility for the safety of

their items. Photographs are suggested for larger items.

Special cut-flower displays arranged by the Andover Garden Club will be in the Amos Blanchard House Museum. Genevieve Boshar and Elvira Torrisi are chairing the display with help from Elaine Bailey, Dianne Mayberry, Julie Swan, Anne Johnston, Constance Gilmore, Sue Daily and Mary Battles.

Refreshments will be available. Proceeds will support the society's collections management program. The Andover Historical Society, Andover's historical museum and research center, is located at 97 Main St.

For information, call 475-2236.

League of Women Voters of Andover/North Andover to hold annual meeting Wednesday

The League of Women Voters of Andover/North Andover will hold its annual dinner at 6:30 p.m. and meeting at 7:45, at Eighteen Elm Street, Wednesday, May 17, to elect officers, approve the program for the next year and celebrate the 75th anniversary of the founding of the national league, which grew out of the Suffragette movement of the 1920s.

To commemorate its local history, the league is honoring its past presidents. Past presidents of the Andover league planning to attend are Virginia Cole, Jan Burkholder, Elaine Smith, Linda Carpenter, Virginia Cascano, Joyce Robinson, Rusty Dunbar and Susan Tucker.

The members will vote to merge the Andover and North Andover leagues into one organization, after a year of study and working together. The two towns share a common history and leagues share many common positions on education, human services, youth services and open town meeting, orga-

nizers said.

The new officers for the coming year are: Susan Jenkins, president; Jan Burkholder, vice president, communications; Elaine Smith, vice president, organization; Madhu Sridhar, vice president, program; Sieglinde Martin, of North Andover, secretary; and Willard Robinson, treasurer.

The league is proposing a new study to encourage the development of walking and bike paths connecting the two communities; acting to prevent domestic violence; continuing to support class meetings in the current freshman class at the High School and to expand the class forums for next year's freshman class; planning another Know Your Town Fair; and encouraging the building of a youth center in Andover.

To make a reservation, send a check payable to LWV of Andover/North Andover for \$25 for dinner or \$4 for dessert to Pam Green, 24 Cobblestone Circle, North Andover, by tomorrow, Friday, May 12.

The deadline for news & info for the next issue is
Monday, May 15, at 5 p.m.



MANN ORCHARDS

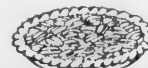
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OBITUARIES

Charles M. Breen Sr. Was area funeral director

Charles M. Breen Sr., 81, a resident of M.I. Restorative Center in Lawrence, died Wednesday, May 3, at Holy Family Hospital in Methuen.

He was a former resident of North Andover.

Mr. Breen was born in Lawrence. He attended Saint Laurence Grammar School in Lawrence and Mount St. Mary School in Manchester, N.H. He graduated from Tilton Academy in Tilton, N.H.

While at Lawrence High School, Mr. Breen attended the New England Institute of Embalming in the evenings and graduated in 1931.

He was a funeral director and president of John Breen Funeral Home Inc. in Lawrence and North Andover. He worked with his brother, John, for 63 years until he became ill in 1994.

He was a lifelong member of Lawrence Lodge of Elks BPOE 65; a member of Lawrence Lions, Men of Merrimack and Holy Family Hospital Men's Guild; a fourth-degree member of the Knights of Columbus in Lawrence; and an honorary member of the Hibernians in Lawrence.

He was a member and past presi-

dent of the Masonic Golf League at Far Corners Golf Course in Boxford.

Mr. Breen summered in the family home on Lake Sunapee, N.H.

He attended St. Michael Church in North Andover.

Members of his family include his brothers and sisters-in-law, John and Lucille Breen of Lawrence, Daniel and Louise Breen of North Andover and Louis and Helen Breen of Salem, N.H.; sister and brother-in-law, Gertrude and Joseph Dwyer of Methuen; sister-in-law, Eileen Breen of Lawrence; daughter-in-law, Susan Adams Breen of Salem, N.H.; four grandchildren; five great-grandchildren; and several nieces, nephews, cousins and in-laws.

He was the widower of Justine A. (McDonough) Breen, who died in 1991.

A Mass was celebrated Tuesday at St. Michael Church. Burial was in St. Mary Cemetery in Lawrence.

Arrangements were by Breen Funeral Home in Lawrence.

Memorial contributions may be made to MI Nursing/Restorative Center, 0 Bennington St., Lawrence, Mass. 01841; Dana Farber Cancer Institute, 44 Binney St., Boston, Mass. 02115; or American Heart Association, 20 Speen St., Framingham, Mass. 01701.

Lois Mambro Formerly of Andover

Lois (Nolin) Mambro of Bristol, Va., died Tuesday, May 2, at a hospital in Virginia.

Ms. Mambro was born in Lawrence and educated in Andover schools. She moved from the area more than 20 years ago.

Ms. Mambro was a watercolor artist.

Members of her family include her husband, David Mambro of Bristol, Va.; son, David Mambro of Fort Lauderdale, Fla.; brothers, Richard Nolin of Concord, Robert Nolin of Centerville, Va., and Raymond Nolin of New Durham, N.H.; and several nieces and nephews.

Memorial services were held Tuesday at Ballardvale United Church.

Memorial contributions may be made to the American Cancer Society, 14 Loon Hill Road, Dracut, Mass. 01826.

Martin Esperian Companion lives here

Martin Esperian, 90, of Haverhill died Saturday, May 6, at Penacook Nursing Home.

Mr. Esperian was born in Harpoot, Armenia. He had been a Haver-

Obituaries Pages 32-33

Margaret Bascom, 89
Charles M. Breen Sr., 81
Mary T. Corey
Madeline Coughlin, 99
Martin Esperian, 90
Katherine M. Gorski, 87
Emily L. Hannula, 74
James P. Hegarty, 68
Lois Mambro
Mildred Robb, 81

hill resident for 84 years.

Mr. Esperian was educated in Haverhill schools.

He served in the Navy aboard the USS Utah.

Mr. Esperian worked as a taxicab driver

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by Garry A. Burke

OFFERING CONDOLENCES

A certain amount of uneasiness sometimes surrounds the gesture of offering one's condolences because one may not be sure quite what to say. Unfortunately, many say nothing at all for fear of saying the wrong thing or serving up painful reminders. According to experts who specialize in grief, these omissions and awkward feelings can be averted by remembering to avoid giving advice, which might upset a grieving person. It also helps to refrain from saying that you know how the grieving person feels, as well as from making vague offers to do anything if needed. Instead, try to personalize your condolence by sharing a fond memory or a specific appreciation of the deceased. These offerings are likely to be warmly received.

The resolution of grief involves finding appropriate images and ways to remember the person who has died. We can consider not only how we will remember that person, but when as well. Some people develop special ways or times to remember the person who has died. If you need some counseling during this trying time, call BURKE FUNERAL HOME at 475-5200. We can help you with funeral services as well as the paperwork associated with insurance and Veteran's benefits. We are located at 390 North Main Street.

QUOTE: "Can I see another's grief and not seek for kind relief?"

William Blake

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OBITUARIES

Martin Esperian

(Continued from page 32)

with Arthur Godfried in the 1930s and during World War II, he was a welder at the Portsmouth Naval Shipyard. He retired from the local shoe industry.

Mr. Esperian was a lifetime member of the Plaistow Fish and Game Club and belonged to the Haverhill Rod and Gun Club. He had won trophies for skeet and trap shooting.

He was also a member of the Come Alive After 5 Dance Club.

Members of his family include a son and daughter-in-law, Kenneth and Ann Esperian of Watertown; daughter and son-in-law, Susan and Carroll Howard of Raymond, N.H.; dear friend, Rose Barnes of Andover; sister, Elizabeth Mann of Haverhill; four grandchildren; five great-grandchildren; and several nieces and nephews.

Services were held Tuesday.

Arrangements were by Scatamacchia Funeral Home in Haverhill.

Emily L. Hannula

Son lives in Andover

Emily Lillian Hannula, 74, of Holland Township, N.J., died Saturday, May 6, at her home.

Ms. Hannula was born in New York City.

She taught in Bloomsbury School until 1972 and in Charlotte, N.C., schools from 1972 until 1985 when she retired.

She was a member of Hunterdon County Quilting Guild in Flemington, N.J., the Pennsylvania Science Association in Allentown, Pa., and Holland Township Historical Society and a retired member of NJEA.

Members of her family include her husband, L. William Hannula of Holland Township, N.J., son and daughter-in-law, Robert A. and Christine Hannula of Andover; daughter, Laurie H. Mitz of Oswego, Ill.; brother, William E. Dolezal; sisters, Marion MacLachlan, Rosemary Federico and Dorothy Tillman; one granddaughter; and two grandsons.

Memorial services were held Tuesday in W.E. Johnson Funeral Home in Milford, N.J.

Memorial contributions may be made to Hunterdon Hospice, 2100 Wescott Drive, Flemington, N.J., or to American Cancer Society Hunterdon County Chapter, 84 Park Ave., Flemington, N.J. 08822.

Mildred Robb

Attended St. Augustine's

Mildred "Rusty" (Prior) Robb, 81, of 98 North Main St., died Friday, May 5, at Lawrence General Hospital.

Mrs. Robb was born in Clinton.

She attended St. Augustine Church.

Members of her family include daughters, Joyce Regan of North Andover, Carol Antanavich and Marilyn Gaskill, both of Andover; son, Sum-

ner Davis of Methuen; stepsons, Alfred M. Robb Jr. of Derry, N.H., and Thomas M. Robb of Kingston, N.H.; 13 grandchildren; seven great-grandchildren; and several nieces and nephews.

She was the widow of Alfred M. "Kilt" Robb.

A Mass was celebrated Tuesday in St. Augustine Church. Burial was in Spring Grove Cemetery.

Arrangements were by Burke Funeral Home.

Madeline Coughlin

Niece lives here

Madeline Coughlin, 99, of Lawrence died Saturday, May 6, at Prescott House Nursing Home in North Andover.

Ms. Coughlin was born and educated in Lawrence.

She was employed at New England Telephone Co., for many years, first as a telephone operator, then as a supervisor and finally as an instructor and trainer of personnel.

She was a member of the Telephone Pioneers of America.

She attended St. Patrick Church in Lawrence.

Members of her family include nieces, Barbara Cubeta of Middletown, Conn., Frances Bonanno of Andover, Bernice Flynn of Ojai, Calif., and Mary Coughlin of Lawrence; and several grandchildren and grandnephews.

A Mass was celebrated Tuesday in St. Patrick Church. Burial was in Immaculate Conception Cemetery. Arrangements were by Hart-McLennan Funeral Home in Lawrence.

James P. Hegarty

Formerly of Andover

James P. Hegarty, 68, of Watertown, died Saturday, May 6, at Brockton Veterans Administration Center.

Mr. Hegarty was born in Groveland and had been a longtime resident of the town. He attended Groveland schools and graduated from Groveland High School.

He had also lived in Andover. He moved to Watertown in 1987.

Mr. Hegarty served in the Navy during World War II.

Members of his family include his brothers, Raymond M. Hegarty of Conway, Ark., Richard A. Hegarty of Berkley Heights, N.J., William J.

Hegarty of Andover, Daniel J. Hegarty of Watertown and David F. Hegarty of North Andover; sisters, Rosalie J. Beaulieu of Warrenton, Va., and Therese H. Heaney of Pittsburgh, Pa.; and several nieces, nephews, grandnieces and grandnephews.

A Mass was held Tuesday in St. Patrick Church in Groveland. Burial was in St. James Cemetery in Haverhill.

Arrangements were by Linnehan & Son Funeral Home in Haverhill.

Mary T. Corey

Was nurse at Fernald School

Mary T. "Mae" Corey of Andover died Friday, May 5, at Prescott Nursing Home in North Andover.

Ms. Corey was born in Lawrence and lived there most of her life. She moved to Andover Commons 15 years ago.

She was a practical nurse at Walter E. Fernald School in Waltham.

She attended St. Augustine Church and had formerly attended St. Lawrence O'Toole Church and St. Mary Church, both in Lawrence.

She had two sisters and four brothers. Her sister, Margaret, her lifetime companion, died a year ago.

Members of her family include her nieces and nephews, John Corey of Lawrence, Carol Padvaikas of Methuen, Nancy Griffin of Andover, Dianne Bradley of Haverhill and William Corey of Middleton; and many grandnieces and grandnephews.

A Mass was celebrated Wednesday at St. Michael Church in North Andover. Burial was in Immaculate Conception Cemetery.

Arrangements were by Breen Funeral Home in Lawrence.

Margaret Bascom

Was a teacher here

Margaret Bascom, 89, of 107 Chestnut St., died Friday, April 14, at her home.

Ms. Bascom was born in Newton. She was an elementary school teacher in Newton and Andover.

She was a member of the Delta Kappa Gamma sorority.

Ms. Bascom was active in the West Parish Church Women's Group. She was also a member of a needle arts group and participated in activities at

South Church.

Members of her family include her cousins, Rev. David B. Eusden of South Windsor, Conn., Rev. John D. Eusden of Williamstown and Ray A. Eusden Jr. of Etna, N.H., and other cousins in the United States and Scotland.

A memorial service will be held Saturday, May 13, at 2 p.m. at West Parish Church on Reservation Road.

Arrangements were by Burke Funeral Home.

Memorial contributions may be made to Margaret Bascom Memorial Fund, Mt. Holyoke College, South Hadley, Mass., or to Visiting Nurses Association Homecare, 1 Union St., Andover, Mass. 01810.

Katherine Gorski

Son lives here

Katherine M. (O'Brien) Gorski, 87, of Methuen, died yesterday, Wednesday, May 10, at Holy Family Hospital.

Born in Providence, R.I., she was a Lawrence resident until moving to Methuen 40 years ago.

Ms. Gorski was educated in local schools. She graduated from the Lowell Normal School with a degree in teaching.

She taught for several years at the Haigh Elementary School in Salem, N.H., and in Dracut public schools.

More recently, she taught at the Searles Grammar School, retiring in 1975.

She enjoyed being surrounded by her children and grandchildren, according to family members.

Members of her family include her husband of 57 years, Frank J. Gorski of Methuen; son, John W. Brennan of Andover; daughters, Mary Lou Huffling and her husband, Lawrence Huffling, of Alstead, N.H., Karen A. St. Jacques and her husband, Norman St. Jacques, of Salem, N.H., and Eleanor A. Sullivan of Franklin; five grandchildren; and several nieces and nephews.

A Mass will be celebrated Saturday, May 13, at Mary Queen of Peace Church in Salem, N.H., at a time to be announced.

Calling hours are today, Thursday, from 6 to 9 p.m., at the Pollard Funeral Home, 233 Lawrence St., Methuen.

Memorial contributions may be made to the Boston Catholic Television Station, in care of Father Frank McFarland, 55 Chapel St., Box 9109, Newtonville, Mass. 02158.

DOWN THE YEARS

100 years ago May 1895

Playing baseball in the public streets is not only a nuisance but also dangerous. Wednesday afternoon while passing through a street here, Miss Margaret Sturrock was hit by a ball, knocked down and rendered insensible for a short time.

There is no doubt but that for at least one more year the reign of the cesspool must be tolerated in Andover. Facing this as a fact, it is not out of place to urge that the very best care be given to this nuisance.

There are many of these pest holes that have not been cleaned for years, and the summer months are sure to easily locate them to a suffering neighborhood.

Cows for sale. Two new milk cows and lots of young pigs. Apply to Superintendent of Town Farm, Andover.

A good baseball game was expected between the Bowdoin College team and Phillips Academy boys, but instead, Andover had an easy time in a very one-sided contest. Hits and runs were easily made by Andover.

(Continued on page 52)

ENTERTAINMENT CALENDAR

THURSDAY, MAY 11

Merrily We Roll Along, Stephen Sondheim musical presented by the music and dance department, Phillips Academy, Tang Theater, Main Street, \$10, \$4 with Phillips Academy identification, 6:30 p.m.; 749-4433.

Earth Day meeting, discussing the 1995 event and 1996 proposals, at Memorial Hall Library, activities room, Elm Square, 7:30 p.m.,

open to the public.

La Leche League, presentation on the advantages of breastfeeding, at the home of Eileen Hespeler, 31 Argilla Road, 8 p.m.; Laurie 470-0678 or Mary 686-6156.

FRIDAY, MAY 12

Bake sale, at the Andover Senior Center, Whittier Court, 10:30 a.m.-1 p.m., proceeds to benefit the building fund.

Merrily We Roll Along, 8 p.m., see entry under Thursday, May 11 for details.

Love Thru the Ages, musical sponsored by the North Reading Community Chorale, featuring Al Holmes of Andover, at Union Congregational Church, 148 Haverhill St., North Reading, 8 p.m., \$7.50; reservations suggested, Al Holmes 475-3337 or Don Putney 1-800-924-0215.

Wines of the World, sponsored by the American Cancer Society, featuring wine tasting, hors d'oeuvres and silent auction, at Indian Ridge Country Club, Lovejoy Road, 6:30-9:30 p.m., \$30 per person; 475-0900.

Concert, harpsichord recital featuring Carolyn Day Skelton, 7:30 p.m., Addison Gallery, Phillips Academy, Main Street; free and open to the public; 749-4007.

Storytelling swap, at Andover Bookstore, 89R Main St., 7-8 p.m.; 475-0143.

SATURDAY, MAY 13

Andover Crafts in The Park, juried craft show featuring 135 exhibits, sponsored by the Andover chapter of American Field Service, at The Park, Chestnut and Bartlet streets, 10 a.m.-4 p.m., rain date is Sunday, May 14; 475-7210 or 475-3266.

Open house, sponsored by the

Andover Council on Aging, featuring handmade items, crafts, cards, used books and jewelry, at the Senior Center, Whittier Court, 9 a.m.-2 p.m., open to the public.

Crossroads Coffeehouse, featuring folk singer David Massengill, at North Parish Church, Mass. Avenue and Great Pond Road, \$8, doors open at 7:15, concert begins at 8; Debb Putnam 474-8925.

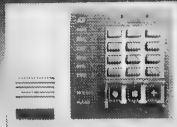
Spring Funfest '95 at Pike School, featuring for young children pony rides, a moonwalk, giant slide and midway games of skill and chance; a gyro-trib and karaoke for older children and face painting, pot-painting, cookie-decorating and craft activities; refreshments include a salad bar, meat-eater's grill, pizza, home-

(Continued on page 44)



◀ The American Cancer Society will hold an evening of elegance, "Wines of the World," Friday, May 12, from 6:30-9:30 at Indian Ridge Country Club. Wine vendors will offer their best selections for tasting and provide a commentary on the wines and their history. Microbrewers from across the state will offer a selection of beers. Hors d'oeuvres will be served and entertainment will be provided by keyboardist Alex Adrienne. A silent auction will continue throughout the evening. Tickets at \$30 per person are available from the American Cancer Society, 14 Loon Hill Road, Dracut, Mass. 01826, or from Messina's Liquors in North Andover. From left, Pamela Thornton-Silvia, Jane Urban, Carol Glidden, co-chairwomen of the event, stand with Sam Messina, owner of Messina's Liquors.

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Bancroft Elementary School teacher Stefani Marmer is seen in a mirror for sale at the recent Smithshire Estates garage sale.

Garage sales in Andover

(Continued from page 1)

appeared in the *Townsmen*.

Included among their offerings were a 1986 framed photograph of Doug Flutie, \$6; and for \$15, the 27-year-old baby chair of one-time Andover High School salutatorian Mark Marmer, according to Mark's mother, Bancroft teacher Stefani Marmer.

"We had too much stuff taking up space," said Don Bryant, of another multi-family sale involving Shepley Road and Binney Street residents. "For a quarter, 50 cents — it beats throwing it in the barrel."

Many of the sales are neighborhood ventures. Along with the benefits of selling unwanted goods, residents said that multi-family sales gave them a chance to see their neighbors again.

"The neighborhood sale is kind of nice," said Cindy DiStefano, of Binney Street. "You haven't seen each other all winter long."

"We find it's fun with more families," agreed Mr. Nichols. "We get to see everybody."

Meeting for their second annual yard sale, Ellen and Al Ohlenbusch, of Chandler Road, and their ad-hoc walleyball team were clearly enjoying the camaraderie.

Their sale items included clothing, dishes, sporting equipment and a snowblower, which after some haggling sold for \$10.

But according to Ms. Ohlenbusch, the item she least expected to sell went early.

"My husband," she joked. "He went really cheap about an hour ago."

Besides recycling and socializing, yard sales can make money. A fourth-grader at St. Augustine School, Tim Redmond of Binney Street, made more than \$60 selling his baby toys.

"Your junk is someone else's treasure," said Helga Frazzette, of Greenwood Road.

Her junk appeared very popular, as little was left by noon. "When I got up at 5 a.m., there were cars parked outside," she said.

"My no early-bird sign didn't matter," said Jennifer Evans, of 21 Irongate Drive. She was most surprised by the early sale of her diaper pail. "It went through two kids and someone bought it for \$5," she said. "We're waiting for the potty seat to go next."

Among those coming farthest for last weekend's sales was Mary Dustin, a former Andover resident. "I come down from York, Maine, every weekend to go to yard sales with my friend," she said.

Ms. Dustin's friend is town resident Shirley White, well known on the garage-sale circuit and the subject of a *Townsmen* feature on yard sales several years ago.

Though the duo hadn't unearthed any spectacular bargains for the day, the women had this bit of advice for potential sellers: "Keep your prices low. If you don't keep your prices low, you're going to haul it back in."

In the photo at right, the walleyball team at 7 Chandler Road shows off its garage sales treasures. From left they are Janet Perron, Ron Perron, Mike Buczynski, Lauren Gerard, Larry Gerard and Ellen Ohlenbusch.



Photos by Lisa Adelsberger

Andover teachers at the Smithshire Estates garage sale included, back row from left, Hannah Nichols, Dave Nichols, Debbie Nichols, Stefani Marmer and Patty Meade. Front row, from left, are Kate Nichols and George Velonis, all with treasures for sale.

Here are some residents' tips:

- Be ready for early-birds. Most of these are hard-core yard sale junkies, some are dealers, but all are devoted and can make or break a sale;
- Include the type of items to be sold and brief directions to the house;
- Post easy-to-follow street signs from main roadways.

- Have an extension cord available so buyers can test electrical equipment;
- Display the clothing well.

Rummaging through boxes can sap the will of even the best of garage-sale enthusiasts;

- Provide a good atmosphere. "I always keep music on," said Ron Musterait, of Larchmont Circle;
- Mark prices on all merchandise before the sale begins.

Many veterans walk away from sales where items aren't priced;

- Clean the toys, launder the clothes and look for missing parts and pieces to equipment before the sale;
- Advertise the week before the

sale. Some sellers use a bright-colored poster or balloons to catch the eye of potential customers. Always remove the signs after the sale.

And tips for the consumer:

- Carry \$1s and small change. There's nothing worse, according to yard-sale protocol, than bargaining a cost down from \$5 to \$1.25, then paying for it with a \$20 bill.
- Respect the seller's property.

Avoid cutting through front lawns and flower beds to get there more quickly.

- Park sensibly, and watch for other patrons.



Dick Neal elected superintendent in a 3-2 vote

(Continued from page 1)

David Birnbach and Tina Girdwood, the new committee members, said Dr. Krewer was their choice to lead the schools, but Chairwoman Susan Dalton, Dick Muller, and Lloyd Willey supported Mr. Neal.

The split decision followed more than two hours of community discussion highlighted by praise for Mr. Neal's character and knowledge of Andover, and support for Dr. Krewer's educational philosophy and communication skills.

"Dick Neal has a clear understanding of the needs of the school system and clearly believes in the middle-school philosophy. He has a strong financial background, is an excellent manager and will make decisions no matter how difficult for the good of the school community as a whole," said Mr. Muller, reading from a prepared statement.

"Public education today needs realists to lead them. They need people that put children first. We in Andover are fortunate to have a man that meets the requirements of superintendent of schools like Dick Neal."

Mr. Muller took heat from both audience members and fellow committee member David Birnbach for reading from a typed statement.

"First of all, I do not have a prepared statement," Mr. Birnbach said to applause. "I meant what I said Saturday. I came (here Monday) to listen and observe."

Nancy Groff, a member of the West Middle school council, said after the vote that she believes Mr. Muller's prepared statement shows members "weren't listening to the community at all."

Mr. Muller was the only member to read from a typed statement. All of the members indicated they had read the written material citizens completed following the site visits by the four superintendent finalists.

During the meeting, Ed Accomando, North Main Street, said he would like the results of this input made public so people will know who was favored by the majority of the community.

The school department asked Thomas Urbel, town counsel, if these responses must be made public, and he is looking into the matter.

After the committee vote made Andover's new boss the same as the old boss, Mr. Accomando told members he won't ever get fooled again into taking his time to offer input that he believes is ignored.

Despite this type of disappointment, there were several people who offered their support for Mr. Neal prior to the vote.

"I believe Dick Neal's educational vision is mainstream," said Bill Josephson, a member of the superintendent search committee that screened all the candidates except Mr. Neal. "Personally, I'm impressed with how solid an individual Dick Neal is."

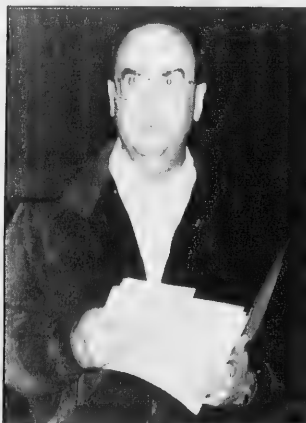


Photo by Alix Driscoll

"Personally, I'm impressed with how solid an individual Dick Neal is," said Bill Josephson.

Saturday's meeting

Although there was more than two hours of community input Monday, many people came to a so-called debriefing meeting Saturday to offer their comments.

Selectmen Jerry Silverman and Barry Finegold; Margie Dennis, vice chairwoman of the School Building Committee; Jo-Anne Marden, longtime Finance Committee member; and former School Committee members joined PTO representatives, Andover High School students and many concerned citizens in the school administration building for six hours of debriefing and wrangling Saturday.

At that meeting, William Dunn, of Sunset Rock Road, asked the committee if it knew why Mr. Neal never rose above the position of middle school principal while he was in North Andover.

Tina Girdwood, committee member, asked if Mr. Neal had been evaluated by the School Committee. Former member Bill Huston confirmed Monday that Mr. Neal was not evaluated during his watch.

Mr. Neal has been under a microscope recently because of the resignation of Sam Campbell, the popular principal of West Middle School.

As a result, Tom Meyers, the president of the Andover Teachers Association, said his union voted to formally urge the School Committee not to pick a new superintendent "until the controversy one of the candidates is involved in is ameliorated."

Attacks labeled unfair

Despite this vote, the committee decided to take its vote Monday. At Monday's meeting several people spoke about Mr. Neal's commitment to the town and his knowledge of the Andover community.

"I find it nauseating that there's been this innuendo that there's some kind of sinister back-room deal," said



Photo by Alix Driscoll

"He spoke to us, not at us. He was excited about being with us and just seemed very impressive," Andrew Shen said of Dr. Krewer.

Jay Darrin, an Andover High math teacher and self-described long-time friend of Mr. Neal. "I think it's most unfair to try to tear someone down when they've had over 30 years of service."

Steve Jankauskas, a South School teacher, said he has known Mr. Neal for 25 years and admires his tenacity and his willingness to listen.

"Just because someone doesn't always give you the answer you want doesn't mean they didn't listen," he said.

But some parents say they lack trust in the current committee and administration because of the recent and coming departures of people such as Dr. Campbell.

"With all of these losses to the school system, we now need to gain. And what we need to gain is an effective leader," said Eileen Sharkey, West Parish Drive. "We're not voting on niceness. We're not voting on goodness."

"We need to look at who is the best candidate and not who do we know the best," said Andy Ewalt, a High School senior.

Mr. Ewalt is one of five High School students on the Student Superintendent Selection Committee who interviewed all of the superintendent finalists. The committee said it believes Mr. Neal is a solid candidate, but came out in favor of Dr. Krewer.

"He spoke to us, not at us. He was excited about being with us and just seemed very impressive," Mr. Shen said of the Connecticut superintendent. "He has an inclusive approach to leadership."

Led by Madhu Sridhar, Townwide PTO co-president, a group of elementary parents who also interviewed all the candidates, backed the decision of the High Schoolers.

"Let us all have faith and confidence



Photo by Perry Colmore

"Let us all have faith and confidence in our students' decisions and empower them and include them in the process," said Madhu Sridhar.



Photo by Perry Colmore

Sue Jenkins, former School Committee member and president of the League of Women Voters, praised the School Committee for continuing hearings on the finalists Monday night.

in our students' decisions and empower them and include them in the process. Isn't that what education is about?" said Ms. Sridhar. "If the students can come to a consensus, if the parents are ready to back them, and if our educators have no problem with it then you (the School Committee) shouldn't either. Listen to the students, listen to the parents, listen to the faculty. We respectfully urge you to do the right thing."

After the 3-2 vote supporting Mr. Neal, Mr. Birnbach made a motion that a superintendent should be named by at least a 4-1 vote. This motion failed for lack of a second.

Dick Neal looks to draw the community together with goals

By Neil Fater

After the School Committee awarded Dick Neal with Andover's superintendency Monday night, the crowd at Doherty Auditorium split into small factions and discussed the decision.

It will be Mr. Neal's difficult task to bring these groups together.

But Mr. Neal — a church deacon, a youth hockey league founder and a

"It's a real concern to me that the community certainly seems to be taken apart as much as it is." Dick Neal

man known for his involvement in Andover — said he believes the timing is right to bring the community back into the decision-making process.

According to Mr. Neal, the School Committee soon will develop next year's goals and "in that respect the timing is probably good because it gives us a vehicle" to draw people towards common goals again.

"It's a real concern to me that the

"I think Richard Neal will do everything within his power for these children and this community. The issue for me is that the School Committee didn't listen to the community." Patricia Miliotis

community certainly seems to be taken apart as much as it is," said Mr. Neal.

Now that the superintendent decision has been made, some of those critical of the school department leadership in recent months say they are willing to support Mr. Neal.

"I think Richard Neal will do everything within his power for these children and this community," said Patricia Miliotis, a West Middle School parent and Sam Campbell crusader. "The issue for me is that the School Committee didn't listen to the community."

Ms. Miliotis said she was upset that at least one committee member came into Monday night's meeting, where Mr. Neal was selected as superintendent, with a decision made and a state-



Photo by Alix Driscoll

Aaryn Schmuhl, head of the National Honor Society at Andover High School, a senior and a member of the student selection committee for the superintendent, was one of the students who spoke in favor of Dr. Krewer.

ment prepared.

"I went to that meeting the other night. Why did we go there? We could have spent the time with our children," she said.

Before Mr. Neal was selected, several people, including new committee member Tina Girdwood, indicated the committee should fall in line behind the new leader.

"Obviously we have to work with him (Mr. Neal) and it's in the best interest of the children and students of Andover (to do so)," Ms. Girdwood said after the vote. "But I personally feel that the burden's on him to reach out into the community to garner support for whatever his plans will be.

"I just think he's going to have to make a supreme effort to communicate and to work with people. I have no sense whether he can accomplish that or not," she said. "I may be leaning toward a one-year contract to see if this

By Alix Driscoll

"This is the first time I have looked in my file since I came here and what is in here is what I expected, Sam Campbell, principal of West Middle School, said last Friday.

The *Townsmen* read Dr. Campbell's complete personnel file with Dr. Campbell and Candace Hall, the town's personnel director, present.

What's there is a signed second eval-



Photo by Alix Driscoll

West Middle School sixth-grader Reed Donoghue, of 173 Lowell St., spoke twice during the hearings on the superintendent finalists. He favored Dr. Krewer.



Photo by Perry Colmore

Sean Gresch, of Elm Street, asked people to be nice to one another while discussing their differences in superintendent choices. "It's important not to use alarmist comments," he said.

is the right solution for the town."

Ms. Girdwood, who learned this week that Mr. Neal was not formally evaluated while working as interim superintendent, said she wants to create a clear evaluation process to be used for the superintendent.

No surprises in Campbell file

uation for the 1993-1994 school year, dated June 30, 1994, by Mark McQuillan. There is no written evaluation by Dick Neal of Dr. Campbell in the file.

"That written evaluation has not been done," said Dick Neal, the interim superintendent of schools, on Tuesday morning, although he said at the April 25 School Committee meeting he had reviewed a 1994-'95 evaluation with Dr. Campbell.

Sam Campbell petition circulated

[Continued from page 1]

Campbell. "It's being passed around West Middle but other parents are signing it as well because they can see what the effort is."

Ms. Miliotis and members of the West Middle School Council also say they are upset the School Committee is pointing toward the school council's survey of parents, teachers and students as evidence of some of Dr. Campbell's shortfalls.

For the most part, the survey results reflect positively on West Middle, but there are at least five apparently damning responses from the 88 questions to which faculty members responded.

The responses appear to indicate faculty members are dissatisfied with elements of the school's leadership. At a recent School Committee meeting, however, the School Council purposely noted that Dr. Campbell is not the only administrator at West Middle.

"If you know Sam Campbell and you've worked with Sam Campbell in

"If you know Sam Campbell and you've worked with Sam Campbell in any context, you know he's genuinely interested in what you feel."

any context, you know he's genuinely interested in what you feel," said Ms. Miliotis.

Because people know there will not be negative feedback, they are not afraid to offer constructive criticism, she said.

"There's nothing forthcoming that's negative from Sam when you express a problem," said Ms. Miliotis. "People can (honestly) answer those kind of inquiries. So I think they took that information, the raw data, out of context."

While the West Middle council report commented on some of the year's failures, such as the need to call off a "Team Town Meeting" because of faculty controversy, the report's conclusion labeled last year as a positive one for the school.

"Believing that one's reach should exceed one's grasp, we adopted an ambitious program. There have been many successes, some partial successes, one or two disappointments, and some on-going programs not yet fully realized," read the report. "In summary, the work of our first School Council during the 1993-1994 school year was followed through in a successful fashion."

EDITORIALS

Time to move on

There are three things we would like to say about Monday's School Committee vote to elect Dick Neal superintendent of Andover's schools:

- The process the School Committee used to elect him was bogus;
- It is time for the community to heal and support Mr. Neal; and,
- We would like Mr. Neal to reinstate Sam Campbell as West Middle School principal.

The process

First: There was no process. All the work of the search committees – student, parent, School Committee visits, telephone checks – were a sham since some School Committee members knew several months ago who they were voting for. One School Committee member even came to Monday's meeting with a typed, prepared statement of his choice, obviously made before the meeting even began. It is a shame so many people went to so much trouble for no reason.

The healing

Second: The School Committee spoke Monday night and elected Dick Neal superintendent of Andover's schools. It's time to respect that vote and to get behind the committee's choice. It's time to mend bridges and to get on with the most important task: educating our children.

There are a lot of people who didn't agree with the committee's vote, but that's the democratic process. Andover voters elected the School Committee and Mr. Neal was the majority choice of the committee.

So it is time to get on with the business at hand. Voters should give Mr. Neal the benefit of respect and willingness to work with him. Voters who had a problem with the School Committee can reflect that next spring at town elections.

A provisional year

Third: We would like to ask Mr. Neal to reinstate Sam Campbell at West Middle School. Call it a provisional year, but give Dr. Campbell the chance to live up to what his supporters say today: He is the best person to run West Middle School.

Mr. Neal already has his plate full gaining the support of the town without having the task of appointing a school principal. And most people in town believe West doesn't need a new principal.

Reinstating Sam Campbell would be a giant step by Dick Neal in letting the community know that the new superintendent is his own person, a man who will make his own decisions independently of the School Committee, and unlike the School Committee, will listen to what the community is saying. At the very least, Mr. Neal should talk with the community about the situation because the problem is not going to go away until it's addressed.

The best healing will come if the community now agrees to work with Dick Neal and Mr. Neal in turn agrees to work for another year with Dr. Campbell. That would be healthy compromise all around.

We are prepared to support Dick Neal. We hope he can support Sam Campbell.

Represent the best interests of students

Editor, *Townsmen*:

Perhaps Andover residents are tired of hearing about the controversy surrounding Dr. Campbell's resignation.

Perhaps, too, people are tired of hearing about O.J., Oklahoma, or even the assassination of JFK. These newsworthy events continue to make headlines largely due to the high degree of uncertainty involved. Each of us has a theory but no one is sure of the circumstances. Such is the case with the resignation.

Susan Dalton, School Committee chairperson, has decided that she will not attend any more meetings to discuss Dr. Campbell's resignation. Ms. Dalton, I do not believe that to be your decision. You were selected to represent the best interest of the students and their families. Do you feel that refusing to attend these meetings is in their best interest? Are the facts sufficiently known that

Andover residents have trust in your committee, the acting superintendent and the system itself? I think not.

At the risk of "jumping on the bandwagon," I must say that my family has been through a remarkable experience with Dr. Campbell. Without going into the details, suffice it to say that he helped us work through a health problem of one of my children. He devoted time, tireless energy and made (what I believed to be) politically risky decisions purely in the interest of the student. He has consistently had the support of parents, students and faculty. Said most simply, he cares.

So, Ms. Dalton, you have decided to not attend meetings because you have had enough. Instead, with the reputation of the entire administration under fire, you might consider seizing the opportunity to rebuild confidence. We know you have no authority over hiring and firing, but you do have the voice to get this unfortunate situation back on track. Let's now all become tireless.

Encourage the proper parties to rethink the decision not to renew our principal's contract. Invite a retraction and help us all to convince Dr. Campbell to stay. The immediate loss would be great but the future opportunities lost would be irreplaceable.

Cliff Davis
Andover

Distressed by lack of School Committee leadership, candor

Editor, *Townsmen*:

As Andover residents and parents of two daughters who have attended West Middle School before and during Dr. Sam Campbell's tenure, we are appalled at the situation that has led to Dr. Campbell's resignation. We are equally distressed by the lack of leadership, judgment and candor of the School Committee on this matter, and at the implications of diminished community confidence in the

(Continued on page 39)

Are your kids slob? Leave them be

By Perry Colmore

Did you happen to read the recent Ann Landers column about kids' bedrooms?

Torn Mother in Fort Lauderdale had written saying her daughter's room looked like a cyclone hit it.

Clearwater, Fla., was writing back to say that her grandchildren, after whom she picked up, were real slob as far as their bedrooms used to go. But she said the oldest "slob" turned out to be valedictorian of his class with a perfect 4.0 grade point average. He won a scholarship to Washington University where he was number one in his class. He went on to Duke University medical school where he also was number one in his class.

Slob number two had a 3.9 average, and he won a scholarship to Duke in engineering. And slob three had a 3.8 grade average and a scholarship in athletics to Washington University.

This grandma's message: Let the slob be slob; it doesn't count.

Boy, does that take me back.

My children are now 25 and 23, but that's not so old that I can't remember what it was like.

My daughter always wanted to have an animal in her room and

sometimes I was too weak to say no and so a baby rabbit or hamster or gerbil or ... well maybe that's it ... would live in her room too.

My son didn't have animals that I remember, but there could have been animals living in there and I probably wouldn't have known it.

At a young age they began to do their own laundry, so that added to the chaos of their rooms. Piles of clothes were all over their rooms, and I couldn't figure how they knew what was clean and dirty. It all looked the same; probably was.

I tried everything. Sometimes I would withhold privileges, like you can't go to the movies until your room is clean. Then they'd open their closet doors and throw it all in there and slam it shut. Or they'd squish it under the bed.

I tried rewarding them. You know: If your room is neat for a week, you can buy a new book, or something like that. That rarely worked.

The annoying thing was both of my children felt better when their room was clean and neat. When I would spend a long time cleaning their rooms with them, throwing out obsolete junk, organizing piles of clothes, putting their books back on the shelves and so on, they would find items they'd been missing for weeks, and they would even say they felt better living in an organized bedroom. But that was short lived. In as short a time as a few hours the room would be back to chaos.

Finally, like the wise grandma in the Ann Landers column, I got it. Kids' rooms are just like that, that's all, and that's the way they're meant to be: a mess, out of control, complete chaos.

If we nag them to keep their rooms clean and neat they will never learn to do it themselves without being nagged.

So I learned to stay out of their rooms. I learned to read their bedtime stories to them in the living-room or in my bedroom, but not in their own. Because if I went in there I'd want to clean up. Their rooms made me anxious. So I asked them to keep their doors shut so I wouldn't have to know.

I don't know about my son's room right now because he's away at college. My daughter lives in an apartment in Rhode Island, and it's always neat when I am there, all of it. In fact, it's a lot neater than my house. Now that I think of it, my house is usually a bit of a mess, not dirty, but full of clutter until it drives my husband and me to clean up. And he does clean, too, so maybe his mother didn't nag him to clean up.

So there you have it: A child's bedroom can be chaotic but that doesn't mean he or she will not succeed in life. That should help us all relax.

Now excuse me; I think I'll clean my office.



LETTERS

Leadership, candor

(Continued from page 38)

School Committee on the Andover education system.

We wish to make three points:

1. Dr. Campbell has done an outstanding job during his brief time as principal in overcoming the malaise that had become West Middle School. His ability to restore parents' confidence in the direction of the school, to motivate faculty and student trust in the educational process, and to oversee renovation of the rapidly declining school infrastructure are real and sustainable accomplishments. Dr. Campbell's professionalism and true affection for the children of Andover represent character traits to be lauded, not discarded. We need not only Dr. Campbell in leadership at West Middle School, but more dedicated professionals like him throughout the Andover system.

2. The School Committee, through its stonewalling and public arrogance on the Dr. Campbell issue has lost the confidence of at least a portion of its educational constituency. Any parent (or taxpayer) who witnessed last Tuesday night's meeting has to wonder about the direction of public education in Andover, and the ability of the School Committee to effectively lead. Is a School Committee that is willing to sanction the resignation of a popular and effective middle-school principal capable of making the best choice for superintendent, on behalf of the students, parents and teachers of Andover? Is a School Committee that lacks candor about key decisions, and then seeks to control public debate credible and worthy of our support?

3. Lastly, we recommend that the School Committee not accept Dr. Campbell's resignation, formally extend his contract and apologize for needlessly subjecting him to this ordeal. With a positive resolution, Andover can honor a true contributor to our educational system, and diffuse the coming nasty political fallout. Failing to rectify the West Middle School situation, we who disagree with the process and outcome will be compelled to more closely scrutinize the School Committee itself, and the ability and commitment of its members to serve the parents of Andover.

An important lesson learned during this sorry episode is that Andover parents must be more diligent in protecting our educational prerogatives. It's our school system.

Richard and Cynthia Osborne
3 Sioux Circle

Right on the money

Editor, *Townsmen*:

Wow! We just returned from a week's vacation and opened the paper to find yet another sticky situation involving the School Committee. Last week's editorial on these pages was right on the money: the Sam Campbell

situation should be straightened out before a new superintendent is chosen. I'd hate to see the present "embattled School Committee" joined by an "embattled superintendent." This feeling is shared by more than just some small band of "disgruntled complainers." The whole town's talking about it, and nobody seems happy.

I'd like to bring up one more issue. We are rather new in town, so I hope you'll pardon my bewilderment concerning Ms. Susan Dalton. I don't know her personally, but I have experienced her public persona at School Committee meetings and at our most recent Town Meeting, where she monopolized the floor for at least 30 minutes at the end of a very long evening for what appeared to be (sorry) rather self-centered concerns. She also treated all of us to the information that she is suing the town of Andover over those same concerns. (Of course, she has the right to do so; I merely question whether we all needed to know about it.)

Correct me if I'm wrong, but I hear Ms. Dalton has served on the School Committee for some 12 years, which means she's carried four elections. Did she only just recently begin to elicit weekly outpourings of public consternation? If so, then it would appear that she has overstayed her tenure in a very stressful position. If not, where the heck was everybody at all those town elections that returned her to office? It is all very well to complain, but complaining accomplishes little.

Those of us who are concerned about the current School Committee have made a great start by resoundingly electing Tina Girdwood and David Birnbach this year, but we need to do more. We need to find and elect a few more moderate, compassionate, patient, and thoughtful people to do this very tough job. If you are unhappy about recent goings-on in the School Committee or any other publicly-elected body, please remember that during the next year. Work within the system to create the change you want. Keep yourself informed and above all, vote at town elections.

Thanks for letting me get that off my chest.

Phyllis Zimmerman
9 Carisbrooke St.

Sam Campbell shows courage and integrity

Editor, *Townsmen*:

I am very disturbed that the surveys produced by West Middle School's School Improvement Council were used to evaluate Dr. Campbell's performance with regard to his contract renewal. The questions relating to the West Middle School's administration were an honest attempt at self-improvement. For Dr. Campbell to voluntarily ask questions regarding his own effectiveness in this survey was an act of courage and integrity. It sets him apart from other administrators

who have not solicited such self-criticism in a candid, anonymous survey. For the results of this survey to be used against him is a betrayal of its good intentions.

Furthermore, the survey referred only to the "administration" and there are two members of the administration. People responding to the survey did not specify which member of the administration they were thinking of when they answered the various questions. It is impossible to assume that all negative responses were aimed at Dr. Campbell alone. As you can see by the support Dr. Campbell is receiving from teachers, parents and students, the criticisms raised in the survey were taken out of context.

I must add myself to the list of parents who have found Dr. Campbell to be very accessible, non-confrontational and willing to work toward solutions to problems. Dr. Campbell's personal leadership style has been a very positive influence in the school, boosting school spirit, improving students' attitude and self-esteem and increasing parental involvement. These improvements are especially significant when we remember the condition of the school before his arrival. Where is this perception reflected in his evaluation?

I think one reason why Dr. Campbell has received such support is that we all know how rare and valuable his leadership style is. In the long run, we find that our children's positive attitude toward learning is perhaps more valuable than quantifiable improvements in specific curriculum areas. I admit I would like to see faster changes in some curriculum areas and improved teaching techniques in some teachers, but I would not sacrifice the intangible gift that Dr. Campbell has given the school to achieve specific goals. Perhaps a principal with a more authoritarian style could accomplish more changes more quickly; however, these accomplishments often come at the price of a disgruntled staff and uninvolved parents.

After reading the *Townsmen's* review of Dr. Campbell's personnel file, I hope that we can use these revelations to begin to heal the damage that has been done. Now that we have a more specific idea what goals the superintendent's office has for West Middle School, perhaps the staff and parents could help work toward those goals. If Dr. Campbell could be reinstated as principal, I think we would all feel invested in helping him succeed and making West Middle School the high-quality school it can and should be.

Cathryn M. Delude
5 Old School House Road

Not surprised by vote

Editor, *Townsmen*:

I wish I could say I was surprised by the School Committee's choice for superintendent of schools. I wish I could say the numerous factions repre-

sented in the superintendent search were listened to. Most importantly, I wish choosing a superintendent could not have been so difficult a task.

Despite overwhelming support for Dr. Krewer by the parent committee and student committee, Mr. Neal was chosen as the new superintendent of Andover schools. Twice in the space of two months, students have lost battles determining the future of Andover.

My pride in Andover stems from the number of years I have spent in the community. It comes from my family, my friends, and from my school. I refuse to believe the School Committee vote was a consensus from the community. Instead I hold on to the belief that the vote was predetermined, mainly from the prepared speech given by Mr. Muller.

Mr. Birnbach told the student search committee that he was proud of their efforts, and could not wait to hand them their diplomas. As a senior at Andover High, I can now honestly say how happy I will be to receive that diploma. I will miss my family, my friends, and my teachers, but I will not miss the small town politics played out by the School Committee.

Nothing affected me at the School Committee meeting so much as the speech given by a middle-school student. In front of the entire room, he got up and voiced support for Dr. Krewer. This boy told us all that it was his future on the line. He cared enough about his education to attend the debriefing session on Saturday and the meeting on Monday night.

Do the three members of the School Committee who voted for Mr. Neal care as much about the education of Andover as that boy who spoke out? Or did they merely vote for the status quo because they are afraid what change would do to their power?

Kristin Jenkins
15 West Parish Drive

75 miss Sports Special

Editor, *Townsmen*:

As spring sports season is in full swing again, we parents miss seeing our children's sports results printed in the *Townsmen*. The *Townsmen* stopped reporting youth sports in the weekly paper because of the increased cost of newsprint and it discontinued the monthly Sports Special section because it was unable to get enough advertising to meet the cost of printing the section. Advertisers do not think enough people read the section and see their ads. We are presenting the *Townsmen* a petition with 75 signatures collected at four soccer games last Saturday afternoon (just a handful of the many games played each weekend) to show that there is widespread interest in Sports Special section where youth sports can be reported.

Chip Gregory
232 Haggetts Pond Road
Cathryn Delude
5 Old School House Road

LETTERS

Flabbergasted by Monday's School Committee meeting

Editor, *Townsmen*:

I am a relative newcomer to Andover (four years) and as such am not up on all of the local politics. I am, however, very interested in my son's education and in how the school department and School Committee work. I have been observing the school committee meetings on TV from my home.

I was flabbergasted by the Monday School Committee meeting. This meeting was described by Susan Dalton as a chance for the community to give input into the superintendent selection. Several community groups spoke: the student selection committee; the town PTOs; parents who had been involved in interviewing and evaluating the candidates; and parents who just spoke up for themselves.

Although there was a vocal and enthusiastic number of people who spoke in preference of Mr. Neal, it was apparent that the people (students and parents) who had interviewed ALL candidates, preferred

another candidate over Mr. Neal.

When the vote came, however, it was obvious that this community input was ignored by the three School Committee members who voted for Mr. Neal.

'Ms Dalton, Mr. Muller and Mr. Willey just don't seem to get it.'

The previous two hours of discussion, along with all of the hard work and long hours put in by the citizens who had evaluated the candidates, had apparently been a waste of their time.

It seems to me that the community wants a say in their children's education.

They want their opinions to be heard and considered. They want to know why a favorite principal was driven away. Ms Dalton, Mr. Muller and Mr. Willey just don't seem to get it.

Pat Getz
46 Juniper Road

Write us

The Townsman welcomes readers' letters, which must be signed with a name and address. Please include a phone number, for verification purposes.

Thank-you letters will not be published.

Send to 33 Chestnut St., Andover MA 01810; or fax to: 508-470-2819; or send them via the Internet: America Online: Townsman; or via the Internet: Townsman@aol.com.

Community calendar

Did you know that the Andover Townsman keeps the Andover Community Calendar, a listing of major local events including fund-raisers, concerts, plays and more?

The purpose of the calendar is to avoid two major events occurring on the same day. If your organization has planned an event that should be included in the Community Calendar, write it down and send it to Perry Colmore, Andover Townsman, 33 Chestnut St., Andover 01810.

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Conservation Commission business . . .

(Continued from page 3.)

the construction of the forced sewer main near a stream bed because erosion controls have been moved recently.

• The commission reviewed the order of conditions for the development of the old Tyer Rubber plant, 40 Railroad St., because drainage of rainwater off the roof and parking area near the Shaw-sheen River are matters for concern. George Stern (G.N. Associates), of Ames-bury plans to devel-op the 27,000 square-foot abandoned shell

into shops and offices, with an 11,000 square-foot addition. It will be called Riverside

Square.

• The commission denied a proposal to construct an attached deck that

would be too close to Haggetts Pond, the town's water supply, and said the owner of the home needs to

file a variance.

• The commission ordered the removal of a stone wall that had been built on

town property. The petitioner came before the board to request permission to build an addition to his single family home near a buffer zone.

Bob Pustell, chair-

man of the Conserva-tion Commission, said that was possi-ble, but the home-owner had to move his trailer, firewood and stone wall off neighboring town land.

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by **Mark F. DeLorenzo, D.C.**

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Poor St. historic residence may convert to condos

By Joan Brown

In front of a standing-room only crowd of about 50 residents, the Planning Board took a first look at plans for a proposed nine-unit condominium subdivision on Poor Street Tuesday night, May 9.

The plans include adding two wings to an existing home, creating parking for 22 vehicles and adding a second driveway off Poor Street.

"Though planners expect to take about two more weeks to decide on recommendations to the approving authority, the Zoning Board of Appeals, neighbors already have definite opinions about the project.

"It's a historic home. What's happening to Andover?" asked Bob Deacon, the home's former owner, of the

plans to alter the Poor Street house. He described the home as being one of the oldest in Andover.

"That's where William Poor, one the the founders of Andover, lived."

"That's where William Poor, one the the founders of Andover, lived," he said. The home was also part of the underground railroad during the Civil War, home to a black slave memorialized at Bunker Hill and is on the historic register, he said.

"I feel so sorry that someone's going to do that to it," said Mr. Deacon.

Residents are also concerned about the size of the building - about 35 feet high and 13,400 square feet of space - and the density, with nine residential units on less than .5 acres of land.

"This is ridiculous ... for me to look right from my house into a Fenway Park wall," said Julien LaCourse, of Poor Street.

The property is located in an apartment zoning district and is adjacent to Hunter's Ridge condominiums.

But residents point out that developers of Hunter's Ridge placed 27 units on 12.5 acres, far less dense than the proposed Poor Street subdivision.

The Poor Street developer, Gerard E. Welch, designed the additional

wings to be compatible with the existing home, according to Bill McCloud, project engineer. The development plans already have the approval of the fire department for access issues. The plans also minimize the disturbance to existing grading. "What we're trying to do is fit this new building to the topography on the site," he said.

No date has yet been set by the Zoning Board of Appeals for the special permit hearing. Planners will visit the site at 9 a.m., Sunday, May 21, and expect to have their recommendations ready by their next meeting, scheduled for May 23. Residents are invited to accompany the board on the tour.

Neighbors say they plan to gather early next week in opposition to the plans. Contact Manny Hajj at 475-6398.

POLICE LOG

ARRESTS

Wednesday, May 3 - At 1:16 a.m., Sean Farnham, 31, of Hudson, N.H., was arrested on Barnard Street and charged on a Lowell warrant for stalking and following.

Mr. Farnham was stopped by police after reportedly running a red light at the corner of Main and Chestnut streets. He was cited for a red-light violation and operating without a cab license. Andover Cab Co. was also cited in the incident for failure to have a vehicle-for-hire license in the vehicle.

Thursday, May 4 - At 1:23 a.m., an employee at Tage Inn, River Road, reported a domestic disturbance in the lobby. Bonnie A. Rubkey, 40, of 507 Andover St., Lawrence, was placed under arrest on a common night walker warrant.

At 1:29 a.m., Richard A. Burke, 25, of 316 Medford St., Malden, was arrested on Interstate 93 southbound and charged with operating under the influence (alcohol), operating with a revoked license, operating an unregistered and uninsured vehicle and failure to stay in marked lanes.

At 12:24 p.m., Dean J. Demetri, 33, of 315 Haverhill St., North Reading, was arrested near 100 River Road and charged with operating a stolen vehicle and operation without a license.

At 8:05 p.m., Daisy Figueroa, 39, of 600 Bulfinch Drive, was arrested at her home and charged with operating an unregistered, uninsured vehicle.

Friday, May 5 - At 3:02 p.m., Tallis Sidebotham, 18, of 427 High Plain Road, was arrested near 25 Ballardvale Road and charged with operating with a revoked license.

At 7:54 p.m., William Shaw Jr., 35, of 48 Center St., was arrested at his home and charged with leaving the scene after property damage and operating under the influence (alcohol).

Mr. Shaw reportedly struck a vehicle on Rattlesnake Hill Road.

Saturday, May 6 - At 7:18 a.m., Thomas J. Samataro, 45, of 6 McLaughlin Ave., Salem, was arrested near 250 N. Main St. and charged with operating a motor vehicle after his right to operate was suspended, speeding and on Lawrence and Haverhill warrants.

At 10:45 p.m., Marlon Nelson, 22, of 407 High St., Lawrence, was arrested near 157 Main St. and charged with operating an uninsured vehicle and operating a motor vehicle after both right to operate and plates were revoked.

Sunday, May 7 - At 6 p.m., Donald C. Croteau, 18, of 79 Stark Road, Derry, N.H., was arrested at 22 Railroad Ave. and charged with operating a vehicle with a revoked license (second offense).

Monday, May 8 - At 2:05 a.m., Donna M. Bryant, 34, of 400 Brookside Drive, was arrested at 10 Brookside Drive and charged with operating under the influence (alcohol), operating without a license and operating with defective equipment. A 46-year-old passenger in the vehicle, suspected of being under the influence (alcohol), was taken into protective custody.

INCIDENTS

Tuesday, May 2 - At 11:47 a.m., a staff member at Greater Lawrence Technical School reported a student carrying marijuana.

At 2:17 p.m., a West Middle School official reported an ice-cream truck on school property. An officer told the vendor to leave the area.

At 5:34 p.m., two horses were reported running loose on Oriole Drive. The owner was notified and was able to round up the horses.

Wednesday, May 3 - At 9:03 a.m., a woman on Acropolis Circle reported

she had a bird in her clothes dryer. An officer reported that he did not see anything in the dryer.

At 6:21 p.m., a man on Main Street was suspected of being under the influence (alcohol). He was taken into protective custody.

At 6:58 p.m., a large possum was reported going through the trash bin at 112 Main St. An officer reported that the animal appeared healthy and was eating all the trash. The trash was moved to a secure area.

Thursday, May 4 - At 12:18 p.m., an employee at Rolling Green Fitness Center reported that the manager was chasing two suspects believed to have been stealing wallets. An officer caught and detained one of the suspects. No thefts were reported at the facility and the suspect was released.

Friday, May 5 - At 4:38 p.m., a dog was struck by a vehicle at 102 Osgood St. The animal was transported to Andover Animal Hospital with a possible broken leg.

At 5:42 p.m., Lawrence General Hospital reported a Longwood Drive resident was treated for a BB gun pellet wound. He was accidentally shot by a Crescent Street neighbor.

At 6:50 p.m., a woman on Bulfinch Drive reported her son was struck with a baseball bat at a playground.

At 7:54 p.m., a man on Bulfinch Drive reported an ongoing problem with a neighbor harassing him.

ACCIDENTS

Tuesday, May 2 - At 6:27 p.m., a vehicle pulling a trailer struck a tree on Osgood Street, knocking the tree onto the trailer. Workers from the municipal maintenance division were called to remove the tree.

Friday, May 5 - At 2:28 p.m., a vehicle was reported struck while parked at Andover High School.

BREAKS

Thursday, May 4 - At 9:22 a.m., a woman on Ridge Street reported a screen missing from a window and that furniture in her home had been moved.

Saturday, May 6 - At 6:23 p.m., a car break was reported on High Plain Road.

THEFTS

Wednesday, May 3 - At 4:11 p.m., a shoplifter was reported in a Main Street store.

Thursday, May 4 - At 1:50 p.m., a rear window was reported smashed and stereo equipment taken from a vehicle at Merrimack College.

VANDALISM

Wednesday, May 3 - At 5:11 a.m., a large group of people was reported painting a shamrock on a large rock off Route 125. An officer reported he found the painted rock, but all suspects had fled the area.

Saturday, May 6 - At 9:53 a.m., two boys on foot were reported knocking over mailboxes on Chandler Road. The boys had left the area before police arrived.

At 11:23 a.m., a woman reported damage to her vehicle at Andover Commons on Railroad Avenue.

Sunday, May 7 - At 6:03 p.m., a man on Central Street reported damage to his fence post.

CAR THEFTS

Saturday, May 6 - At 12:41 p.m., a Southridge Circle man reported his 1987 Chevrolet Celebrity was stolen. An officer reported that the car was not stolen, just borrowed, and had been returned.

[Joan Brown compiled this week's police log. Don Staruk is on vacation. The police log is open to any person who wishes to see it. It is at the station on North Main Street.]

SPORTS



Photo by Lisa Adelsberger

Senior captain Matt Ely, member of the Andover High School men's track team, won the 800 meters race (2:05.1) at the dual meet with Phillips Academy, on Saturday. The locals trounced Big Blue 87-58. At a meet against Chelmsford, on May 3, Mr. Ely shaved four seconds off the 800 meters event earning 2:01.5. The AHS men's track squad placed first in 16 of the 17 events at the 111½-33¾ rout of Chelmsford. Both the men's and women's track teams have earned identical 6-0-0 records. This Saturday both AHS track teams are hosting the annual Boosters Invitational, at Lovely Field. The locals have dominated this meet for more than three decades. It begins at 10 a.m.

Junior varsity baseball is off to great start with 4-1 record

By Rick Harrison

The Andover High junior varsity baseball team is off to a magnificent 4-0 start.

The young Warriors have scored an incredible 61 runs (15.3 average) while holding the opposition to just 14.

Coach Dan Grams' squad has blasted East Boston (18-1), Haverhill (10-5), Wilmington (13-8) and Methuen (20-0).

Andover 18

East Boston 1

A nine-run second inning keyed the season-opening rout of East Boston.

Justin Bastinelli (three innings) was the winning pitcher, with relief stints by Ryan Daniels (two innings), Mark O'Sullivan (one inning) and Joe Maglio (one inning).

Jack Glazebrook powered the offense

with a home run, double and two RBI.

Rob Oppenheim added four hits, including a two-run double, while O'Sullivan laced a double and single for three RBI.

Steve Vickers, Jason Monarca and Maglio had one hit and two RBI each. Daniels doubled, Peter Kaltsunas had a basehit, and Oppenheim was a defensive standout at second base.

Andover 10
Haverhill 5

Mark O'Sullivan went the distance on the mound in the come-from-behind triumph over Haverhill, pitching shutout ball after the first and finishing with a seven-inning four-hitter, eight strikeouts and two walks. Only two of the Hillies' runs were

earned.

Haverhill grabbed a 5-0 lead in the bottom of the first, but Andover chipped away with one run in the second, two in the third, single runs in the fourth and fifth, four in the sixth and one in the seventh.

Steve Vickers went 3-for-3 with three RBIs and three stolen bases, while O'Sullivan helped his cause with two hits including a clutch two-run triple in the sixth.

Ben Gibson laced three singles, Joe Maglio added two hits, and solo safeties were contributed by Jeff Scott, Rob Oppenheim and Peter Kaltsunas.

Oppenheim was again a defensive standout, this time at shortstop.

Andover 13
Wilmington 8

Andover also battled from behind to beat Wilmington, erasing an 8-3 deficit with three runs in the fifth and seven more in the bottom of the fifth inning.

Ryan Daniels, Ben Gibson and Justin Bastinelli divided the pitching duties, with Daniels earning the win.

Daniels also had a triple, single and four RBI, while Steve Vickers drove home two runs with a triple and single to spark the 13-hit attack.

Mark O'Sullivan added two hits and two ribbies, Jack Glazebrook two hits, and single safeties were laced by Jason Monarca, Joe Maglio, Jeff Scott, Peter Kaltsunas and Rob Oppenheim.

Glazebrook was a defensive standout at shortstop.

Softball clinics begin this Sunday at 5 p.m., at West Middle School

The girls Andover softball Sunday evening clinics will begin May 14 at West Middle School, from 5-7 p.m.

They will be held every Sunday, weather permitting.

Coaches from the Andover Girls Softball League will teach girls ages 10-16 years old who live in Andover all aspects of the game.

The cost is \$15.

This week the defending national champion Merrimack varsity softball team will demonstrate their skills.

They will be working with the girls one-on-one (schedule permitting).



Photo by Lisa Adelsberger

Kelly Mitchell, senior captain of AHS women's tennis team, serves up a victory recently.

Caring Cup golf tournament is this Monday

Phebe M. Goldman, executive director of the Home Health Foundation of Andover, has announced that the fifth annual Caring Cup Golf Tournament will be held Monday, May 15.

It will take place at the Andover Country Club on Canterbury Street.

Proceeds will benefit Visiting Nurse Association HomeCare, Merrimack Valley Hospice and Home Care Inc.

They are non-profit subsidiaries of the Home Health Foundation of Andover.

According to Dennis Ingram and Ronald Million, co-chairs of tournament committee, the tournament will consist of a four-person Scramble Calloway.

Tee-off time will be 1:30 p.m.

The \$135 per person charge will include all golf amenities, awards, a luncheon and evening banquet.

"The Caring Cup Tournament offers a wonderful opportunity to play for a worthy cause," said Mr. Ingram.

"We appreciate the strong community support the tournament has attracted throughout the years."

Home Health Foundation agencies have been serving communities in the Merrimack Valley, Northeastern Massachusetts and Southern New Hampshire since 1895.

Last year more than 300,000 home visits were made.

Call Deborah Reiter at the agencies' offices at 1 Union St. or call 1-800-933-5593 for more information.

ENTERTAINMENT CALENDAR

(Continued from page 34)

baked goods, fried dough, cotton candy and ice cream; tables of plants, used books, crafts and one-of-a-kind gifts; 10 a.m.-3:30 p.m., Sunset Rock Road.

Love Thru the Ages, see entry under Friday, May 12 for details.

Susan Oleksiw, signing copies of



Susan Oleksiw

her Mellingham mystery books, at Waldenbooks, Main Street, 10 a.m.-noon. **Merrily We Roll Along**, 8 p.m., see entry under

Thursday, May 11 for details.

Opening reception, exhibition of photographs by Kurt Landry, at Memorial Hall Library, Elm Square, 3-5 p.m.

Paul Janeczko, signing copies of



Paul Janeczko

his poetry book *Stardust Otel*; also, poetry workshop for young writers ages 9 and up, at Andover Bookstore, 89R Main St., 2-3 p.m., 475-0143.

Herb fair, sponsored by the Herb Society of Andover, featuring herb plants, perennials, baked goods and demonstrations, at Rea



Spring Funfest '95 will be held again at Pike School from 10 a.m. to 3:30 p.m. Saturday, May 13, and will again feature face-painting. This annual event is held at the school on Sunset Rock Road and is open to the public.

Farm, Rea Street, North Andover, 9 a.m.-4 p.m.

Concert, featuring the Academy Gospel Choir, 7:30 p.m., Cochran Chapel, Phillips Academy, Main Street, free and open to the public; 749-4007.

SUNDAY, MAY 14

Sheep Shearing festival, featuring shearing and herding demon-

strations, farm animals, spinning and weaving activities, at the Museum of American Textile History, 800 Massachusetts Ave., North Andover, 10 a.m.-5 p.m.; 686-0191.

Concert, senior recitals featuring violinist Maria Pulzetti, 3 p.m., and pianist Michael Fang, 7 p.m., Graves Hall, Phillips Academy, free and open to the public; 749-

4007.

AMC hikes, sponsored by the Andover Committee of the Appalachian Mountain Club, at Cape Ann, Gloucester, meet at 12:30 p.m. at the municipal parking lot next to House of Clean on South Main Street, or at 1:30 p.m. at the end of Dogtown Road in Gloucester, Martin Wells 470-3189; also, three-mile hike through the

Indian Ridge area, meet at 1:30 p.m. at Andover High School, Dave Milot 682-8924.

Gallery talk, featuring a visual reading of *The Americans*, at the Addison Gallery of American Art, Phillips Academy, Main Street, 2 p.m., free and open to the public; 749-4015.

MONDAY, MAY 15

Preserving the Commons, lecture and slide program sponsored by the Historical Society of Old Newbury and the Newburyport Maritime Museum, at the Arakelian Theater of The Firehouse Center for the Performing and Visual Arts, Market Square, Newburyport, 7:30 p.m., \$10; 462-7336. **Golf tournament**, sponsored by Home Health Foundation, at Andover Country Club, Canterbury Street, tee-off at 1:30 p.m., \$135 includes golf, awards, luncheon and evening banquet, men's, women's and mixed teams available; Deborah Reiter 1-800-933-5593.

WEDNESDAY, MAY 17

Concert, senior recital featuring violinist Emily Kwan, 7:30 p.m., Graves Hall, Phillips Academy, free and open to the public; 749-4007.

Newcomers Club, membership coffee at the home of Cynthia Manning, 175 Salem St., North Andover, 7:30 p.m., membership open to all residents; Anne King 685-3047 or Linda Latta 975-8767.

League of Women Voters, annual dinner, 6:30 p.m., election and meeting, 7:45, at Eighteen Elm Street, for reservations send check (payable to LWV) for \$25 dinner or \$4 dessert to Pam

(Continued on page 45)

Andona's Clowntown set for May 20

Andona's annual Clowntown will be held Saturday, May 20, rain or shine, in The Park from 9:30 a.m. to 4:30 p.m. For more than 40 years Andona, a volunteer group of Andover women, has raised thousands of dollars for Andover youth activities and sponsored numerous civic programs. Clowntown is Andona's leading fund-raiser. Volunteers ages 12 and up are needed to assist the 100 Andona members at the food-stands, help staff booths and move equipment. Call Anne at 475-1976.

Andona seeks new members. Call Martha at 475-1648.



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Experience it!**

Reservations 12 pm to 8 pm 470-1606

ENTERTAINMENT CALENDAR LISTINGS

(Continued from page 44)

Green, 24 Cobblestone Circle, North Andover by Friday, May 12.

THURSDAY, MAY 18

Royal Lipizzan Stallions, benefit performance sponsored by the MSPCA Nevins Farm & Equine Center, at the Topsfield Fairgrounds, Route 1, Topsfield, 7:30 p.m., adults \$12 in advance or \$15 at the gate, children \$8 in advance or \$10 at the gate, seniors \$10; 687-0056.

Damn Yankees, featuring Andover students Nathan Akerman, Hasan Erdem, Weston Lowrie and Kenneth Rickhi, at Pike School, Sunset Rock Road, 7:30 p.m.

FRIDAY, MAY 19

Concert, featuring the New England Brass Band, at Wilmington Congregational Church, Route 62, Wilmington, 7:30 p.m., \$5 adults, \$3 children; 658-2264.

Maifest organ recital, featuring organist Robert Love, at Methuen Memorial Music Hall, 192 Broadway, Methuen, 8 p.m., doors open at 7:30, \$20.

Concert, featuring the Treble Chorus of New England, at Trinitarian Congregational Church, 72 Elm St., North Andover, 7:30 p.m., free and open to the public; 686-4445.

Damn Yankees, see entry under Thursday, May 18 for details.

Contra dance, featuring live music and a caller, at Unitarian Universalist Church, 6 Locke St., basic instruction at 7:45 p.m., dancing begins at 8, \$5; 474-4273.

Build Wellness workshop, sponsored by Avalon Health Associates, at Ramada Rolling Green, 311 Lowell St., 8:15 a.m.-5 p.m., \$65; 345-6184.

Royal Lipizzan Stallions, see entry under Thursday, May 18 for details.

Six Degrees of Separation, at Phillips Academy, Steinbach Theater, Main Street, 8 p.m., \$5 adults, \$2 with student identification.

Spring dance concert, at Phillips Academy, Tang Theater, Main Street, \$5 adults, \$2 with student identification, 7 p.m.

Two By Two, musical by Richard Rogers about Noah and the Ark, performance by the Vagabond Players, at First Cal-

vary Baptist Church, 586 Massachusetts Ave., North Andover, 8 p.m., \$7.50, senior and child discounts available; 685-1502.

Concert, featuring Phillips Academy Concert Band, 7:30 p.m., Cochran Chapel, Phillips Academy, free and open to the public; 749-4263.

Spring gala and auction, sponsored by the Service Club of Andover, at Andover Country Club, Canterbury Street, \$30; Joanne Fossella 470-2050.

Wildlife festival, featuring nature walks, slide shows and lectures, at Parker River National Wildlife Refuge, Newburyport, free; call for times, 465-5753.

Bird-a-thon, sponsored by the Audubon Society, 24-hour fundraiser at Ipswich River Wildlife Sanctuary and 15 other areas, call for details, (617) 259-9500 Ext. 7412.

SATURDAY, MAY 20

Clown Town, sponsored by Andona Society, at The Park, Chestnut and Bartlett streets, 9:30 a.m.-4:30 p.m.

Museum Celebration Day, featuring antiques appraisal, Andover Historical Society, 97 Main St., 10 a.m.-4 p.m., \$5 per item; 475-2236.

Art exhibit, featuring artwork, gardens and a plant sale, sponsored by the Andovers Artists Guild, at Stevens-Coolidge Place, North Andover, 10 a.m.-2 p.m.

Sally Sampson, signing copies of *Recipes from the Night Kitchen*, at Waldenbooks, Main Street, 10:11:30 a.m.

Concert, featuring the Phillips Academy Chamber Music Society, 7 p.m., Graves Hall, Timken Room, Phillips Academy, free and open to the public; 749-4007.

Jonah, oratorio performed by the Newburyport Choral Society at La Sallette Shrine, Ipswich, 8 p.m., \$15 adults, \$12 seniors and students; 462-0650.

Six Degrees of Separation, see entry under Friday, May 19 for details.

Spring dance concert, 6:30 p.m., see entry under Friday, May 19 for details.

Bird-a-thon, see entry under Friday, May 19 for details.

Wildlife festival, see entry under Friday, May 19 for details.

Two By Two, see entry under Friday, May 19 for details.

Quilt appraisal, at the New England Quilt Museum, 18 Shattuck St., Lowell, 9 a.m.-noon and 1-5 p.m., \$25 per quilt; registration recommended, 452-4207.

Author talk, featuring Rachel Vail, young-adult author, at Memorial Hall Library, Elm Square, 10 a.m.; also, book signing at 11:30; Barbara Mortenson 475-6960.

Royal Lipizzan Stallions, 4:30 p.m., see entry under Thursday, May 18 for details.

SUNDAY, MAY 21

Concert, performance by the Andover Choral Society, featuring works by Dvorak and Gounod, at Memorial Music Hall, Methuen, 3 p.m., \$10; 470-8747 or (617) 942-0982.

Auction, featuring antique furniture, a pump organ and computers, at the Putnam House, Bow Street, North Reading, viewing at noon, auction 1-4 p.m.; Al Holmes 475-3337.

Two By Two, 4 p.m., see entry under Friday, May 19 for details.

Walk-a-thon, sponsored by Quota International of Andover, featuring 5-mile walk and power-walk group, at Andover Bank parking lot, registration at 9:30 a.m., walk begins at 10; information available at Vena Coco Collection, Olde Andover Village.

Royal Lipizzan Stallions, 4:30 p.m., see entry under Thursday, May 18 for details.

Jonah, see entry under Saturday, May 20 for details.

Concert, featuring Phillips Academy Chorus, 3 p.m., Cochran Chapel, Phillips Academy; also, senior recital featuring violinist Judy Lee, at Graves Hall, both concerts free and open to the public; 749-4007.

Quilt appraisal, 9-11:30 a.m. and noon-2 p.m., see entry under Saturday, May 20 for details.

Wildlife festival, see entry under Friday, May 19 for details.

ONGOING

Museums and Historic Homes

Andover Historical Society, 97 Main St., *Sit! Portrayals of People's Pets*, through October, and *Costumes from the Collection: An 1840s Revival Meeting*, through Oct. 13, library and office hours Monday-Saturday 9 a.m.-5 p.m., Amos Blanchard House and Barn Museum guided tours Monday-Saturday 1-3 p.m.; 475-2236.

Robert S. Peabody Museum of

Archaeology, Main and Phillips streets, *Pecos Pueblo: Crossroads of Cultures*, exhibition features Native American society in Great Pueblo at Pecos, N.M., from 1300 to 1838, through Dec. 30; also, *Voices on Repatriation and Renewing Tradition: Modern Pueblo Pottery*, continuing exhibits featuring collections of Native American artifacts, free; Tuesday through Friday noon-5 p.m., Saturday 10 a.m.-1 p.m., closed holidays, 749-4490.

Castle Hill Great House, tours of the 59-room mansion available on Tuesday afternoons, 1-4 p.m., at Castle Hill, Ipswich; \$5 adults, \$3 seniors and children; through Oct. 31.

Lowell National Historic Park, ongoing programs:

Art of the Draftsman: 19th Century Plans and Drawings from the Proprietors of Locks and Canals through May 15; 1 to 4 p.m., at the Park's Booth Gallery, 400 Foot of John St., through May 16, free;

Harnessing the Merrimack, two-hour tour includes boat and trolley ride, \$3 adults, \$1 children;

Pawtucket Canal, 75-minute tour offered daily, adults \$3, children \$1; *Lowell: The Industrial Revelation*, multi-image slide show, Visitor Center at Market Mills, 246 Market St., 8:30 a.m.-5 p.m., free;

(Continued on page 46)

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ENTERTAINMENT CALENDAR LISTINGS

(Continued from page 45)

Run of the Mill, working 19th century turbine and power loom at Suffolk Mill, 11 a.m., free;

Exploring Lowell, walking tour or program presented daily at the Visitor Center, 2:30 p.m., free;

Turn-of-the-century Trolley, trolley ride, schedules at the Visitor Center, Boott Mills and trolley platforms, free;

Working People exhibit, Visitor Center, daily, 9:30 a.m. to 5 p.m., free; **Boott Cotton Mills Museum**, weave room and interactive exhibits, 400 Foot of John St., weekdays 9:30 a.m.-5 p.m., \$3 adults, youths 1-6 \$1, senior discount, children under 5 free; 970-5000.

New England Quilt Museum, at 18 Shattuck St., Lowell, *Soft Protests*, through May 28, 9 a.m.-5 p.m., \$3 adults, \$2 children; 452-4207.

Peabody Essex Museum, at East India Square, Salem, *Japanese Pictures of Japanese Life: The Book Arts of Takejiro Hasegawa*, Japanese art books exhibition, through May 15; 745-1876.

Wenham Museum, at 132 Main St., Wenham, *Flowers Inc.*, flower-related pieces on display in five different scenes, through June 4; 468-2377.

Art Exhibitions
Addison Gallery of American Art, at Phillips Academy, Chapel Avenue and Main Street, Tuesdays through Saturdays 10 a.m.-5 p.m., Sundays 1-5 p.m., closed Mondays and national holidays; free and open to the public; Duncan Will 749-4015.

Ongoing exhibits:
Robert Frank: The Americans, exhibit includes the 84-image sequence edited by Robert Frank, chosen from more than 20,000 photographs recorded during two Guggenheim Foundation trips around America in 1955 and 1956, through July 9;

Canyon Suite, featuring 28 watercolors created by Georgia O'Keefe,

through June 11; **Masterworks from the Addison Collection**, through July 31.

Kurt Landry, exhibition of photographs at Memorial Hall Library, Elm Square, May 13 through May 31.

Nature and the Americans, art-lecture series sponsored by the Historical Society of Old Newbury and the Newburyport Maritime Museum, at the Arakelian Theater of the Firehouse Center, Market Square, Newburyport, through May 15; call for times and prices, 462-7336.

Main Street by Dorothy Piercy, Ford's Coffee Shop mural, on view in the lobby of town offices; tote bags on sale at the Andover Historical Society to defray cost of restoration of Ford's Mural Fund, Andover Historical Society, 97 Main St.; 475-2236.

Possession, exhibition of Haitian voodoo photographs by Lynne Warberg, at Northern Essex Community College, Bentley Library,

Haverhill, through June 7.

Wilda Gerideau Squires, Andover resident and member of Andovers Artists Guild, artwork on display at Frames Unlimited, Shawsheen Plaza, through May 31.

Dot Starkweather, Andover resident, exhibition of watercolors at Bishop's Restaurant, Lawrence, through May 31.

Theatre
Hamlet, at the North Shore Music Theatre, 62 Dunham Rd., Beverly, through May 13; call for times and prices, 922-8500.

Jar the Floor, drama performed by the Merrimack Repertory Theatre, 50 E. Merrimack St., Lowell, through May 20; call for times and prices, 454-3926.

Last of the Red Hot Lovers, featuring Bill Jobert and Maureen Woodell of Andover, comedy performed by the Delvena Theatre Company, 105 Pleasant St., Arlington, through May 21; \$12 adults, \$10 seniors and students,

admittance half-price on Sundays for those wearing love beads; call for times, (617) 643-9993.

Romeo and Juliet, presented by the Wheelock Family Theatre, featuring Andover resident A.J. Sullivan, at Wheelock College, 180 The Riverway, Boston, through May 14; also, ASL and audio-performances, call for times and reservations, (617) 734-4760, (617) 731-4426 TTY.

Meetings
The Activities Network, social sports and recreation club for single adults, mid-week meetings in various locations; call 352-6987 for information.

AIDS Action of Andover Mothers Group, for mothers and other family members of people who are HIV-positive or who have AIDS, meets twice a month; call AIDS Action of Andover for information, 470-2626.

Amateur Shakespeare reading group, meets on Thursdays, 7:30-9 p.m. in the activities room, Memorial Hall Library, currently reading *Antony and Cleopatra*; Vicky Johnston 475-4651.

Amnesty International, Merrimack Valley Chapter; meets every

second Tuesday of the month, in room 310 on the 3rd floor, Merri-

mack College Library, 7:30 p.m.; Debbie, 683-0737.

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SPORTS

Track teams run down Big Blue; squads earn 6-0

By Rick Harrison

The stampeding Andover High men's and women's track teams continued to steamroll all opposition in dual meet action last week.

They chalked up a pair of victories each against Merrimack Valley Conference Large School for Chelmsford and intra-town arch-rival Phillips Academy.

The AHS boys rolled to a 111 1/2 to 33 1/2 victory over an uncharacteristically weak Chelmsford squad, and then rocked Phillips 87-58.

The Lady Warriors registered their second straight 88-48 triumph en route to defeating the MVC indoor champions from Chelmsford, and came back to handle Phillips 90-46.

The twin wins left Head Coach Dick Collins' two crews with identically perfect 6-0-0 overall records, including 3-0-0 in league division meets.

The Andover men had the MVC title on the line yesterday when they ran against likewise unbeaten Large School co-leader Central Catholic at Veterans Memorial Stadium in Lawrence.

The Lady Warriors face a similar championship showdown next Wednesday when division co-leader Haverhill comes to town for a 3:30 p.m. dual meet at the Lovely oval.

This Saturday Andover will host the annual Boosters Invitational.

The locals have dominated for more than three decades.

The meet begins at 10 a.m.

Andover men 87 Phillips Academy 58

The public school power placed first in 12 of the 17 events, sweeping the long jump and two-mile while outscoring the Big Blue 38-25 in the seven field events

and 49-33 in the 10 running events.

The sweep of the long jump was accomplished by Mike Marcinonis (21'8 1/2"), Adam Westaway and sophomore Tim Smith, while cleaning house in the deuce were Eskinder Graham (10:50.7), Todd Collins and sophomore Don Pattullo.

Other individual field event winners for AHS were shot putter Steve Muench (43'10"), high jumper Jon Hall (6'0"), pole vaulter Peter Ellis (12'0") and Westaway in the triple jump (41'1").

Victors on the track were Scott Savage (110-meter high hurdles, 15.4), Eric DeMarco (300-meter intermediate hurdles, 43.7), Jeff Arsenaault (100 meters, 11.6), Josh Hatch (200 meters, 24.5), Matt Ely (800 meters, 2:05.1) and the undefeated 4x100 meter sprint relay foursome of Matt Auferio, Hatch, Arsenaault and Marcinonis (46.2).

Contributing second places at the Lovely oval were Jon Blais (discus), Rudy Morando (javelin), Chris Richter (300-meter hurdles) and Kevin Shepard (400 meters).

Rounding out the scorers in third were Matt Muench (discus), triple jumper Chris Mann, pole vaulter Dan Taylor, DeMarco (110-meter hurdles), Costello (200 meters), Chris Fromme (800 meters) and miler Charlie Russo.

Andover women 90 Phillips Academy 46

Missy Famiglietti, Susan Ashlock and Kim Daher all doubled their pleasure by winning two events for the Lady Warriors.

The women's team placed first in 10 of the 16 events and swept the javelin, triple jump and long jump.

Andover held a commanding 41-13 edge in the six field events and a 49-33 scoring



Photo by Lisa Adelsberger

Missy Famiglietti captured the long jump (17'9 1/2") and the triple jump (35'11") at Saturday's dual meet against Phillips Academy. The Andover High School varsity track teams won the meet against Big Blue, which was held at the Lovely Field oval. The local women won with a stunning 90-46. The Andover High School varsity men overwhelmed the school up the hill with a lopsided 87-58.

advantage in the 10 running events. Ashlock won a very arduous double by placing first in both the mile (5:37.6) and two-mile (12:23).

Famiglietti captured both the long jump (17'9 1/2") and triple jump (35'11").

Daher was best in the shot put (33' 1/2") and javelin (89'10").

Other victors were Katie Jurdi (discus, 89'7"), Randi Spiegel (100 meters, 13.4), Amy Levesque (200 meters, 28.1) and the unbeatable 4x100 meter sprint relay crew of Spiegel, Levesque, Laura Burkle and Jamie Barron (51.8).

Completing the sweeps were javelin throwers Leah Mason and Beth Cummins, long jumpers Eveline Yang and Jamie Barron, and triple jumpers Yang and Allyson Ahern.

Additional runners-up were high jumper Stephanie Brown, hurdlers Barbara Contos (100 meter highs) and Courtney Barron (300 meter intermediates).

Additional second-place finishes were earned by Jamie Barron (100 meter hurdles), Sarah Muller (400 meters), Abby Clarke (800 meters) and two-miler Diana Liberty.

Placing third were Cummins (shot put), Courtney Barron (100 meter hurdles), Sarah Muller (300 meter hurdles), Burkle (200 meters), sophomore Leah Sciabarrasi (400 meters), Kollene Cronin (800 meters) and miler Erin Collins.

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With Blank out, softball drops three games

By Rick Harrison

The battered and bruised Andover High varsity softball team continued to lick its wounds this week.

The locals dropped all three of those Vanessa-less contests, bowing to Lowell, 5-0, to Dracut, 11-6, and to Wilmington, 14-0.

Noelle Blank, sidelined recently with a broken finger, returned to the lineup last week and shared the pitching duties with fellow frosh Lynne Mazza.

Coach Ken Pellerin's snakebitten Lady Warriors faced another tough assignment yesterday against Large School Division leader Haverhill (9-1), and tomorrow afternoon Andover hosts Methuen at the West Middle School field (3:30 p.m.).

Lowell 5 Andover 0

The Lady Warriors had a big squander in the top of the first

inning at Harry Allen Field in Lowell, and never recovered from the

[Continued on page 49]

Andover Soccer Camp

HALF DAY PROGRAM
August 7-11
8:30 am - 12 noon
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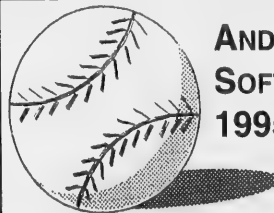
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Preparation for
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ANDOVER GIRLS SOFTBALL LEAGUE 1995 REGISTRATION

Monday, May 8
Tuesday, May 16
7 to 9 p.m.
West Parish Church

*Primary Division (grades 1-3)	\$25
Junior Division (grades 4-5)	\$35
Senior Division (grades 6-9)	\$35
14 and Under Travel Team	\$35
Senior Travel Team (grades 9-11)	\$35
Family Maximum	\$60

* Must be completing 1st grade or 7 years old by 8/31

6th - 9th graders have the **OPTION** of playing on an IN-TOWN team or trying out for the more competitive travel teams

Volleyball tops North Alliance standings with 11-0

By Rick Harrison

The Andover High boys volleyball team qualified for the State Tournament once again, and took a commanding two-match lead atop the North Alliance standings, with league victories last week over second place Methuen (2-1) and first-year team Westford Academy (2-0).

Those wins, coupled with a 2-0 sweep of visiting non-league foe Algonquin Regional of Northboro earlier this week, boosted the overall record to a perfect 11-0 including 7-0 in league play.

Coach George Sullivan's defending North Alliance champs had a key match against Lowell (7-4) at the Red Raiders Ray Riddick Field House yesterday.

A makeup match at St. John's Prep in Danvers was scheduled for today, and another key league clash is set for tomorrow afternoon when Chelmsford (8-3) invades the Dunn Gymnasium (3:30 p.m.).

Injury report

The Golden Warriors are playing this

week without senior middle hitter Matt Gibson, who suffered a twisted and bruised ankle last weekend while trying out for the Boston Shootout basketball team.

Gibson did not play against Algonquin Regional on Monday, and was expected to be sidelined indefinitely.

"We lost our intimidator," said coach Sullivan. "We had Abdul Ortiz and Andy Shen working at that position against Algonquin, and we'll just have to make do without Matt for awhile."

Andover 2 Methuen 1

The Golden Warriors had their hands full with fired-up North Alliance runner-up Methuen. The Rangers, 5-1 league and 7-2 overall entering the match, dominated the opening game en route to a 15-7 victory.

But Andover, battling back for its third 2-1 decision of the season and second in a row, squared the match with a 15-6 win before putting it away with a 15-5 third-game romp.

"We startily slowly again," said coach Sullivan. "We just couldn't find the handle on our game. Methuen was blocking well."

"We didn't have any flow to our attack in the first game, but the consistency returned when the kids had their backs to the wall," added Sullivan.

Senior Paul Krasnoo keyed the comeback in the last two games, serving seven straight points to start the second game and Senior Captain Tim Foley finished the match with 13 kills, senior Captain Sean Croteau added five kills, senior first-year standout Matt Gibson added five kills, and junior Pat Hess was 11-for-12 serving.

Senior veterans Aaryn Schmuhl, Foley and Croteau keyed the backcourt defense, while Gibson was strong blocking at the net despite being ill during the match.

"This was definitely a wakeup call for us," said coach Sullivan. "Foley and Croteau responded with our best on-the-court leadership of the season."

Andover 2

Algonquin 0

The locals spotted the visiting Tomahawks a brief 3-0 lead in the first game, and then reeled off 15 straight points for a 15-3 victory. AHS completed the sweep with a 15-8 triumph in game two.

Tim Foley had nine kills in the match and was a hitting standout, while Joe Hogarty added five kills.

The winners did not make a service error, as Sean Croteau was 10-for-10 with one ace, Pat Hess 10-for-10 with one ace, and Paul Krasnoo 9-for-9 with two aces.

"Our passing and blocking were both off at the beginning of the match," said coach Sullivan. "But eventually Tim Foley got us going with his hitting."

Andover 2 Westford 0

Everyone played and contributed as the North Alliance frontrunners blitzed the fledgling Grey Ghosts, 15-1, 15-1.

Tim Foley had an excellent match hitting and Aaryn Schmuhl was a top scorer.

Varsity tennis teams net perfect record in MV Conference

By Rick Harrison.

Both Golden Warrior teams have established their superiority in the Merrimack Valley Conference, with undefeated seasons and league championships looking once again like a sure thing. Coach Mike Wartman's AHS boys are cruising along at 11-0 in the league, 11-1 including a season-opening 5-0 loss to St. John's Prep (three matches went three sets), while coach Tony Russo's Lady Warriors are currently 10-0.

Both teams are scheduled to return to MVC play tomorrow, hosting Methuen at the Andover High courts (3:30 p.m.).

Andover men

The Golden Warriors crushed host Lowell 5-0 at the Shedd Park courts, dropping only five games in singles and one in doubles. Junior Captain Mike Stein rolled to a 6-0, 6-0 triumph over Jon Lang at first singles, while sophomore Ross Fenton surrendered only one game in a 6-1, 6-0 decision against Patchay Xiong at third singles.

Junior Captain Kurt Dahlstrand had some competition at second singles, but still posted a relatively easy 6-2, 6-2 victory over John Maciejewski.

Both doubles encounters were over quickly, juniors Marc Formichella and Jay

Levine disposing of Lowell's Sanchith Boualaphanh and Jim Manning 6-1, 6-0 at No. 1 while sophomore Dave Sullivan and freshman Dave Gutstein bageled Walt Poirier and Enrique Marin 6-0, 6-0.

In a 5-0 makeup blitz of Lawrence, the Golden Warriors juggled the lineup and still had no problems.

Junior Andy Ravens stepped in at No. 1 singles and rolled past the winless Lancers Saphon Khieve 6-3, 6-0.

Junior Ravi Tharisayi was a 6-1, 6-2 victor at second singles, and Dave Gutstein humbled Tho Lam 6-0, 6-0 at third singles.

Juniors Joel Elzweig and Mike Wellikoff showed promise as a doubles' tandem with a varsity debut 6-3, 6-0 romp over Felipe Gomez and Rich Laramie of Lawrence.

Senior Chris Ouellette teamed with Dave Sullivan at No. 2 doubles to complete the whitewash, rolling to a 6-1, 6-0 triumph.

In a rain-shortened 3-0 whitewash of Central Catholic (6-3 record), the only singles match completed saw Ross Fenton toppling Anthony Pappalardo 6-2, 6-1 at No. 3.

The locals swept the doubles, with Ravi Tharisayi and Andy Ravens 7-5, 6-1 conquerors of Jon DeLoge and David Burke at No. 1 while Dave Gutstein and Jay Levine



Photo by Lisa Adelsberger

Senior captain Jackie LeMaitre slams a shot during a recent match at the AHS tennis courts.

coasted 6-1, 6-0 past Joel Brain and Frank DeFusco at No. 2.

Andover women

Undefeated sophomore standout Heather Young coasted to a 6-1, 6-0 decision against Caroline Hughes at No. 1.

Senior Captain Jen Griffin showed some impressive determination, and an ability to win the key points, with a double tiebreaker 7-6, 7-6 marathon victory over the Red Raiders Itziar Echeverria. Griffin won the first tiebreaker 7-4 and the second 7-5.

Freshman Lauren Roda also continued to impress at third singles with a 6-3, 6-2 disposal of Alex McAdams.

The No. 1 doubles tandem of senior Jackie LeMaitre and junior Andrea Marvin remained unbeaten with a 6-0, 6-3 conquest of Kelly Nangle and Patricia Landry.

Senior Captain Kelly Mitchell and junior Meghan Pauley also spanked Kathleen Clark and Kerry Akashian 6-2, 6-4 at second doubles.

Baseball drops to fourth place in division standings with two big losses

By Rick Harrison

The Andover High varsity baseball team suffered rare back-to-back losses last week, and suddenly finds itself in danger of slipping out of Merrimack Valley Conference Large School Division title contention.

The Golden Warriors dropped to fourth place in the six-team division, and entered the week 2 games behind first place Lowell following tough setbacks to Lowell (5-1) and Billerica (3-2).

AHS and Lowell were tied 1-1 entering the late innings of that game, before Andover faltered, and coach Ken Maglio's crew had a 2-0 lead in the bottom of the seventh - and final stanza before host Billerica rallied for its stunning triumph.

Strong pitching performances by Tom Clarke and Mark Langone were both wasted. The losses left Andover at 6-4 overall and 5-3 in MVC play, trailing division leader Lowell (7-0), Haverhill (6-2) and Central Catholic (5-2).

The locals could make up some valuable

ground this week, but things were not expected to get any easier when Andover battled Central at Merrimack College on Tuesday and hosted Small School Division leader Lawrence (8-1 record) yesterday.

Lowell 5 Andover 1

Big righthander Tom Clarke (3-3) deserved a better fate, pitching six strong innings before a series of bunts and Golden Warrior errors enabled the visitors to snap a 1-1 tie with one run in the fifth and three more in the sixth.

Lowell took a brief 1-0 lead in the top of the second when Scott Jaracz and Garrett Gillick singled, the pair pulled a double steal, and Jaracz raced home on a throwing error. AHS came back with an unearned run in the bottom half of the stanza, Captain Tom Gardner reaching on an error and scoring moments later on an overthrow of third base.

The rival defenses settled down until the fifth, when the defending Large School

Division champions loaded the bases on two walks sandwiched around a Dan Martin hit. Clarke got the next batter to hit a routine grounder, but when the ball was bobbled the eventual winning run scored.

The Golden Warriors threatened in the bottom of the inning, loading the bases on an error and singles by freshman Jason Caverly and Pete Daniels. The count went full on the next batter before he grounded out sharply to second base to end the bid.

Lowell added three insurance runs in the sixth on a single by Jaracz, bunt singles by Gillick and Mark Bryne (two strikes), an RBI infield out by Dave McNeil, suicide squeeze by Pat Sullivan, and a throwing error allowing Byrne to score as Sullivan stole second base.

Potential Andover rallies in the final two innings were blunted by double plays, the first started by winning pitcher John Morris and the second an around-the-horn 5-4-3 twin-killing to end the game.

Senior lefthander Morris (5-0) went the

distance on the mound for the Red Raiders, yielding five hits while fanning two and walking one. Clarke allowed seven singles, fanning three and walking four, while junior righthander Dana McCann worked a perfect 1-2-3 sixth inning in relief.

Daniels had a solid 2-for-2 afternoon at the plate while Tom Tanin, Nate Roberts and Caverly added one hit each.

Sophomore Brian Tisbert was a defensive standout at shortstop for Andover with six assists.

Billerica 3 Andover 2

Losses don't come much tougher or more frustrating than this one, Andover's third one-run setback of the season (Phillips Academy, Haverhill).

Despite squandering a number of opportunities, Andover sailed into the bottom of the seventh inning at Billerica with a 2-0 lead.

Junior righthander Mark Langone

(Continued on page 49)

Varsity baseball suffers tough back-to-back losses

whitewashed the Indians (4-7), who are in the midst of a rare off-season, for six innings to stretch his string of shutout stanzas to 17.

Billerica, having managed just four singles, rallied to win with three runs on three hits in the final stanza. The crushing blow was a two-out, two-run double by Glen Magnan to tie the game. The winning run crossed moments later on a wild pitch.

"I should have taken him (Langone) out sooner," said coach Maglio.

"But we never should have been in that position. We left 10 runners on base, botched a couple of suicide squeezes (foul balls) and had two runners thrown out at the plate. Andover also left the bases loaded in the sixth, and stranded runners at first and second in both the second and fifth frames. Winning pitcher Mike Cotta (2-0) survived with a Houdini-like performance, despite surrendering 12 hits including two doubles and a triple.

Langone (3-1) took the loss after yielding

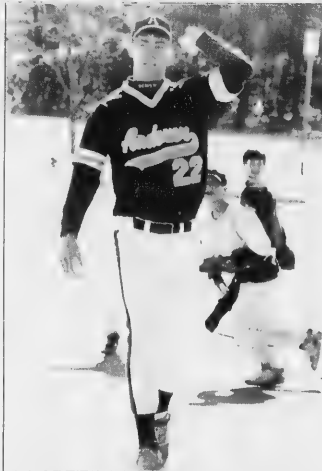


Photo by Lisa Adelsberger

Varsity baseball player Chris Brown throws out a ball at the recent baseball opening day celebration at Sanborn School. AHS varsity sluggers joined the elementary school youngsters in playing the national sport.

seven hits, walking three and whiffing four in 6 2/3 innings.

Andover inched ahead 1-0 in the second when Jason Caverly laced his third triple of the season and scored on Dana McCann's single. The Golden Warriors had their first runner gunned down at home in the third stanza, as he tried to score from first base on a hit-and-run single.

The second runner was nailed in the fifth, after AHS had moved ahead 2-0 on a Mike Maguire double, Brian Tisbert's bunt single and Pete Daniels' RBI infield out.

The fateful Billerica seventh opened

with a pinch-hit single by Tom Felton. The next batter popped out, but Mike Fell kept things alive with a looping single to right field. Things looked good for Andover's fourth shutout when Steve Moody was retired on a routine fly ball. But Glen Magnan then ripped a two-out double up the left-centerfield gap to tie the game.

"It was the only ball they hit well off Mark all afternoon," said coach Maglio.

Tim Darcey was intentionally walked, setting up a forceout at any base, but the strategy backfired when reliever Dana McCann walked Bob Nestor unintentionally to load the bases. Magnan scampered home with the winning run moments later on a wild pitch.

Pacing the Andover attack with two hits each were leadoff man Brian Tisbert, Caverly, McCann and Maguire, while solo safeties were added by Tom Tanin, Tom Gardner, Nate Roberts and Dana DiFiore.

Maguire, the defending MVC batting champion who hit over .500 last year, responded well to a shift in the batting order by ripping a double and single.

Injuries bruise Andover High softball team's record

(Continued from page 47)

missed opportunity.

Michelle Bergeron tossed a three-hit shutout for the Red Raiders, striking out eight and walking three.

Freshman Lynne Mazza, starting once again in the absence of Vanessa Blank, spaced eight Lowell hits and walked three.

Andover put runners at second and third base with no one out in the opening stanza, but Bergeron escaped the huge jam with a pair of timely strikeouts and a fly ball.

Emily Byrne put Lowell ahead with an RBI single in the bottom of the first. Bergeron keyed a three-run second frame with a two-run triple, and Deana Young capped the winners' attack with a bases-empty

home run in the sixth.

Andover managed three singles, one each by junior Sue Cookson, sophomore Michelle Crispo (bunt) and junior third baseman Elaine Licata.

Dracut 11 Andover 6

The visiting Middies broke the game open with five runs after two were out in the top of the sixth inning.

Andover, playing without both Vanessa Blank and senior catcher-shortstop Captain Aprille Canniff, never led but chipped away at an early deficit and trailed only 6-4 before Dracut's late rally.

Meghan "Skippy" Lynch paced the AHS offense with a long opposite-field RBI triple to right to rescue the first run.

Noelle Blank and Michelle Crispo added two hits each, while Elaine Licata played another strong defensive game at third base.

Freshman hurler Lynne Mazza deserved a better fate, but was victimized by some defensive indecision by Lady Warrior fielders at crucial times.

Freshman Daphne Page (1-0) was the winning pitcher for Dracut, while Kristen Ladebauche finished with three hits and two RBI and Page laced a two-run single.

Wilmington 14 Andover 0

The two-time defending State Division 2 champions (6-4), who struggled to an 8-7 victory over a healthier AHS team earlier this spring, put the game away early with a sev-

en-run explosion in the top of the second inning at the West Middle School Field.

The Lady Warriors managed only one hit off starting pitcher Kelly Landers (3-0), who worked the first four innings, and reliever Amy Curran.

Michelle Crispo led off the bottom of the first by slapping a single, and that was the only Andover safety.

Wilmington freshmen Melissa Mather and Catherine Townsend had three hits each, while Julie Gillis added a double, single and three RBI and Leanne Harris two singles.

Lynne Mazza and Noelle Blank split the pitching duties for Andover, whose defensive standouts included catcher Eileen Sweeney and third baseman Elaine Licata.

YOUTH SOCCER

The Andover Lasers soccer team defeated Hamilton-Wenham 5-2. Naveen Goela opened the scoring from a pass from Mike Kaczynski. Kyle Thomson ran on to a lead pass from Kevin Hess for the second goal. Josh Gagnon scored after a half-field carry and then fed Goela for goal four. Kaczynski finished the scoring on a direct kick from 22 yards.

Chris Morrissey controlled the keeper area and came up with several key saves. Alan Ginsberg, Charlie Gregory, Brendan Pytko, Sam Morrison and Ryan Slavin contained the H-W attack and started many offensive forays. Justin Pytko, Mike Murphy and Ryan Nelson played a strong transition game in the middle while Paul Davison and Dan Coleman had several good attempts up front.

Under 12 division Andover Rocks 2 - Hamilton-Wenham Vikings 1

The Andover Rocks opened the season with a 2-1 win at home against the Hamilton-Wenham Vikings. Whenever the Vikings mounted any threat, the midfield play of Diane Liu, Kate Hyde, Meghan O'Connell, Jessica Urbellus and Meri Rawlinson met the challenge and the defense of Lisa Tylus, Shannon Sweeney, Liz Little and Alice Gregory cleared the threat in the

Andover end. Katie Kramer scored on a penalty kick after Liz Sullivan was tripped in front of the Hamilton-Wenham net late in the first quarter. Allison Caffrey, Joie Sawyer, Kate Lombard, Kramer and Sullivan kept up good offensive pressure throughout the first half. The second half was played with strong defense from Urbellus, Kramer and Lombard and tough midfield work from Sweeney, Tylus, Sawyer and Little. O'Connell, Rawlinson, Gregory, Rachel Koffman and Allison Dexter continually pressed Hamilton-Wenham. Koffman slid a pass across the front of the goal to a closing Allison Caffrey for the second goal. Andover received good goaltending from Kate Hyde and Koffman.

Blaze 2 - Beverly Hurricanes 0

Kaitlyn Sarantos drove to the end line, turned and crossed the ball to the far side six-yard line. Katie Witman beat her marker to the cross and finished the play for a goal in the first minute of the game. Five minutes later, Lisa Tisbert took a weakly cleared ball and placed a long shot over the keeper. Compact team defense turned away all Hurricanes' attacks. Kaitlin Hill, Diana Petersen and Robin Young played a strong defensive game.

Booters of the week: Bridget Gomes, Kerry Nugent and Janice Chu.

Under 14 division

Andover Bolts 2 - Triton Wolverines 2

The Andover Bolts tied their season-opener against the Triton Wolverines 2-2 on April 8. Midway through the first half Leah Spires scored from a scramble in front of the Wolverines net, assisted by Michele Danis. Kristen Herlihy scored the second goal on a breakaway late in the first half. Great defense by Jill Nathan and Megan Bradley and great stops by goalie Betsy Demers in the second half helped the Bolts preserve the tie.

Andover Falcons 0-Danvers Explosions 0

Excellent goaltending by Vince Montalbano kept this game scoreless.

BOW: John Walker and Bobby Eckles.

Under 16 division

Andover United 2 - Saugus Strikers 1

After a scoreless first half in which Andover had three goals called back, Michael Monteiro scored on a feed-through pass from Stephen Scarpulla. Monteiro won the game on a perfect lead pass from Patrick Coleman with only two minutes left in the game. Goalies Michael Adams and Monteiro made several tough saves. Half-backs Matthew Aufiero, Daniel Kulp and Matthew Rogers and fullback Blake McCauley made great two-way efforts.

Under 12 Division

Diadoras 0 - Sambas 1

Claudia SoofHoo scored the Sambas' goal in the first quarter.

Booter of the week: Emily Lockhart, Angelina Rotsart, Jamie Huston (Diadoras); Rachel Hartman, Patricia DeLude and Melissa Raueo (Sambas).

Diadoras 1 - Umbros 0

Emily Lockhart scored the Diadoras' goal on a breakaway pass from Sara Nourse.

BOW: Kaitlin Pelletier, Amy Galluzzo and Molly Riemer (Diadoras).

Nikes 0 - Vans 0

Both teams were evenly matched with most of the action in midfield.

BOW: Heather Berquist, Lindsey Durkin and Lindsay Shaheen (Nikes).

LA Gears 4 - Adidas 2

Jennifer Kane scored the first two LA Gears' goals in the first quarter and set up Megan Cuneo for a goal in the third quarter. Christine Smaglia scored the fourth goal to clinch the game.

BOW: Bethany Upton, Carolyn Purcell and Laura Stone (LA Gears).

Diadora 0 - Mitres 0

The wind kept both teams running. BOW: Sara Noruse, Tracy Pelletier and

(Continued on page 51)

SPORTS DATES

Equipment night is Wednesday

The Andover Football Booster Association (AFBA) is sponsoring an equipment night, Wednesday, May 17, at the Andover High School cafeteria, from 7:30 - 10 p.m., to allow football players to purchase personal protective equipment at discount prices for the 1995 season from a manufacturer's representative of Riddell.

Samples will be displayed. All Andover football players are invited for a personal fitting for their own customized shoulder, hip, knee or other pads, neck rolls, etc. at substantial savings over retail prices.

Payment is expected that evening by cash or check. Equipment will arrive in four to six weeks.

For more information, call Candace Richter at 474-9292.

Hall of Fame nominations due

The deadline for submitting nominations for the Punchard/Andover High Athletic Hall of Fame is tomorrow, Friday, May 12, 1995.

Induction ceremonies for the hall are held once every three years, and the date for the next tri-annual induction will be released at a future time.

The purpose of the Hall of Fame is to recognize individuals whose accomplishments in the area of athletics were significant to their Andover team, school and community. Eligible candidates include individual players, coaches, administrators and teams. Nominated athletes must have graduated from either Punchard or Andover High, and must have demonstrated outstanding ability and sportsmanship while making a significant contribution to their team.

Coaches are to be judged on their performances in the development of individual and team success, and must have made a significant contribution toward promoting sound educational values.

Administrators should be nominated based on their long-term contributions to the school's athletic department. Team nominations should be limited to those with outstanding performances at the league, state, New England and national levels.

The Hall of Fame Committee may also elect to recognize an individual or individuals for extraordinary contribution to the athletic program. A maximum number of 10 people will be inducted at each ceremony.

Each candidate must have been graduated from Punchard/Andover for at least four years. To be inducted a candidate must receive 70 percent of the vote of the electors board.

The Hall of Fame committee is comprised of 10 people, all of whom serve on the electors board with five also serving as the executive board. With the exception of the athletic director, James Hurley, members of the committee must have been inducted into the Hall of Fame.

All nominations must be submitted to James Hurley, Athletic Director, 36 Bartlett St., Andover, Ma. 01810.

Andover fall soccer signup is this Saturday & Wednesday

Registration for the Andover Soccer Association's 1995 youth fall program is being held at the West Middle School cafeteria on Saturday, May 13, from 9 a.m. to 3 p.m.

A second signup is scheduled for Wednesday, May 17, from 7 to 9 p.m., at West Elementary School cafeteria.

The program is for youths born between Aug. 1, 1981, and July 31, 1989.

The fee is \$55 per player for travel teams and \$30 per player for in-town teams.

Fourth and subsequent players from the same family registered at the same time are free.

No child will be denied participation in the program due to inability to pay registration fee.

Please bring a check or cash, player's birth certificate if new to program, player's shirt and short sizes (travel team only) and player's social security number.

Parent or legal guardian must sign registration form at registration site.

Travel team members must bring small photograph for identification cards and sign ID cards.

Pony League tryouts are this Saturday

The Andover Blue and Gold Pony League summer baseball teams will hold their annual tryout session this Saturday, May 13, at the Andover High varsity field.

All 13-year-old candidates should report to the field at 1 p.m. for a two-hour tryout, while all 14- and 15-year-olds should report at 3 p.m. for a 90-minute tryout. If further sessions are required the date and time will be announced at the conclusion of the May 13 tryout.

All candidates, including those who played on either team last year, should report.

This year the Gold team will be coached by Charlie Long and Dan Grams.

The Blue team will be coached by Joe Iarobino, Kevin Rourke and Rick Peterson.

The two Andover teams are members of the Suburban Pony League, which also includes teams from North Andover, Methuen, Reading, North Reading, Wilmington, Lynnfield, Stoneham, Lowell, Medford and Winthrop.

The Andover teams have enjoyed outstanding success since joining the league more than one decade ago, combining to win numerous division titles and six league championships.



Strikers win under-10 indoor championship

The Andover Strikers were the under-10 girls indoor soccer second season champions at Soccer, Etc. The Strikers ended the second season with a 9-1-1 record and won the four-game tournament on March 26. They lost to Salem 1-0, and defeated Danvers 2-0, Marblehead 1-0 and Amesbury 2-0. In the team photo in no particular order, are Jackie Alexander, Melanie Burnett, Amanda Carlson, Jackie Collins, Melissa Carpentier, Ashley Faulk, Molly Klarman, Lindsay Mann, Jenny Muller, Megan Russell, Dailyn Tanner, Kaylan Tildsley, Brooke Torree and Coach David Klarman. Coach Tom Russo is missing from photo.

Little League results-week one

April 29
Red Sox 5 - Pirates 1
Braves 9 - Yankees 0
Indians 11 - Cubs 1
Mets 10 - Orioles 0
Giants 2 - White Sox 0
Cardinals 8 - Twins 3
May 1
Cardinals 12 - Cubs 10
Yankees 13 - White Sox 5
May 2
Indians 13 - Braves 3
Pirates 6 - Orioles 2
May 3
Yankees 10 - Cardinals 8
Mets 16 - White Sox 2
May 4
Giants 6 - Red Sox 3
May 5
Indians 10 - Mets 2
Orioles 5 - Braves 1
Pirates 9 - Yankees 3
May 6
Twins 9 - Giants 7
Red Sox 7 - Cardinals 3
Cubs 6 - White Sox 3

SPORTS BENEFITS

The Andover Fund for Education will sponsor its first annual Golf Classic at the Andover Country Club Monday, May 22.

The benefit tourney will raise funds for the AFE endowment.

Andover Fund for Education was established in 1991 to build an endowment that would be the source of grants for Andover public school projects beyond the scope of the annual school budget.

By enriching the existing curriculum, AFE grants enable classroom teachers to stimulate and sustain academic scholarship among Andover's youth.

The AFE is committed to excellence in public school education seeks to cultivate community support, initiating and expand-

ing the involvement of citizens and the business arena in Andover's elementary, middle and high schools.

The Golf Classic invites individual or four-some registrations (\$125 and \$500 respectively), and challenges local companies to sponsor a hole at \$250.

Format will be a four-person "Shotgun Scramble" with a 7:30 a.m. shotgun tee time (continental breakfast at 6:30).

Registration includes includes green fee, cart, prizes and lunch.

Among the prizes are a 1995 Buick LeSabre (courtesy of Woodworth Motors) for a hole-in-one, and a golf vacation for two at one of 12 Hilton golf resorts.

For more information about the Golf Classic, registration or corporate sponsor-

ship, call AFE golfers Bob Barry of Grey-birch Road at 682-7627 or Peter MacDonald of Ad King, Chestnut Green, at 975-0401.

A team of Andover all stars will play a benefit softball game against the Famous Faces Celebrity softball team Sunday, June 18, at 2 p.m. at Andover High School.

The game is a benefit for Andover Little League.

Members of the all-stars will consist of local dignitaries, Andover Little League officials and members of the Andover police and fire departments.

Special door prizes will be given between innings.

The Famous Faces Players will be available for autographs.

Everyone's favorite purple dinosaur will sign autographs for youngsters.

Net proceeds will be used toward the Little League's long-term plans of adding to and upgrading fields and equipment while keeping registration costs as low as possible.

The sponsors are inviting members of the professional and business community to be a part of this team effort by purchasing tickets or placing a sponsorship ad in the program guide that will be distributed free on game day.

The officers of the Andover Little League are John Fitzpatrick, president; Richard C. Allard, treasurer; James F. Johnson, police chief, and Harold F. Hayes, fire chief.

Youth Soccer

(Continued from page 49)

Maria DiChiappari (Diadoras).

Andover Rocks 2 - Beverly Scorpions 2

Katie Kramer, assisted by Meri Rawlinson and Meghan O'Connell, scored in the first half. The defense of Lisa Tylus, Kate Lombard, Jessica Urbellis and Joie Sawyer kept the score 1-0. The midfield play of Alice Gregory, Shannon Sweeney and Allie Dexter kept the Beverly offense from getting started.

Rawlinson scored in the second half, assisted by O'Connell. Andover had help from Brittany Loner, Lizzie Sullivan and Allison Caffrey before Beverly got its first score. Liz Little, Diane Liu, Rachel Koffman and Shannon Sweeney played solid defense. Kate Hyde and Koffman provided good goaltending.

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT THE PROBATE AND FAMILY COURT 36 Federal Street Salem, Ma 01970

Essex Division
Docket No. 95P 0950-EPI
Estate of **WALTER A. SHERRILL**, otherwise known as **WALTER ALVA SHERRILL** late of Andover in the County of Essex.

NOTICE

A petition has been presented in the above-captioned matter praying that a certain instrument be probated purporting to be the last will of said deceased by **ELWIN SYKES** of Andover in the County of Essex praying that she be appointed executrix thereof without giving a surety on her bond.

If you desire to object to the allowance of said petition, you or your attorney should file a written appearance in said Court at Salem on or before 10:00 in the forenoon on May 30, 1995.

In addition you should file a written statement of objections to the petition, giving specific grounds therefore, within thirty (30) days after the return day (or such other time as the Court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

Witness, Thaddeus Buczek, Esquire, First Justice of said Court at Salem, the twenty-seventh day of April in the year of our Lord one thousand nine hundred and ninety-five.

Julie Stiles Matuschak
Acting Register of Probate

May 11, 1995

Under 16 Division
Andover United 0 - Lynnfield Pioneers 3

Goalie Craig Powers made several key saves.

Special credit goes to halfbacks David Chapin and Robert Demers and fullbacks Patrick Coleman, Stephen Scarpulla and Brent Siniawski for their hard-driving relentless effort on defense.

Andover United 1 - Pentucket Dragons 3

Daniel Kulp scored Andover's goal on a penalty shot midway through the second half.

Local goalie Craig Powers made several outstanding and valuable saves.

Special credit for extra special effort goes to Andover forwards Patrick Coleman and David Nassiff, halfback Marc D'agostino and fullbacks Blake McCauley, Stephen Scarpulla and Brent Siniawski.

MORTGAGEE'S SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain mortgage given by Eugene L. Mainen and Barbara K. Mainen to Amoskeag Bank, dated January 19, 1987 and Recorded in the Essex County (Northern District) Registry of Deeds in Book 2410, Page 265, of which mortgage the undersigned is the present holder, for breach of conditions contained in said mortgage and for the purpose of foreclosing, the same will be sold at PUBLIC AUCTION on the mortgaged premises, known and numbered as 1 DEERFIELD WAY, ANDOVER, MASSACHUSETTS, on JUNE 13, 1995 AT 10:00 O'CLOCK A.M., being all and singular the premises described in said mortgage, to wit:

The land with the buildings thereon in Andover, Essex County, State of Massachusetts situated on the southwesterly side of High Plain Road and the westerly side of Deerfield Way and being shown as lot 1 on a "Subdivision and Acceptance Plan - Deerfield Way, Andover, Mass.," October 7, 1983, Andover Consultants, Inc., R. L. S., which plan is recorded at the North Essex Registry of Deeds as Plan #9356 and thus bounded:

1. Northeasterly by said High Plain Road, 196.43 feet;
2. Easterly by said Deerfield Way, 151.98 feet;
3. Southeasterly by lot 2 on said plan, 216.86 feet;
4. Westerly by land now or formerly of George Chongris, Trustee of Harry Loosigian, 395.18 feet.

Containing 43,560 square feet of land, more or less.

Said premises being the same premises conveyed to Eugene L. Mainen and Barbara K. Mainen by deed of Princeton Place Realty Trust, dated August 8, 1984 and recorded in Book 1849, Page 204, North Essex County Registry of Deeds.

The premises are to be sold subject to and with the benefit of all easements, covenants, restrictions, building and zoning laws, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession, existing encumbrances and all other claims in the nature of liens having priority over the mortgage, if any there be. The premises are to be sold subject to the right of redemption of the United States of America, if any there be.

The mortgagee reserves the right to postpone the sale to such subsequent time and date as the mortgagee may deem advisable by public proclamation at the time and date appointed for the sale.

TERMS OF SALE: A deposit of Ten Thousand (\$10,000.00) Dollars will be required to be paid in cash or by certified check or bank treasurer's or cashier's check by the purchaser at the time and place of sale as earnest money to be held at the option of the mortgagee as liquidated damages for any breach by the buyer. The balance is to be paid in cash or by certified check or bank treasurer's or cashier's check within thirty (30) days thereafter, at which time the deed shall be delivered.

Other terms, if any, to be announced at sale.

CME GROUP, LTD.
present holder of said mortgage
By its Attorney
Joseph E. Boulanger, Esq.
11 Chestnut Street
Andover, MA 01810
(508) 475-6505

May 11, 18 & 25, 1995

COMMONWEALTH OF MASSACHUSETTS LAND COURT DEPARTMENT OF THE TRIAL COURT (SEAL) Case No. 217515

To **Charles Leadingham**, Trustee of **Andover/19-21 Sterling Realty Trust** and to all persons entitled to the benefit of the Soldiers' and Sailors' Civil Relief Act of 1940 as amended: First Essex Bank, FSB, formerly known as First Essex Savings Bank claiming to be the holder of a mortgage covering real property in Andover, numbered 19-21 Sterling Street, given by Joseph M. Clementi and Thelma J. Clementi, Trustees of Dawn Realty Trust, to First Essex Savings Bank, now known as First Essex Bank, FSB, dated February 12, 1987, recorded with Essex County (Northern District) Registry of Deeds, Book 2430, Page 316, has filed with said court a complaint for authority to foreclose said mortgage in the manner following: by entry and possession and exercise of power of sale.

If you are entitled to the benefits of the Soldiers' and Sailors' Civil Relief Act of 1940 as amended and you object to such foreclosure you or your attorney should file a written appearance and answer in said court at Boston on or before the 19th day of June 1995, or you may be forever barred from claiming that such foreclosure is invalid under said act.

Witness, **ROBERT V. CAUCHON**, Chief Justice of said Court this 4th day of May 1995.

Charles W. Trombly, Jr.
Recorder
May 11, 1995

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT THE PROBATE AND FAMILY COURT

Essex Division
Docket No. 95P 0911-EPI
Estate of **KATHLEEN G. WHEELER**, otherwise known as **KATHLEEN G. LEPORE**, and **KATHLEEN G. LEPORE WHEELER** late of Andover in the County of Essex.

NOTICE

A petition has been presented in the above-captioned matter praying that a certain instrument be probated purporting to be the last will and codicil of said deceased by **ROBERT N. WHEELER** of Andover in the County of Essex, praying that he be appointed executor thereof, without giving a surety on his bond.

If you desire to object to the allowance of said petition, you or your attorney should file a written appearance in said Court at Salem on or before 10:00 in the forenoon on May 22, 1995.

In addition you should file a written statement of objections to the petition, giving specific grounds therefore, within thirty (30)

days after the return day (or such other time as the Court, on motion with notice to the petitioner, may allow) in accordance with Probate Rule 16.

Witness, Thaddeus Buczek, Esquire, First Justice of said Court at Salem, the twentieth day of April in the year of our Lord one thousand nine hundred and ninety-five.

Julie Stiles Matuschak
Acting Register of Probate
May 11, 1995

Recycle

SEARS 8H.P. RIDING lawn mower. Take to fix or for parts. Call 681-8403.

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Celebrate w/Black Tie Limousine. Includes dinner for two in Boston, 4 hrs. limousine service, complimentary champagne. Entire package \$179. 686-9990; 1-800-624-9990.

PARTY HELPER. Let us help you with your next party. We help set-up, clean-up, serve and much more. So enjoy your next party. Call Sue at 603-595-2642.

Novenas

PRAYER TO THE BLESSED VIRGIN. (never known to fail.) O most beautiful flower of Mount Carmel, fruitful vine, splendor of Heaven, Blessed Mother of the Son of God, Immaculate Virgin, assist me in my necessity. O star of the Sea, help me and show me here you are my mother. O Holy Mary, Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart to secure me in my necessity (make request). There are none that can withstand your power. O Mary conceived without sin, pray for us who have resorted to thee (3 times). Holy Mary, I place this cause in your hands (3 times). Say this prayer for 3 consecutive days and then you must publish and it will be granted to you. M.M.

THANK YOU GOD. Pray 9 Hail Marys for 9 days. Ask for 3 wishes; 1 involving business and 2 impossibilities. On the 9th day publish this article. Your wishes will be answered even though you may not believe it. D.L.

Alterations

ANDOVER TAILORING. Quality alterations. Men's, Women's and Children's. Call 475-1447. Tuesday-Friday, 8-5; Sat. 8-3.

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LOST: Lady's gold colored bracelet watch on Barnard Street (parking area) on 4/27/95. Please call 475-4415.

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CALLIGRAPHY WITH A CREATIVE TOUCH. DISTINCTIVE CALLIGRAPHY for addressed envelopes, place cards, certificates. **PERSONALIZED STATIONERY & GIFTS** for adults and children. **INVITATIONS:** wedding, bridal/baby showers, Christenings, birthday/anniversary, Bar/Bat Mitzvahs, Rehearsal dinner, Birth/engagement announcements. Exciting graduation invitations/ announcements. Album invitations discounted. Distinctive, Unique & Personally Designed especially for you. **THE WHITE PLACE** on the porch at 10 Essex Street, Andover. Tues.-Fri. 10:30-5:00; Sat. 10:30-4:00. 474-4645.

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THREE ANDOVER COLLEGE seniors looking for interior/exterior painting of homes, yard work and handyman jobs. No task too small. References. Please contact Mike 470-0917.

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WINDOW TREATMENTS AND PILLOWS made with your fabric to complement your lifestyle and decorations. Free estimates. Call Pat Vanderpot 508-459-0350.

DOWN THE YEARS

(Continued from page 33)

The Bowdoin pitchers were banged all over the lot, Greenway having two three-baggers, while a two-base hit was a common thing. Andover played a good fielding game while Bowdoin's work was miserable.

50 years ago

May 1945

Andover celebrated V-E Day on Tuesday with its traditional calm. In fact it turned out to be much quieter than Andover's average day. Mills and factories closed during the morning and the stores closed during the afternoon with even the drug stores closing before sundown. The operation of the liquor establishments was left in the hands of the Police Chief by the Selectmen, with the recommendation that if in his opinion the situation was getting out of control,

they be closed.

Don't miss it! The mighty 7th cavalcade gala war bond rally - see it with your own eyes. Captured German Mark 4 tank, captured German 50 mm field gun, PT boat engine cut-away to show working parts, new secret Air Force jet bomb, naval shells and other ordnance pieces and greatest booby trap exhibit yet assembled, at Andover Savings Bank.

25 years ago

May 1970

Between 500 and 600 students, mostly from Merrimack College, marched through Andover protesting the extension of the war into Cambodia. The march began on the Merrimack campus and proceeded over Elm Street, to Elm Square, to Central Street, to Abbot Academy,

down Main Street, finally ending at the bandstand in Memorial Park.

Students chanted, "One, two, three, four, we don't want to go to war, five, six, seven, eight, we don't want a Fascist state." The strike was designed to bring attention not only to President Nixon's order sending troops into Cambodia, but also to the killing of four students at Kent State University, Kent, Ohio, the day before.

Robert McQuade, 36 Gleason St., has been named director of the public works department by

Town Manager J. Maynard Austin, with the approval of the selectmen.

10 years ago

May 1985

Following a public hearing last Tuesday night on alleged violations at the Olympic Village subdivision off Woburn Street, the Planning Board ruled that no construction may resume at the site, where work was stopped nearly five weeks ago. According to physical planner Stephen Colyer, the board is waiting for

the developer to respond to the charge that they have gone beyond the bounds of the 1980 subdivision approval - for the fourth time.

Governor Michael Dukakis brought his traveling road show to Andover High to discuss and warn of the dangers of drug and alcohol abuse.

Bouncing beach balls will be absent from next month's high school graduation as students, administrators and faculty plan a more formal - and more controlled - ceremony that those of years past.

Golf outing benefits head-injured

Supportive Living Inc. has announced that Boston Bruins play-by-play broadcaster Dale Arnold will team up with the Woburn Host Lions Club to host a golf outing for the benefit of persons with traumatic brain injuries.

The event is scheduled for Monday, June 19, at Andover Country Club.

Proceeds will benefit Supportive Living Inc., a non-profit corporation formed in 1991 to create appropriate, life-long housing options for men and women who have suffered a traumatic brain injury. Warren House construction is scheduled to begin in the fall.

Starting time for the four-ball, shotgun format tournament is 1:30 p.m. A fee of \$140 per player includes greens fee, golf cart, golf balls, prizes, lunch and celebrity dinner. Cost for the dinner only is \$40.

A "Challenge Hole in One" wins a 1995 Buick LeSabre or a seven-night trip to Aruba.

Head trauma is the largest single cause of death of Americans under age 35. More than two million head injuries occur each year in the United States, or one every 15 seconds.

For more information, call Carroll Stephens at (617) 937-3199. Registration deadline is June 9.

Damn Yankees to be performed at Pike

The curtain goes up at 7:30 p.m. on Thursday, May 18, for the opening performance of *Damn Yankees* at Pike School.

This edited version of the Broadway show contains eight musical numbers and runs one hour. This play in two acts is a humorous view of baseball, man and woman, heaven and hell, and is being presented by Pike's ninth grade.

Performances are May 18 and Friday, May 19, at 8 p.m. at Pike School on Sunset Rock Road. Tickets are \$5 for adults and \$3 for students and may be purchased at the door.

To advertise in the school pages, call 475-1943.

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Mrs. Amore is dedicated to educating the public on how to preserve their hearing and deal with its loss. Clues that may indicate that you are a candidate for a hearing aid include:

- You find yourself asking peo-

ple to repeat themselves.

- People around you comment that you play the radio or TV too loudly.
- You have difficulty understanding some words.
- You have problems understanding on the telephone.
- You miss a word in a sentence and guess what that word may be. If you find that you have difficulty with any of the above indicators, you may call Mrs. Amore for a diagnostic hearing evaluation.

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BUSINESS PROFILES

Owner Lucy Bernardin

Victorian Treats

Victorian Treats' recent move to 68 Park Street affords owner Lucy Bernardin a more spacious location to display the exquisite and unique gifts with a Victorian theme - a perfect place to browse. Lucy has gathered a myriad collection of tempting treats for the palate as well as the eye.

The popularity of Lucy's hand made English Toffee is what prompted her to open this Victorian boutique. The selection of edibles has grown to include assorted gourmet foods, including tea related items. Mrs. Prindable's gigantic hand dipped apples, pretzels, Best Friends Cocoa, lemon curd, English preserves, chocolate covered spoons and

teasicles, to mention but a few of the tempting choices. There are scene mixes that can be made by just adding water.

An ever changing array of unique gifts and collectibles fill the boutique. Among the displays are old fashioned stuffed animals, imported and Victorian frameable greeting cards, keepsake books, ribbon by the yard (including hand dried silk), antique button Victorian jewelry (necklaces, earrings, bracelets) and rolled beeswax candles. Rose Brier bath salts and oils, uniquely packaged with freeze dried flowers floating in oil are a beautiful choice for Mother's Day. Limited edition collectible pottery, gift boxes and stationery from England are available.

There is a selection of party and wedding favors. Gift baskets with various themes are also on display. Many of the items are suitable for that different and unique hostess gift.

Handmade, one of a kind hats, blocked on antique wooden blocks are a delight to try on.

Victorian Treats is a browser's delight and Lucy Bernardin will be happy to show you new and interesting items that arrive weekly.

Victorian Treats is located at 68 Park Street, Andover. Hours are Tuesday through Saturday 10 a.m. to 5 p.m. and other times "by chance" or appointment. Telephone: 475-5051 Rosemary C. Bernal

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BUSINESS PROFILES



Herbalist Temna McMillan
Temna's Herb Pharm, Inc.

For the customers' convenience, **Temna's Herb Pharm, Inc.** has relocated to Old Andover Village in Andover. Owner Temna McMillan is an Herbalist who is dedicated to offering guidance and education. She believes that "You are what you eat" and that herbs and vitamins enhance the body's ability to function properly.

The ancient herbalist Hippocrates is considered to be the father of medicine. Centuries ago he is attributed as saying, "Let thy food be thy medicine and let thy medicine be thy food." Other studies strongly indicate that diet plays a major role in preventive health. Good eating habits promote healthy bodies. Herbs complement the diet and enhance good health.

Temna's Herb Pharm, Inc.'s primary

focus is herbs, nutrition, reflex therapy (massage of pressure points in the hands and feet that gives nature a chance to restore circulation, relax tension, normalize conditions and improve nerve and body supply), iridology (reveals strengths and weaknesses of body areas through fibers of the iris of the eye and suggests an alternate way of approaching health), vitamins and minerals. Temna states that diet is the major factor in health. Herbs and proper nutrition complement the diet to improve health and stamina.

Temna's now carries Aeon Skin Treatment, a totally new approach to healthier, younger looking skin care.

Free on-going educational classes are offered every Saturday from 11 to 2 p.m.

Other in depth courses are offered periodically on such topics as herology. National experts conduct these courses. Call Temna for further information.

Books, herbs in capsule or liquid form (bulk may be special ordered), massage accessories, reflexology shoes and ear cones are also carried at **Temna's Herb Pharm, Inc.** She carries traditional herbs as well as Chinese and Indian herbs.

Temna's Herb Pharm, Inc. is now located at 89 Main Street, Andover. Ample parking is available. Hours are 9:30 a.m. to 5 p.m. Monday through Friday, 9:30 to 2 p.m. on Saturday and by special appointment.

Telephone: (508) 470-3372.

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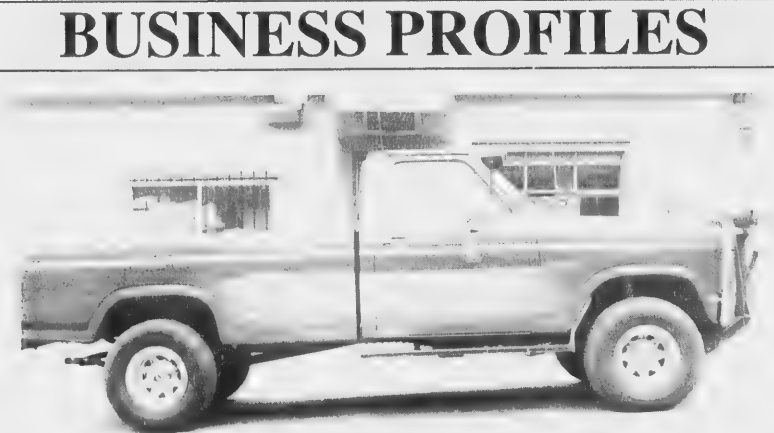
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New England may have had a mild winter but your car still needs care to prepare it for the demands of spring- and summer-time driving. Elm Street Automotive is the place to head to get your car in top shape for vacation travel and warm-weather commuting.

According to owner Ron Abraham, Elm Street Automotive is constantly updating their test and diagnostic equipment to meet the requirements of new cars. Customers can be assured that their foreign or domestic vehicles will be serviced by well-trained, experienced technicians using quality

parts. All repairs under the hood, including air conditioning systems, can be accommodated as well as routine tune-ups and preventative maintenance for all makes and models of cars and light trucks. Arrangements for body work and painting can also be made with Elm Street Automotive.

In case of emergency, Elm Street Automotive offers 24-hour towing and road service. Their fleet of towing vehicles includes a flat-bed truck. They are an AAA authorized repair facility for Andover. As an additional convenience for customers, pickup and deliv-

ery of vehicles can be arranged. MasterCard and Visa are accepted for payment.

Twenty-four years of service to the Andover community attests to the success of Elm Street Automotive. Satisfied customers keep returning for quality automotive care at reasonable prices which have been a tradition through the years.

Elm Street Automotive is located at 9 Lupine Road, Andover. Hours are Monday through Friday from 7 a.m. to 6 p.m. Telephone: (508) 475-5873.

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PROPERTY TRANSFERS

The following is a list of properties in Andover that sold from April 19 to May 1.

- 1 Richard A. Doppelt bought 2 Stafford Lane, Lot 70, for \$588,000 from North Andover Realty Corp. The mortgage is with Eastern Bank.
- 2 Chien Shiu-Lin Chou bought 22 Railroad St., Unit 302, for \$109,900 from Carol B. Yearwood.
- 3 John Vendola bought 20 Yardley Road, Lot 85, for \$291,000 from Joseph Capobianco. The mortgage is with Mortgage Network Inc.
- 4 K & H Nominee Realty Trust bought One Elm Square, Unit 1A-2, for \$97,000 from James G. Dizazzo.
- 5 K & H Nominee Realty Trust bought One Elm Square, Unit 1-C, for \$140,000 from James G. Dizazzo.
- 6 MacGrogan-Andover Trust bought 652 Brown St., Lot 1, for \$125,000 from Brown Street Trust.
- 7 Tremont Realty Trust bought Stoneybrook Circle, Lot 29, for \$160,000 from William Konstantinakis. The mortgage is with Creative Mortgage Concepts Defined Benefit Plan.

- 8 Nancy A. Atwood bought 60 Colonial Drive, Unit 60-C, for \$48,900 from Colonial Drive Corp. The mortgage is with GMAC Mortgage Corp. of PA.
- 9 Antonio C. Santos bought Colonial Drive, Unit A1-7, for \$65,900 from Colonial Drive Corp. The mortgage is with BayBank.
- 10 Terry Anderson bought 9 Sutherland St., Lot 45, for \$149,575 from Lincoln O. Clark. The mortgage is with Great Western Mortgage Corp.
- 11 William J. Marshall bought 50 High St., Unit 15, for \$139,000 from Thomas L. Dresser. The mortgage is with Prudential Home Mortgage Co. Inc.
- 12 Scott D. Flora bought Colonial Drive, Unit B5-1, for \$46,900 from Colonial Drive Corp. The mortgage is with GMAC Mortgage Corp. of PA.
- 13 Joanne Jawitz bought 49 William St., Lot 1, for \$339,000 from Michael T. Andrews. The mortgage is with Metro Mortgage Co. Inc.

- 14 Myron A. Tucker bought Farwood Drive, Lot A, for \$3,500 from Ethel A. Olsen.
- 15 Alan J. Kirk bought 156 Elm St. for \$247,250 from David Diresta. The mortgage is with BayBank.
- 16 Timothy M. Schau bought 7 River St., Lot 4, for \$165,000 from Jeffrey A. Smith. The mortgage is with Mortgage Network Inc.
- 17 Kathleen M. O'Brien bought 10 Foster Circle, Lot 3, for \$166,500 from John W. Filbin. The mortgage is with Andover Bank.
- 18 Anthony E. Turiano bought 8 Locke St. for \$478,000 from Frederick A. Putnam. The mortgage is with Andover Bank.
- 19 Robert W. Rizzo bought 16 Bal-moral St., Unit 114, for \$90,000 from Lawrence Rungren. The mortgage is with PNC Mortgage Corp. of America.
- 20 Mary F. Martin bought 4 Molly Road, Lot 2A, for \$365,000 from Daniel J. Sweeney. The mortgage is

with Chase Manhattan Personal Financial Services.

- 21 Mark E. Burns bought 3 Linda Road, Lot 20, for \$169,500 from Charles A. Pelz. The mortgage is with BayBank.

- 22 Francis J. Trombly Jr. bought 15 Stevens Circle, Lot 5, for \$375,000 from Joseph A. Grasso Jr. The mortgage is with Citizens Mortgage Corp.

- 23 Moira Prout Kelleher bought 15 Michaels Way, Unit 39, for \$200,000 from Francis J. Trombly Jr.

- 24 Henry A. Prussman IV bought 23 Center St. for \$200,000 from Henry A. Prussman. The mortgage is with BayBank.

- 25 George D. Ellis, Jr. bought 4 Anderson Circle, Lot 2, for \$459,900 from LB Getty Corp. The mortgage is with Assurance Mortgage Corp. of America.

Source: Essex County Registry of Deeds, Laurence branch.

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RESIDENTIAL WINDOW CLEANING. We also do replacement windows, reglazing, sash cords, interior and exterior painting. Owner is on site. 15% Senior discount. F&M Cleaning 508-372-2992.

Cleaning Services

A COMPLETE CLEAN. The ultimate in house cleaning. Specializing in servicing those with the highest level of expectations and demand immaculate results. Please call 508-851-8933.

A COMPLETE MOTHER'S DAY SPECIAL. J & L CLEANING. Commercial and residential. Reasonable rates. Call Jean at 1-603-425-7903.

A FAMILY ASSISTANT/HOUSE CLEANER Experienced, reliable, professional provides top quality services. Customized to meet your needs. Housecleaning, laundry, errands etc. Kathy 508-851-8231.

ANDOVER HOUSE-CLEANER available. Dependable, reliable. Four years experience. Excellent references. Call Chris 470-2498.

BEST CLEANING - Top to bottom cleaning GUARANTEED! Weekly, bi-weekly, monthly. Fully insured. Excellent references. Reasonable rates. Serving the Andovers for 8 years. 508-441-2144.

CARPET CLEANING Steam clean \$14.95 per room. No hidden cost. Insured. Call 683-8156.

CLEAN HOMES my specialty. Will clean to meet your needs. Reasonable rates and references. Please call 475-0152.

CLEANER IMAGE cleaning services offering quality office and residential cleaning at reasonable rates. Fully insured. Call 508-640-0195.

HONEST, RELIABLE AND THOROUGH. I provide all cleaning products and tools. Free estimates. References available. Call Taylor 475-1552.

CLEAN AS A THISTLE! Let me clean your home with my Scottish touch! Good at organizing! Reliable, responsible and honest lasses! Excellent references furnished. Same clients for 6-1/2 years. Fiona 508-663-7891.

HOUSE CLEANING. Professional, experienced woman. Excellent references. Please call after 3pm. 508-851-2176.

HOUSE CLEANING: I am affordable, honest and dependable. Will provide references. Call Sherri at 508-521-3918.

HOUSE/CONDO CLEANING. Reasonable rates. Excellent Andover references. Call Diane 681-7701.

HOUSECLEANER. Experienced, faithful, trustworthy woman is ready to clean your home. End of week openings. Call Donna 508-372-8662.

JULIE'S SERVICES. four years in the Andovers. Excellent references and excellent work. I'll make it shine! Please call Julie. 508-663-7891.

MATURE, METICULOUS HOUSECLEANER looking for clients to service approximately 2 hour appointments. Bi-weekly, weekly. Flat or hourly rates. References. 794-3893.

MERRY MAIDS - Custom home cleaning - professional service. Dusting, vacuuming, kitchen/bath clean up. 16 local offices. Bonded and insured. Free estimates. 508-658-5197.

NEAT AND CLEAN SERVICE. Houses and small businesses. Affordable prices. Senior rates available. We clean it ALL. ALL WORK GUARANTEED. Call Patty G. at 508-749-7172.

PONY EXPRESS CLEANING Company. No job too big or small. Commercial and residential cleaning weekly, biweekly, monthly, one time major jobs. Free estimates. Chelmsford 508-251-7712.

SUSAN'S HOME CLEANING. Mature woman with many years cleaning experience and references has an opening for new customer. Call 685-4523.

THE DUST CATCHER. Weekly, monthly or just that special occasion clean when you don't have the time. Bathrooms and kitchens are our specialty. 508-372-7328.

UPHOLSTERY CLEANING. Sofa and chair \$50. No hidden costs. Insured. Call 683-8156.

Equipment Repair Service

LAWN MOWER/SMALL ENGINE MECHANIC. Excellent rates. Spring tune-up special \$29.95 includes parts, labor, sharpen blades and overall inspection. Free pick-up and delivery. Call Mike 475-3712.

Landscaping

ANDOVER'S FINEST TREE & LANDSCAPING. Spring cleanups. Accepting new customers. Fully insured. Call 474-0661.

ATTENTION

Spring Clean-ups. New lawns: seed/sod, retaining walls, backhoe work, roto-tilling. Free estimates. 508-937-1795.

BAY STATE PROPERTY MAINTENANCE offering spring cleanups, shrub trimming, weekly grass-mowing, lawn thatching, slice seeding, all types of tree work, landscaping and irrigation. Call 688-1663.

BILL'S ROTOTILLING Get your garden ready for summer. Reasonable rates. Quality work. 686-1808.

BRIAN HURTON LANDSCAPING. Weekly lawn maintenance, Spring cleanups. Free estimates. Call 508-774-4717.

CRL LANDSCAPING - Spring cleanups, plantings, trimming, bark mulch, and weekly lawn maintenance. Serving the Andovers 687-8687. Free Estimates.

GARDENS BY ELLEN. Landscape Design and Construction. Fine Perennial Gardens: Design, Installation, Maintenance. Ellen Sweeney 686-7712.

GREENSCAPES- Garden Design, Installation, Maintenance, Conservation. Stanley Arno 617-438-7529. "The English Gardener."

HART LANDSCAPE AND TRUCKING. Specializing in new lawns. Rototilling lawns and gardens. Loam \$13/yard with 10 yard minimum. Bark mulch, sand, gravel and stone. Cow manure. Firewood. Bernie 508-663-6121.

JAY'S LAWN CARE spring clean-ups, bark mulch, lawn cutting and more. Excellent rates: Call 686-3708.

KMA CONTRACTORS Sitework, Landscaping, Home, Improvement, Tree Service, Lot Clearing. Call 508-687-8939.

LAWN CUTTING, trimming bushes, thatching lawn, bark mulch, spring cleanup, fall cleanup up. Ted's Groundskeeping. 685-2589.

JOEY'S LANDSCAPING. Lawn maintenance, Cleanups, Shrub Trimming, Planting. Call 975-1167.

NORTHEAST LAND MANAGEMENT: Complete tree and landscape contractor. Slump removal. Fall clean-up. Lawn maintenance. Free estimates. 508-934-9378.

PINE TREE LANDSCAPING. Complete Lawn & Shrub Maintenance. Weekly Lawn Care. Lawn & Shrub Fertilizing. Shrub Pruning. Free estimates. 475-2202.

RALPH'S LANDSCAPE SERVICE. 9 years professional service. Now taking new customers for Spring Cleanup and Lawn Care. 682-3872.

RUBINO LANDSCAPING. Complete lawn and shrub maintenance. Quality, dependable service with low prices. Lawn mowing, cleanups, mulch, dethatching, seeding, fertilization, etc. Licensed and insured. Free estimates. Call 683-4104.

SCHEDULE NOW FOR SPRING CLEANUPS Free lawn cut for new weekly customers. Lawn installation/maintenance, fertilization, bark mulching, shrub trimming. Loam \$10 per yard. Accurate Landscaping 681-9323.

SPRING CLEAN UPS, lawn dethatching, new lawns, lawn mowing, fertilize programs, barkmulching, shrub trimming, planting & design. Free Estimates. 475-2824.

SPRING HAS SPRUNG! Help your lawn spring into action with a core aeration. Free estimate and information. Call Rich at AERATIONS PLUS 508-691-5608.

Help Wanted

REGISTERED NURSE- 20 hours per week for triage and policies implementation in school setting. 2-3 years experience/BSL certification, strong knowledge base of immunization schedules/state regulations. Send current resume to: The Pike School, Sunset Rock Road, Andover, MA 01810, ATTN: Jackie Connor.

SALESPERSON

Vision Computer Remarketers Inc. is engaged in the business of selling and servicing computers and related products. We are seeking an experienced salesperson to join our sales team in Woburn. What makes a salesperson with Vision successful?

1. They treat our customers like gold. (70% of our resumes come from customers and referrals).
2. They are organized and possess good follow up

skills. (We pride ourselves on getting back with answers).
3. They are good listeners (a customer will tell you what they want if you demonstrate interest and willingness to listen).
If this sounds like you, give me a call at 617-935-5332 and ask for Jeff.

WANTED: Part time receptionist (with possibility for full time) for busy veterinarian practice. Will need mornings and evenings. Must be flexible. Experience preferred but will train the right person. Please contact Diana or Michelle at Bulger Animal Hospital 682-9905.

Publications

\$1000 WEEKLY stuffing envelopes at home. Free supplies/information. Send self addressed stamped envelope to: Impressions, Dept. 55, P.O. Box 1504, Midland, MI 48641

POSTAL JOBS. Start \$11.41/hr. For exam and application info call 219-769-8301 Ext. MA520. 9am-9pm, Sunday-Friday

Work Wanted

MOTHER'S HELPER AVAILABLE Middle school student, Girl Scout certified babysitter. After school hours and part-time summer. Call 470-8531.

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Prestigious local companies are currently seeking temporary receptionists experience on single position switchboards. Extraordinary opportunity to work in highly visible environment.

Call
Becky Mathis at 617-937-0111 or Marilyn Weene at 508-663-5378, or come to our offices at 7 Alfred St., Woburn or 790 Boston Rd., Billerica to apply.

NETWORK PERSONNEL

A Pro Staff Company

HELP WANTED**MAC SKILLS**

Microsoft Word, Powerpoint. Excel skills needed immediately, combined with excellent secretarial background. Long term assignments in the Greater Lowell and Lawrence areas. Some may go permanent.

Call **Becky Mathis at 617-937-0111 or Marilyn Weene at 508-663-5378**, or come to our offices at 7 Alfred St., Woburn or 790 Boston Rd., Billerica to apply.

NETWORK PERSONNEL

A Pro Staff Company

HELP WANTED**Help Wanted
Our Town 1995**

"Our Town" is a Selectman-sponsored summer employment program designed to provide young adults the opportunity to work on a variety of town improvement projects. These projects will include the cleaning, repair, upkeep, and beautification of town parks, recreation sites or other town properties.

Funding has been made available for approximately 20 positions. If you are interested in applying for an "Our Town" summer job, you may pick up an application form from your guidance department, principal's office, the Town's Personnel Office, or the Department of Community Services. You may also call 470-3800 x 408 and request an application be sent to you. Applications should be returned to the address below.

Our Town Summer Employment Program
c/o Personnel Office
36 Bartlet Street
Andover, MA 01810

Completed applications must be returned to the Town's Personnel Office by **Friday, June 2, 1995.**

A lottery will be held to select applications for these positions on Wednesday, June 7, at 7 p.m. in the third floor conference room of the Town Office building.

**Business Opportunities**

BUSINESS FOR SALE. Courier and Airport Service, 15 years in business. Good turnkey operation. Great potential. \$115,000. 794-9654.

OWN YOUR OWN apparel or shoe store, choose: jeans/sportswear, bridal, lingerie, westernwear, ladies, men's, large sizes, infant/preteen, petite, dancewear/aerobic, maternity, or accessories store. Over 2000 name brands. \$25,900-\$37,900: inventory, training, fixtures, grand opening, etc. Can open 15 days. Mr. Loughlin 1-612-888-6555.

WORK AT HOME - Build a steady \$2-5K monthly income within 12 months distributing wild, organic products. Part time to start, no inventory. Requires enthusiastic outlook. Call 1-800-927-2527 ext. 3945.

Animals & Pets

AVAILABLE FOR DOGSITTING. My home or yours. Call 475-8735.

FAT CAT LOOKING for a new home. Prefer quiet couple or single person. Jerry is an indoor cat with all his shots. Declawed and neutered. 475-1842 ask for Mary.

TWO MALE HAMSTERS 4 months old. Cage, bedding, etc. \$20/each or \$35/both. Call 603-434-3615 or 603-434-5565.

Articles for Sale

ATTENTION CARPENTERS, HOME REMODELERS. For Sale New Cherry kitchen cabinet doors and drawer fronts. Miss-It, cannot use. Best offer 508-749-3693.

ATTENTION TRADESMEN!

40ft. extension ladder, aluminum, type 2, commercial use. Practically new. \$175 Call Frank 475-0875.

BIANCHI SPORT, RACING, touring bike. Model Sport SX, celeste green-12 speed, full Shimano Exage sport components. Computer, water bottle, gear bag. Bought new 1992/93 used 5-6 times. New condition. Best offer around \$400- ask for Ro days 617-628-2950; eves and weekends 475-3294.

CUISINE EXPERT kitchen cabinets. All white, European design. Cabinets still in original shipping crates, builders plans available for review. Paid \$3000; asking \$2500. 475-7546.

LES MIS, BOSTON. Two orchestra seats, May 25th. \$130. Call 475-7078.

DISPLAY SALE: Make an offer! Custom 72x84 cherry Shaker hutch; Corian 72" Bone counter with sink; Gaggenau oven and more! Call Andover Kitchen & Bath 470-0565.

FOUR WHITE RATTAN chairs with cushions \$200. Mint condition. Wicker chair and cane rocker \$50/each. Woman's golf clubs with bag \$50. Excellent condition. 475-2491.

GRANDMA'S SEWING MACHINE with seat \$100. Formica kitchen table \$50. Six chairs \$10/each or all six \$25. Hardwood bedroom bureau \$40. Call 508-664-0338.

KENMORE 6 cu.ft freezer \$75. DP stationary bike \$50. Craftsman self-propelled lawn mower \$150. Call 470-4519.

MOVING SALE. Like new items. Bedroom, futon sofa bed, desk, 26" refrigerator with icemaker, plants. Call evenings and weekends 475-4699.

NEW CARPETS. Installer has access to several thousand yards StainMaster carpet. You can carpet your livingroom and hall for \$295. Price includes carpet, 1/2" pad, based on 30sq.yds. Installation available. Also, Berber commercial carpets. Call John 689-8613.

HELP WANTED**EXTRAORDINARY
GROWTH IS
BECOMING
ORDINARY HERE.**

With over 300 employees currently in place - and 500+ anticipated by the end of 1995 - NBG Services is almost accustomed to extraordinary growth. From Cambridge, to Lincoln, to our latest state-of-the-art location in Andover, to our soon-to-open office in Westborough, the

growing demand from Fortune 500 clients for our professional services has meant unprecedented success for us. And for you, it means more unmatched opportunities for earnings, flexible hours, growth and advancement in an extremely professional environment. We can offer you all the tools you need to succeed - whether you're a parent, student, motivated professional, or are looking to re-enter the workplace. And whether you join us on a full or part-

time basis, we offer you a supportive, fast-paced work environment - and a proven track record of extraordinary success - that is anything but ordinary.

NBG now offers part-time employees participation opportunities in our health and dental benefit plans!

CALL CENTER REPRESENTATIVES

Flexible PT or FT schedules.
Average PT annual earnings: \$10,000-\$16,000 or more!
Average FT annual earnings: \$20,000-\$42,000 or more!

We offer convenient locations in beautiful office environments, all interconnected by our own wide area networks and sophisticated communications software. Find out more about our comprehensive benefits, competitive salaries and unequalled potential for advancement. **Call our Recruiting Department at 1-800-491-4NBG (1-800-491-4624) right away.** We are an Equal Opportunity Employer M/F/D/V.

NBG Services
Leadership in Telemarketing

OFFICE CHAIRS AND metal desks. Cash and Carry. 410-525. Call 475-4477.

PIANO. Yamaha baby grand. High gloss ebony. Perfect condition. \$5,000. 975-2186.

POOL HEATER. Teledyne Laars Mark V, gas fired. Asking \$200 or best offer. Call 475-3386.

RALEIGH 10 SPEED bike. Never ridden! \$95. 470-0883 or 682-2006.

TAN AND WHITE SOFA and pine glass-top coffee table. \$250-\$200. Call 475-6602.

TEAK WOOD, 3 piece set, hutch and matching entertainment center. \$3995. Together or separate. Negotiable. 508-664-0338.

THEY DON'T BUILD them like this anymore! 6ft. sofa, classic print fabric in off-white background. Good condition. \$85. Call 475-2878.

UPRIGHT FREEZER. Good condition. \$50. Call 475-7362.

WHITE G.E. PROFILE refrigerator, 2 years old. \$675. Maytag electric dryer, white, good condition. \$100. Call 470-4672.

Firewood/Fuels

FIREWOOD. Cut, split and delivered. Call 470-1328.

Wanted to Buy

ALWAYS BUYING anything old. Antiques, furniture, clocks, jewelry. Free appraisals. Dick 688-6804.

ANTIQUÉ DOLLS and old Barbies and accessories. Cash paid. Call Lisa at 975-5257.

ANTIQUES - Anything old. Marbletop, Walnut, Grape and Rose Carved Furniture, Glass, China, Silver, Jewelry, Clocks, Prints, Frames, Guns, Coins, Furniture, Etc. William F. Graham, Jr. 420 Water Street, Haverhill, Mass. Tel. 508-374-8031, will call to look.

MCDONALD TOYS 10c each; G.I. Joe's 25c each. Other toys in good condition. Call Rita 475-0287.

Garage Sales

AWESOME YARD SALE. Saturday 5/13, 9am-2pm. 27 Summer Street. Cash only. Large collection: antique furniture, china, rugs, linens, glassware, designer & children's clothing, toy collections, etc. Dealers welcome.

DON'T GIVE AWAY any of your yard sale items. I'll appraise and help you price all for \$25. Spend \$25 and make hundreds more! Call Mr. Yardsale (Dick) 688-6804.

FLEA MARKET. United Presbyterian Women will hold a flea market at the church, 96 East Haverhill Street, Lawrence, on Saturday May 13th from 8am-2pm. A snackbar will be available throughout the day. Tables are still available for \$15.00 and may be reserved by call the church 682-8176.

GARAGE SALE. Saturday 5/13, 8am-2pm. 18 Canterbury Street, Andover. Unique collection of Tavern mirrors, beer steins, water pitchers plus an eclectic mix of (junkie).

GARAGE SALE. Saturday 5/13, 8am-2pm. Household items, books, clothing, dishes, furniture. 3 Paulinette Circle, Andover (off Beacon near West Elementary School).

GIANT YARD SALE. Saturday 5/13, 8am. rain or shine, 19 Carisbrooke St., Andover. (Shawheen Village). Some antiques.

HUGE MULTI-FAMILY YARD SALE. Saturday 5/13, Sunday 5/14, 8am-1pm. 10 Haggitts Pond Road, Andover. Children's items, housewares, clothes, etc. Rain Date 5/20

MULTI-FAMILY YARD SALE. Saturday, 5/13, 8am-12pm. 8 Coolidge Road, (Elm to Cheever to Coolidge). Infant and children's clothes, toys, bikes, antique desk, bookcase and many household items

SATURDAY 5/13, 9:30AM. Corner Torr and Phillips Streets. 50th Anniversary, we're cleaning the attic! Mahogany campaign chest, mahogany bookcase, two tall bookcases, English oak refectory table, set Arabia china, antique linens and textiles, wing chair, art, prints, painting, oriental items and rugs, books, pedestal desk, matchbox cars, porcelain, lamps, golf clubs, home gym, weights, more! Rain date 5/20, 9:30am

MULTI-FAMILY YARD SALE. Saturday 5/13, 8am-2pm. 60 Spring Grove Road/70 Porter Road. Kitchen set, day bed, bicycles, household items, clothes, sporting goods and more.

MULTI-FAMILY YARD SALE. Saturday 5/13, 8am-1pm. Stratford Road, Andover. Tikes coup, F.P., Tikes and assorted toys, children's equipment, clothing and miscellaneous.

MULTI-FAMILY YARD SALE. Saturday 5/13, 9am-1pm. 9 Argyle Street, Andover. Something for everyone! Clothing, books, housewares, lamps and much more.

RAIN OR SHINE YARD SALE! Saturday 5/13, 8am-1pm. Furniture and more! Something for everyone! 131 Chandler Road. (Past fire station and Little League field).

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\$29.00 per yd. PICKED UP

SAME DAY DELIVERY

3-5 yds. \$33.00 per yard

6-9 yds. \$32.00 per yard

10 or more yds. \$31.00 per yard

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\$15.00 per yd. DELIVERED

(3 yd. min.)

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Garage Sales

TWO FAMILY- Saturday 5/13, 9am, 17 Wildwood Road, Andover. Old dishes, depression glass, pictures, paperback books, furniture, toys, family bikes. Rain or shine.

YARD SALE- Antique furniture, children's toys, books, books, books. Saturday 5/13, 9am-3pm, 29 Summer Street, Andover.

YARD SALE- MOVING and need to lighten the load. Saturday 5/13, 9am-3pm, 59 Gould Road, Andover.

YARD SALE- Saturday 5/13 and Sunday 5/14, 8:30am-3:30pm, 1 Woodhaven Drive, (off Juniper. Rain dates 5/20, 5/21. Something for everyone!

YARD SALE- Saturday 5/13, 8:30am-2pm, 18 Fleming Ave. (off Haverhill Street). Little Tikes, Fisher Price, toys, sets of dishes, furniture, 6x9 mauve rug, miscellaneous.

YARD SALE- Saturday 5/13, 9am-4pm, 172 River Road, Andover. Boy's and adults clothes, furniture and more.

YARD SALE- Saturday 5/13. Rain date Sunday 5/14, 9am-4pm. 44 & 48 Chestnut Street, Andover (across from Park). Collectibles and household.

Wanted Real Estate

HOUSE WANTED: Fit-it upper in nice area. Fair price. Call 474-4328.

QUALIFIED PROFESSIONAL COUPLE looking to buy 4-bedroom Colonial house in Andover. Price range: \$275-\$375k. Call 470-8980.

Houses for Sale

AFFORDABLE LUXURY. Relax, renew, rejuvenate in custom 3 bedroom colonial on 1.5+ beautifully wooded acres in Londonderry, N.H. Sunny, open-concept interior. Handcrafted granite fireplace, family-sized therapeutic spa, 14'x25' gourmet kitchen 25 minutes from Andover, 50 minutes from Boston \$157,900. 474-0647.

WANTED: WASHINGTON PARK CONDO. Two bed, room, (not in brick three story). Cash buyer/move at your convenience. Avoid brokers fee. 470-0232.

Condos for Sale

ANDOVER Large, sunny, 2 bedroom condo for sale. For more information please call 475-7586.

Mortgagee's Real Estate Auction!

Prime Strip Mall
Known as Keri Plaza

To be sold on the premises

174 Dascomb Road and 1699 Shawsheen Street
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Tuesday, May 16 at 1 p.m.

- Located off Rte. 93 N at Exit 42
- Attractive tenant mix
- 16,500[±] sq. ft. interior space
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- L-shaped single-story concrete bldg.
- 2.05 $\pm$ acre lot

Terms of Sale: A deposit of Twenty Thousand (\$20,000.00) Dollars will be required to be paid in cash or by bank or certified check (subject to collection) at the time and place of sale as earned money. Balance within 30 days. Other terms to be announced at the sale.

Mortgagee's Attorney: Gordon H. Piper, Esq., Goodwin, Procter & Hoar, Exchange Place, Boston, MA 02109.



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ANDOVER Hunter's Ridge spacious cape-style condo. First floor master suite, custom fireplace kitchen/family room, two car attached garage, air, security walk-out basement. \$375,000. Brokers welcome. 475-5541.

ANDOVER- family cul-de-sac. Georgian split. Eat-in kitchen, hardwood floors, 4 bedrooms, 2-1/2 baths, 2 decks-patio, 4 season sunroom, 1.1 wooded lot, spacious views. Prime Bancroft neighborhood \$255,999 BY OWNER 474-9394.

ANDOVER- good location, walk to town and transportation, two family, 5 rooms per unit. Hardwood floors, porches, 2 car garage. Principals only. Call 475-0253.

BEST DEAL IN ANDOVER! Beautiful house on large lot. Excellent location near town center, Phillips Academy, Merrimack College and convenient to highways. 8 rooms, 3-4 bedrooms, 2.5 baths, 2 car garage, inground pool. Owner relocating. Priced to sell at \$279,900. Call for appointment 470-0683.



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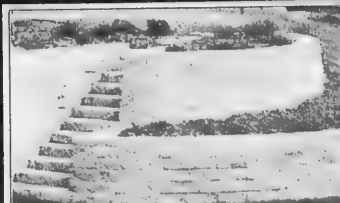
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~ Serving the Andovers ~

NORTH ANDOVER. Contemporary ranch, 8 rooms, 4 bedrooms, 2-1/2 baths, whirlpool master, great setting. Handicap, inlaw or home office potential. \$289,900. Also, new construction from \$299,900. Owner/builder. 508-794-8401.

POND VIEW TOWN. HOUSE at Hunter's Ridge. Beautifully appointed six room Royal Barry Mills town house. Corner unit boasts two large second floor bedrooms, whirlpool tub, fireplace, balcony overlooking pond, garage, first floor den/office, hardwood floors, tiled open foyer, full walk out basement to patio, tranquil setting. For sale BY OWNERS, principals only. \$269,900. Call 474-8963.

THREE BEDROOM RANCH. Pike/Phillips area. OPEN HOUSE: Sunday 1-4 or call 474-4328. 5 Lantern Road, Andover. \$259,000.

Condos for Rent

NORTH ANDOVER MEADOWVIEW 2 bedroom. Balcony, tennis court. \$650/month. Call David 508-937-4421.

Houses for Rent

ANDOVER - Intown three bedroom, 1-1/2 bath, custom kitchen, 6 rooms, completely renovated, off-street parking, no smoking. \$1265/mo. 470-0818; 470-8582.

ANDOVER. 7 rooms, 3 bedrooms, 1-1/2 baths, modern kitchen, full basement, conveniently located in family neighborhood. \$1575/month. Call 617-566-2502.

ANDOVER. Available August 1st, 1995 (Extended Ranch), includes 3 bedrooms, 1 bath, 7 room house, one finished room in basement. Fenced in back yard. Great neighborhood. Near routes 495 & 93. Call Diane or Ed at 617-647-1964. \$1400/mo. +utilities.

ANDOVER. intown six room Colonial with garage, stove, refrigerator, washer/dryer hookups. \$1000 per month plus utilities. 475-9598.

NEWLY REMODELED attractive expanded Cape for rent only for July. Close to town, furnished, 3 bedrooms, 3-1/2 baths, screened porch. No pets. \$1500/month. 474-4794.

NORTH ANDOVER. 11 room young Colonial in family neighborhood. No

pets, 2 year lease preferred. \$2500/month plus utilities. Call Linda Cutter ext. 119. Re/Max Preferred 800-462-7913; 508-686-6300.

Apartments for Rent

ANDOVER. small one bedroom, downtown. Off-street parking, no utilities. Available 6/1/95. \$475/mo. Call 475-5710.

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~HOME SWEET HOME~ Mother's Day Specials

New hip roof colonial in one of No. Andover's most sought after subdivisions. This home features 4 bedrooms, 2.5 baths. As a special for Mother's Day, Builder will install central vac. at no cost. Won't last. Call Johanna for details (508) 629-0393.



An extra gift for Mom! This affordable new Gannon colonial in Andover features front to back living room and dining room. Wonderful eat-in kitchen, fireplace in family room. 3 bedrooms, 1.5 baths, one car garage in front of Mother's Day. Buyer will give \$3,500 towards extras. Call this for \$189,900. HURRY! Call Johanna for details. 508-629-0393.



Mom will love the privacy this unique colonial offers. Situated on a beautiful lot surrounded by wooded area. Front to back living room and master bedroom. Hardwood floors in the living room and dining room, pine floors in family room. \$269,900. Call Johanna for details (508) 629-0393.

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Home Of The Week

ANDOVER



Walk to school location is setting for this 9 room Colonial on large wooded lot w/ attached garage! ...Reduced to \$269,900
Call Jeannette x114

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MORTGAGEE'S FORECLOSURE AUCTION

REF. #95-886

FRIDAY, MAY 12, 1995 AT 10:00 & 11:00 A.M.

on the premises

230 Chickering Road., Unit 5, (a.k.a. Unit 230CH-5), NO. ANDOVER, MA AT 10:00
59-61 Farrwood Ave., Unit 10, (a.k.a. Unit 61FW-10), NO. ANDOVER, MA AT 11:00
- 2 UNITS TO BE SOLD INDIVIDUALLY -

McCLAUGHLIN & COMPANY has been ordered to sell at Mortgagee's Foreclosure Auction these 2 Garden style units. Each of these units offers 4 rooms, 2 bedrooms, and 1 bath. Unit 5, 230 Chickering has 650 sq. ft. of gross living area, and Unit 10, 59-61 Farrwood Ave. offers 750 sq. ft. of gross living area.

TERMS: A deposit of Five Thousand (\$5,000.00) Dollars per unit to be paid in cash, bank treasurer's or certified check at the time and place of the sale. Balance due within (30) days at the office of the Mortgagee's Attorney: Stanley S. Freedman, Esq., Law Offices of Mark P. Harmon, 27 Needham St., Newton Highlands, MA.

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ANDOVER



PENDALTON ESTATES - \$649,900

6000+ sq. ft. ranch, marble, oak, 2 jacuzzis, 2 master suites, heated garages, cul-de-sac, central air. (Best in town!!!)

ANDOVER



PENDALTON ESTATES - \$549,900

6500+ sq. ft. cape. 7 bedrooms, central air, heated garage (in-home workshop magnificent!!!)

ANDOVER



PENDALTON ESTATES - \$469,900

4000+ sq. ft. open foyer, inground pool, manicured grounds, great room off master suite a must see. (Best in town!!!)

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\$189,500 includes 6 ACRES WITH VIEWS



Bed & Breakfast approved (4 guest rooms)

A dream of a property. Great old Victorian farmhouse includes 6 scenic acres in the Lakes Region, NH. Only 1 hour from Andover, walking distance to one of NH's finest prep schools, less than 3 miles to 193 and the new outlet mall stores (63). This real estate has incredible potential for family home, in-home business, retire or resort. 12 rooms include 4 baths (1 to finish), owners suite (incomplete), winding porch, beautiful grounds, 3 stall barn and garage. Owner decorator will complete renovations. **\$245,000** or as is **\$189,500**.

(470-8755) or 688-8391



Village
at
Brickett Hill

Discover
Andover's
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Secret



Join your neighbors who have already found these luxury townhomes and are now residents. Quality built by one of Andover's premier developers - Yvon Cormier.

Two and three bedroom townhomes with fireplace, cathedral ceilings, whirlpool tub, central air-conditioning, garage, pool, tennis courts and club house.

The Village offers 3 elegantly styled townhouses and a ranch-type end unit, all set on 44 tranquil, wooded acres in one of the lovely, rural areas of North Haverhill.

Please visit our furnished models from 11 a.m. - 5 p.m., Wednesday through Monday or call 372-9023 for an appointment. Priced from \$179,000 to \$139,900.

Marketed by:



Directions: 495 N to Exit 51A, Main St., 1/2 mile to left on Marsh Ave. At stop sign, go straight on North Ave. past Haverhill Country Club to Village at Brickett Hill.

Apartments for Rent

ANDOVER LINE Attractive, spacious, sunny, 2 bedrooms+, hardwood, clean, quiet area. Renovated, new windows, hookups, off street parking. \$575/mo. 617-424-9060.

ANDOVER- Convenient to center, rail and bus. Upstairs/downstairs, 2 bedroom, off-street parking for one car, shared washer and dryer. No pets. Available on/about 6/1. \$650/month plus utilities. 508-256-1893.

ANDOVER- Intown bright and sunny 2 bedroom apartment with parking. \$675/month, no utilities. No pets. Call 475-9100; 475-0033.

ANDOVER- Intown one bedroom. Modern bath, parking. \$655/month. Call 475-0073.

ANDOVER- new townhouse. Central air, 1-1/2 baths, first floor laundry, fireplace living room, hardwood floors. \$1400/month. Call 475-8644.

ANDOVER- One bedroom apartment, downtown. Parking. No pets, no utilities. \$575/month. Call 475-5710.

ANDOVER- charming two bedroom apartment in owner occupied antique colonial home. Driveway, attic storage, washer/dryer hookups. Available 5/1. \$725/mo. Call 475-7157.

ANDOVER- spacious 1 and 2 bedroom apartments complete with pool, tennis courts, hiking trails, clubhouse, on-site dry cleaning service and much more. Open daily 10am-6 p.m. From \$735. Also short term corporate suites available. Riverview Commons 508-685-0552. Corcoran Management Company. Equal Housing Opportunity.

ANDOVER- one bedroom apartment. Walk to center, off-street parking. No utilities/pets. Security deposit. Available immediately. \$575/month. Available immediately, new one bedrooms \$650/mo. 508-851-8776.

ANDOVER- Sunny two bedroom. Hardwood floors, washer/dryer. \$775/mo. Call 475-4834.

ANDOVER- 1 bedroom apartments, walk to square, bus, train and shopping. \$525/mo. No utilities. Available 6/1/95. Call 508-664-5547.

ANDOVER/LAWRENCE LINE 2 bedroom. Wall/wall, dishwasher, off-street parking, basement storage and sunporch. \$575/month with heat. Call 683-0799.

ANDOVER/LAWRENCE LINE, close to highways. One and two bedroom apartments. Immediate occupancy. Call 681-1800.

BEST VALUE! TWO bedroom, 2 bath, lavish interior, inhome washer/dryer, gourmet kitchen, fitness center, clubhouse and more. Convenient to Routes 93, 128, and 495. 975-1001.

BRADFORD- Large, elegant one bedroom in vine covered brick Victorian overlooking Bradford Common. Two fireplaces, wide pine floors, washer/dryer, wall/wall, parking. No pets. \$595/mo. 508-373-2253.

BRADFORD- Sunny one bedroom plus den. Eat-in kitchen, parking. \$525/mo. Available 6/15/95. Call 508-373-0787.

NORTH ANDOVER Three bedroom apartment close to downtown and Library. Off-street parking, quiet neighborhood. \$1125 per month. Call 617-441-2869.

ANDOVER



SPACIOUS 11-room brickfront colonial on family cul-de-sac in Sanborn School district. Hardwood floors throughout, updated kitchen has granite counters. Lots of amenities including central air, central vac. security system and sprinkler system. Beautiful landscaping surrounds a heated gunite pool and spa, and large custom built playground. Second staircase to large activities/playroom with ample closet space. Town sewer, gas & water. For sale by owner.

By appointment only. (508) 474-0882 \$549,900

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SOUTH LAWRENCE- large Victorian, 2nd floor of owner occupied home. Five rooms, fireplace, quiet area. Includes appliances, all utilities and garage. \$695/month. **687-3792.**

WEST ANDOVER-TEWKSBURY LINE
Large studio, first floor, 3 rooms, 1 bedroom. Appliances, yard, parking. No utilities/pets. \$600/mo. Call **689-4479.**

Roommates Wanted

ANDOVER Professional male seeks same. \$425/mo. includes utilities. Call **475-8735.**

HOUSEMATE WANTED. Sunny bedroom available in Victorian house. Five minute walk from Andover center. Laundry facility and parking. \$300/month includes utilities. Student welcome. **475-8273** after 7pm

NORTH ANDOVER 2 bedroom condo. Quiet, private, pool, tennis. Looking for responsible professional person. \$430/month includes all. Call **682-3724.**

PROFESSIONAL PERSON (non-smoker) to share large, scenic townhouse with water view in Pleasant Valley, Methuen. Close to 495. Pool and tennis court included. Must be seen to be appreciated. \$450/month plus 1/2 utilities. Call and leave message **688-5272.**

PROFESSIONAL WOMAN, non-smoker, seeking 1-F/M to share 2 bedroom, 1-1/2 bath, spacious townhouse. Off-street parking. Indian Ridge area- Tewksbury/Andover line. \$375/mo. plus 1/2 utilities, 1 month security. Call Lee **640-9709** (home).

Rooms for Rent

ANDOVER INTOWN, furnished single room, maid service, parking. \$80/week. **475-0073.**

ANDOVER, LARGE FURNISHED ROOM in private home. Perfect for professional. \$85/week includes continental breakfast. Call for details. **475-6376.**

ANDOVER- Furnished/unfurnished sunny rooms, 13x17, 13x12. Parking. Many extras. Non-smoking. near Merrimack College. Call **681-8844.**

Wanted to Rent

ANDOVER 4 bedroom home. 1-2 year lease. Possible lease/purchase. References. **474-4306.**

Storage Space

ANDOVER SELF STORAGE heated storage units, 25sq.ft. and up. High security with low monthly rates. **975-3933**

Resort Places for Rent

A PERFECT VACATION Milton, NH, 1-1/4 hours from Andover. Beautiful 4 bedroom summer home on 1 acre lakefront, private. \$1000 weekly, utilities included. **475-7045.**

J.B.

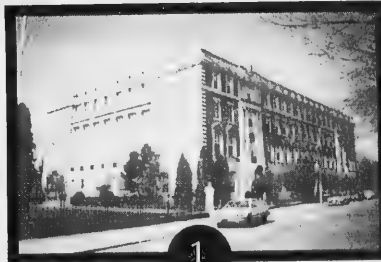
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1 JUST LISTED! CONVENIENT TO EVERYTHING! "New York Style" Condo in historic Shawshien. Located on the Boston bus line and features 3 rooms, 1 bedroom, and 1 bath. Great price at **\$69,900**



1

2 JUST LISTED! MODERN DUPLEX with 2 bedrooms, 1 1/2 baths, large eat-in kitchen, and living room on each side. Basement storage is available in both units, as well as laundry hookups. Off street parking and yard area for recreation. **\$169,900**



2

3 JUST LISTED! LOVE AT FIRST SIGHT! Light & bright throughout, this end unit at Abbot Pond features cabinet-packed kitchen, bright dining room w/ arched door, opens to private deck overlooking duck pond, 2 spacious BRs and great FR on lower level w/ built-in bookcase. **SANDHORN SCHOOL DISTRICT \$179,900**



3

4 ANDOVER'S BEST BUY! Close to town with 3 bedrooms, 2 full baths, hardwood floors, fireplace family room, 1 car garage, and a private back yard for recreation. Great price! **\$189,900**



4

5 ANDOVER'S BEST KEPT SECRET! Come home to the quiet of oaks, pines and privacy! This lovely home features 4 bedrooms, 2 full baths and wonderful artist's studio or large workshop. Rear deck and screen house overlook nature's paradise. **\$239,900**



5

6 METICULOUS 1 BEDROOM HOME WITH IN-TOWN LOCATION. central air and beautiful hardwood floors. Dining room with bow windows, fabulous kitchen with oak cabinets, fireplace family room, corian in bath, 3 season porch. Quality home. **\$279,900**



6

7 ONE OF ANDOVER'S FINEST LOCATIONS. Just a short walk from Sunset Rock Reservation, this home combines custom quality & character with the ease of "one floor living." Just a few of the features are a bright country kitchen with hardwood floors, ceramic tile & fireplace & an expansive yard - perfect for recreation. **\$364,900**



7

8 VISIT WYNWOOD'S FIELD-STONE MEADOWS. View the dramatic 2-story towers, breathtaking walls of glass, master bedroom suites fit for royalty. Wynwood offers a blend of old fashioned craftsmanship and today's technology. **\$658,000-\$885,000** or let Wynwood custom build the home of your dreams. Come and discover why a Wynwood home is the Standard for Quality.



8





Millions of dollars, thousands of agents, hundreds of offices across eight states. All working to bring buyers and sellers together.



NO. ANDOVER - Affordable! Wonderful 2 bedroom Town House with hardwood floors, 1.5 baths, like-new appliances, private courtyard, finished lower level office or playroom! **\$79,900**



ANDOVER - Luxurious! Spacious corner unit with extra windows, 2 bedrooms, 2 baths, move-in condition, private patio/yard. Fitness & party rooms, great in-town location. **\$105,900**



ANDOVER - Immaculate! Beautifully decorated Colonial loaded with charm! Fireplace front-to-back LR, formal DR, 4 corner BRs. Extra large private in-town lot. **\$179,900**



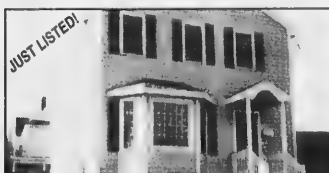
ANDOVER - In-town lifestyle! Stroll to restaurants, shops and library from this delightful, up-dated 4 BR Colonial. Sunporch overlooks priv low maintenance yd & 2 car garage! **\$182,500**



ANDOVER - Nature lovers! Unique Ranch on over 2 acres abutting Harold Parker. Pine cathedral ceiling FR w sliders to 4 tier deck, lower level has slider to covered patio. **\$209,900**



NO. ANDOVER - Freshly painted! Contemporary Colonial w gorgeous fp cathedral ceiling FR off new kitchen, 4 BRs, 2.5 baths, jacuzzi, fp LR, big deck overlooks private yd w pool. **\$254,900**



NO. ANDOVER - To be built! Contemporary Colonial at a fantastic price! Tile foyer, fireplace living room, cathedral ceiling MBR, atrium doors from DR to deck. **\$159,900**



NO. READING - New 6 lot subdivision! 1-3 acre lots just over the Andover line. Quality 2 x 6 construction, Andersen windows, cedar siding, fp, hwdw flrs, 2.5 baths, 2 car gar. **\$294,500 and up**



NO. ANDOVER - Dramatic open foyer! 4 BR Colonial loaded with extras! Vaulted ceiling master bedroom with fp and whirlpool. Cathedral ceiling FR, over 3100 sq. ft. **\$349,900**



NO. ANDOVER - Exquisite! Tastefully decorated 4 BR Colonial in impeccable condition! Flowing floor plan, gleaming hwdw floors, neutral decor, prime location. **\$389,500**



Jean Fitzgerald



Pam Lebowitz



Patricia Aparian



Rosalie Blais



Lisa Farnola



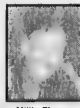
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Resort Places for Rent

CAPE COD DENNIS-PORT Immaculate 2 bedroom house, porch, deck, cable T.V., quiet area. No pets. \$550/week. Call to see pictures. **474-0892**

CAPE COD *
MYRTLE BEACH *
DISNEY WORLD *
N.H. White Mountain condo rentals. Call **508-765-1787** after 5pm.

COASTAL MAINE Exclusive Bideford Pool. Three room apartment in Colonial beachhouse. Deck, 300 yards to private beach. \$375/weekly. July and August. **475-0871**

HAMPTON BEACH- 2, 3 and 4 bedrooms, Jacuzzi, 2 car parking, minute walk to beach. Call **685-9789**.

HILTON HEAD DISCOUNT RENTALS
1 bedroom-6 bedroom Ocean Condos and Homes. Call toll-free for brochure **1-800-445-8664**.

LUXURY TOWNHOUSE with jacuzzi in the Mount Washington area. Only 3 miles from Altash. Sleeps six people. Available weekends or by the week. **470-0105**

NEWFOUND LAKE, N.H. two bedroom cottage and townhouse. Private sandy beach, boat ramp and cable. \$450/week each. Call **685-7191**.

PENOBSCOT BAY ME. Beautiful 3BR Victorian Cottage in Bayside (Yankee Mag). Near Camden, Bar Harbor, Acadia National Park. Walk to beach, swim, boat, golf, fish. June/August and September available. \$525/week. **475-6356**

VINEYARD BARGAIN- Two bedroom house. Sliders, privacy, deck, color tv, 3 miles to beach/town, 5/1 to 10/7. \$300-\$650/week. **508-263-1437**

WATERVILLE VALLEY- Spacious 3 bedroom, 2 bath ski house. Sleeps 10. Bar, amenities, woodstove, two TVs, vcr. Jim **681-0998**

YORK BEACH MAINE Cozy 2 bedroom cottage, ocean view, 100yds. to beach. Available by month or week, 5/28-10/15. Close to many attractions, shops and fine restaurants. Cable hookup. Off-season rates available on request. Business **1-603-893-2223**; Home **1-603-432-5532**.

Land Wanted

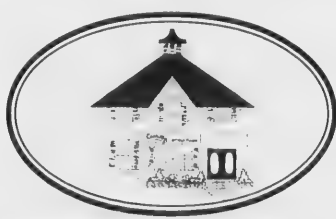
QUALIFIED COUPLE LOOKING to purchase one acre land in Andover. Call **470-8980**.

Land for Sale

ANDOVER CC LAST lot \$220,000; 3.8 acre Harold Parker area \$249,900; North Andover several subdivisions starting \$115,000. Call Lillian Montalto. Re/Max Preferred **686-5300 ext. 110**.

ANDOVER, NORTH- Executive area, 2.4 acre wooded lot. Perc, permits and ready to go. \$155,000. Call **685-3664**.

Century 21
Carriage House



**10 High Street
Andover
475-1243
688-4868**

ANDOVER- Cloverfield Estate. 1 to 2-1/2 acre lots, executive subdivision. Most abutting conservation. Each lot has minimum of 180' frontage. Owner 686-7984.

Office Space for Rent

ANDOVER CENTER, 3 room office suite. Convenient location, with off street parking. 686-1111.

ANDOVER CENTER OFFICE/RETAIL space. Singles and suites. Various sizes. Main Street. Excellent locations. Call 475-8732.

GEORGETOWN OFFICE SPACE active retail and professional center minutes from 195, 495 and 133. 508-352-8557.

INDIVIDUAL OFFICES with telephone answering and support services. Convenient Route 114 location in North Andover. OFFICE SUITES AT JEFFERSON PARK 685-5440.

NORTH ANDOVER- first floor, handicapped accessible. 800 sq.ft. easy access to 125 and Main Street. Suitable professional use only. \$550/mo. Call David C-21 Hunt 508-937-4421.

NORTH ANDOVER- unusually nice office space. Two offices 10x11 and 16x19. Phone system, shared kitchenette, restrooms, parking. Heat and a/c included. \$395/month. Call Mr. Mansfield 687-4550.

PRESTIGIOUS SPACE architecturally historic building, approximately 1250 sq.ft., two floors, near highways, on bus. Good storage, parking. 470-3131; 458-4686; 470-0459.

PRIVATE OFFICE- Furnished and staffed. Includes reception and phone answering services \$350. Rte. 38 near 495. 508-858-0637.

Office Space for Sale

NORTH ANDOVER OFFICE CONDOS for sale or lease. 1080sq.ft. to 1650sq.ft. Rent \$895/mo. \$69,900. Flagship R.E. 686-2111.

Commercial - Retail

PACIFIC MILLS - multi-tenanted industrial complex warehouse/manufacturing space. Easy access to 495, 93, 114 and 28. Elevators, loading, first floor, high power, high stud. All sizes, 3,000-74,000 sq. ft. Very attractive lease rates. 686-4191.

Boats & Accessories

ATA BAYLINER- 215 Cape PRI Bowrider 230 h.p. OMC engine, 21ft. \$9000. Call 508-256-3794.

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JUST LISTED!



Lots of living space and extras galore can be found in this fabulous 9+ room Colonial located in a wonderful family area. Skylit cathedral ceilings, master with Jacuzzi and incredible finished lower level are just some of the outstanding features of this home. Enjoy the super "L" shaped pool!

Exclusive \$459,500

JUST LISTED!



Classic 14 room New England Colonial, circa 1870, features original period detailing such as exposed beams, wide pine floors and inviting fireplaces. A 5 bedroom, 3 bath interior plus private fenced-in lawn just minutes from Route 93 and Sanborn School make this an ideal choice. Three room income apartment.

Exclusive \$315,000

JUST LISTED!



Stunning 5 bedroom, 3 1/2 bath Colonial with open feeling is beautifully sited on a wooded acre with pond views. Meticulously maintained throughout, it features a master with fireplace and a huge bath with spa. From the soaring foyer to the finished living space on third floor, this home is not to be missed!

Exclusive \$379,900

NEW PRICE!



Convenience to both town and highways for commuting ease is just one of the features to be found in this 10 room Cape/ranch. A spacious interior provides 4-5 bedrooms and an oversized living room. Delightful screen porch with back yard views.

Exclusive \$259,900



Original architectural detailing is blended with contemporary additions in this charming 11 room Colonial. Ideally located near town, playground and commuting routes, this lovely home offers a finished lower level with private entrance and 2 car garage.

Exclusive \$249,900



The best of classic New England and the comforts of today are skillfully blended in this antique home. Set on nearly 2 acres in a choice area, it offers 5 bedrooms, 2 stairways, extensive closet space and a well-equipped kitchen.

Exclusive \$355,000



Pride of ownership is displayed throughout this stately 11 room home, surrounded by gorgeous grounds in a desirable family area. Offering lots of space for comfortable family living, it includes an expansive finished lower level as well as a tastefully completed third floor.

Exclusive \$469,900



This delightful duplex, located near town playground and Boston commuter train, provides a wonderful opportunity for owner. Each side has 2 bedrooms plus den, and nice fenced-in yard. Call for more details on this charming turn-of-the-century home.

Exclusive \$194,500



Enjoy the serenity of this cul-de-sac site, while maintaining easy access to highways in this gracious and tasteful 10 room Colonial. Its well planned and spacious interior is impeccably decorated and abounds with many striking features.

Exclusive \$439,900



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NEW EXCLUSIVE - Well-kept gambrel colonial with freshly painted interior of 9 rooms, newly varnished wood floors, replacement windows and enclosed porch set on nearly 2 acres. Three room barn too! \$179,900



ANDOVER

GREAT APPEAL! - Set on a private lot in an established neighborhood this 4 bedroom cape boasts a charming fireplace in both dining room and living room plus a comfortable screened porch for relaxing on summer nights. Great location near library, town center, schools and shops. \$265,000



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NORTH ANDOVER

NEW EXCLUSIVE - Modified contemporary in the desirable library area with updated kitchen and baths, fireplaced living room and new deck with flagstone patio in a pretty backyard. Newly finished lower level has its own private entrance. Easy access to schools, town center and highways. \$240,000



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CONTEMPORARY COLONIAL - Quality built 9 room home in prime neighborhood. Sun room/game room off kitchen and family room leading to three decks which overlook wooded yard. Lovely master suite with fireplace and loads of extras like central air and vac, security system and state-of-the-art heating system. \$379,900
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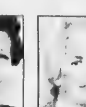
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NEW LISTING!



ANDOVER - Magnificent views from deck of pristine light and airy six year young country club Colonial. Impeccable attention to detail inside and out! Nine rooms, 3.5 baths, gourmet kitchen, two fireplaces, step down living room and lovely large manicured lot. **\$597,000**

NEW LISTING!



NORTH ANDOVER - Wonderful two bedroom Townhouse. Large rooms, family room, basement, extra storage, private patio, newer kitchen, floors, and carpet. Tastefully decorated. Pool. Near highways. **\$85,900**

NEW LISTING!



ANDOVER - Available today! Quiet cul-de-sac location ideal for growing families. Open foyer, formal dining room, living room with fireplace, eat-in kitchen. Central air conditioning and master suite plus three bedrooms. Seller to pay \$1800 towards closing costs. **\$339,000**

NEW LISTING!



ANDOVER - Custom built and beautifully maintained four bedroom split located at end of cul-de-sac in desirable area. Hardwood floors, plaster walls, security system, updated heating system and baths. Curb appeal plus. An excellent value and priced to sell! **\$214,900**



ANDOVER - Well cared for custom Garrison in lovely neighborhood. Lighted basketball court, in-ground pool & privacy make this a wonderful home for the growing family. Breezeway and 2 car attached garage with loft studded and ready to be finished. **\$292,550**



ANDOVER - Andover Country Club Estates - spectacular family home. Fireplaced family room off kitchen with oversized deck overlooking magnificent in-ground pool with gazebo. Newly completed master bath with whirlpool, cathedral ceilings and balcony with view of pool area. **\$519,900**



ANDOVER - Totally updated outside unit facing south. Gleaming hardwood floors and wall to wall. Updated solid wood paneled doors and baseboard molding. Additional exterior wall insulation—quiet. Freshly painted walls & ceilings. **\$69,900**



ANDOVER - Spacious two family Victorian. Close to town and transportation. Three bedrooms, 1,300 sq. ft. each side. High ceilings, large walk-up attic. **\$217,500**



ANDOVER - Three year old Colonial. Close to town. Large light oak kitchen with sliders to deck overlooking level lot abutting woods. Fireplaced family room, eat-in kitchen. Walk-up attic for easy storage. **\$234,000**



ANDOVER - Beautiful Center Entrance Colonial conveniently located on child-safe cul-de-sac. Gervais cabinet kitchen with walk out deck. Large dining room with wainscoting. Vaulted ceiling in great room and master bedroom. Walk-up attic. Exceptional value! **\$329,900**



NORTH ANDOVER - Enjoy living in a charming seven room Victorian home with updated heating and electrical. Beautiful oak cabinet kitchen, tin ceilings, tall windows and located just a short walk from downtown. **\$159,900**



NORTH ANDOVER - Large Center Entrance Colonial with finished third floor, fireplaced family room, enclosed porch and lovely treed acre lot. Home is conveniently located to Olde Center. **\$251,900**

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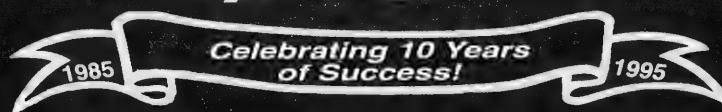


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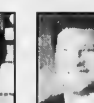
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NORTH ANDOVER



PICK OF THE LITTER. The best corner unit in the best building at Meadowview has 2 bedrooms, and is in mint condition, pool and tennis.
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ANDOVER



BEST DEAL IN TOWN. A starter home with rent to help with the mortgage. 2 bedrooms upstairs and a private yard. Don't rent anymore.
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WALK TO TOWN from this adorable 3/4 bedroom Cape style home on dead-end street. Detached garage, great fenced-in play yard.
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RELAX—HERE IT IS! Quality 3 bedroom Contemporary with cathedral ceilings nestled in a private low maintenance wooded setting. The spacious sun-filled open concept living room and dining room, with new Berber carpeting, is designed for flexibility in furnishings. Multi glass sliders open onto a wrap-around deck. The bright kitchen boasts new ceramic tile flooring with additional deck access.
CALL ELKE KAPPELER X123.....\$239,900

NORTH ANDOVER



PRISTINE SALTBOX COLONIAL beautifully sited on 4 wooded acres in pretty country setting. 8 rooms with appealing neutral decor, including four bedrooms, nice deck off kitchen, plus convenient first floor laundry and half bath. A dynamite house at a dynamite price!!\$254,000
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NORTH ANDOVER



INVITING! Irresistible!! Stunning!! And Best Of All Available NOW!! 10 rooms, bright, cheerful and airy Colonial in convenient, sought after location. Brick patio, deck, 2 family rooms, magnificent yard, alarm, hardwood, lots of extras!
CALL CARLA POLIZZOTTI BURNS TODAY X112.....\$267,500

ANDOVER



LOVELY 8 ROOM, 4 bedroom Colonial on cul-de-sac close to town. Spacious family room with fireplace. Large kitchen, top-of-the-line kitchen appliances. Finished lower level.
CALL NORMA HYDER X127.....\$269,900

ANDOVER



LAKES & HIKING TRAILS of Harold Parker State Forest abut this 10 room Ranch. Fireplaced living room, dining room with sliders to deck, new kitchen, 3/4 bedrooms, fireplaced family room, play room, game room. Bancroft School!
CALL LILLIAN MONTALTO X110.....\$299,900

NORTH ANDOVER



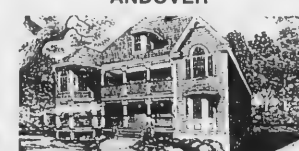
CENTER HALL COLONIAL reflects pride of ownership throughout. The new white eat-in kitchen with center island, Corian countertops and gleaming hardwood floors, opens to deck where you can enjoy peaceful sunsets over Scott's pond. Family room boasts vaulted ceiling, brick fireplace and new carpeting. Wonderful family neighborhood.
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NEW CONSTRUCTION. Immediate occupancy. Open foyer oversized Colonial, spectacular gourmet kitchen, amenities throughout including central air, beautifully set in Cloverfield Estates.
CALL SUE PAPALIA X126.....\$449,900

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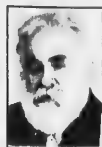


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WALK TO TOWN CAPE! This warm & inviting home features hardwood floors throughout, fireplace living room, 1st floor bedroom, huge 27' master bedroom, charming porch and more on a lovely lot convenient to everything!

\$149,900



FAMILY SIZED COLONIAL with private au pair or in-law suite! Open & bright home with big eat-in kitchen, cathedral ceiling family room with brick fireplace, screened porch, four big picture windows, beautiful woodwork, and terrific location at the end of a wonderful family cul-de-sac!

\$294,900



SOUGHT AFTER MARBLERIDGE NEIGHBORHOOD! The home you've been looking for—magnificent Royal Barry Wills Cape on over 1 1/2 acres of manicured grounds! Over 3,000 sq. ft. of living space, spacious living room, fireplace dining room, 2 story master bedroom with cathedral ceiling, loft room, whirlpool tub and 3 sets of palladian doors to fabulous deck, 3 full baths, central air, brick patio, 2 car garage. Features go on and on!

\$379,000

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NORTH ANDOVER



IF YOU WOULD RATHER PLAY TENNIS & swim, than paint & shovel snow, check out this fresh & appealing 2nd floor, 2 bedroom Condo with beautifully maintained grounds in an unbeatable location!

\$52,900



POPULAR ABBOT BRIDGE ESTATES—just a walk to town and short drive to Rt. 93! Great family home with 3 or 4 bedrooms, fireplace family room, formal dining room with sliders to deck and an easy to live in neutral decor! Once you see it you'll want to buy it!

\$239,500



ON PEACEFUL COUNTRY CUL-DE-SAC! Classical Colonial on an acre plus landscaped lot. This home offers all the features on your checklist including charming country kitchen, 28' fireplace family room, relaxing screened sun room, four generous bedrooms and 2 car attached garage! Just minutes from Harold Parker Forest and Routes 114, 95 & 495!

\$299,900



NEW SANBORN SCHOOL AREA NEIGHBORHOOD! Preston Circle - exciting new 3,400 sq. ft. Colonial - Gracious open foyer, beautiful kitchen with view of huge fireplace family room, elegant living room & study, master bedroom with private bath & whirlpool tub—ready for your finishing touches.

\$449,900

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ANDOVER



BANK OWNED - HANDYMAN SPECIAL! Needs some work, but at this price it's well worth it! 7 room, 3 bedroom Colonial near town, bus, train and shopping! You can't afford not to consider this incredible buy!

\$105,000



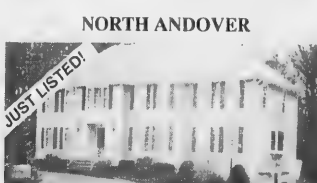
OUTSTANDING CHOICE! Very charming Gambrel Colonial with incredible curb appeal—eat-in kitchen opens to fantastic new family room with cathedral ceiling and skylights, formal dining room, 3 bedrooms, at home office, lovely porch and a fantastic near town location for your family!

\$267,900



PHILLIPS ACADEMY AREA! Sophisticated California Ranch, at end of private lane, offering comfortable, luxurious living with a versatile 8 room floorplan, quality custom appointments, sunken living room with 12' fireplace and wall of windows overlooking exquisite Japanese garden, exciting pool area with expansive bluestone patio for entertaining! Not to be missed!

\$329,900



ONE OF NORTH ANDOVER'S MOST SOUGHT AFTER NEIGHBORHOODS! Elegant 9 room Colonial with gracious open foyer and over 3,600 sq. ft. of living space! 9 beautifully decorated rooms, smashing eat-in kitchen, fireplace family room and living room, sun room, central air, security system, underground sprinkler system and so much more on a wonderful landscaped acre with flowering trees! Perfect choice!

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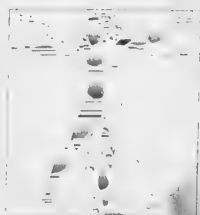
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May 11

What cholesterol numbers mean

Cholesterol is too important to ignore. Cholesterol, in the proper amount, is essential to the body. However, high levels of cholesterol increase the chance of developing coronary heart disease, the single largest cause of death in the United States.

The National Cholesterol Education Program recommends that adults over age 20 be screened for high blood cholesterol at least every five years.

Blood Cholesterol Testing

The ideal total blood cholesterol level is less than 200. While it is important to know your total blood cholesterol level, it is also helpful to know your individual HDL and LDL levels. Your total blood cholesterol level to HDL ratio is one of the keys to identifying your risk of heart disease.

LDL

Low density lipoproteins (LDLs) are called "bad" cholesterol because they correlate with increased risk of heart disease. Since LDL levels can greatly affect the risk of heart attack, it can be a better predictor of heart attack risk than total blood cholesterol.

Desirable LDL: below 130
Borderline high LDL: 130-159 mg/dl
High LDL: 160 mg/dl
HDL

High density lipoproteins (HDLs) are called "good" cholesterol because increased levels protect against heart attack. In the average man, HDL-cholesterol levels range from 40 to 50 mg/dl; in the average woman, from 50 to 60. HDL-cholesterol of less than 35 mg/dl is considered abnormally low.

To determine your ratio, divide your total cholesterol by your HDL measurement. Ideally, this number should be 4.5 or less.

Preventing high blood cholesterol

Although some risk factors for heart disease cannot be prevented, such as age, gender, and family history, three major risk factors can be controlled, including high blood cholesterol, high blood pressure and smoking.

To lower bad cholesterol (LDL):

- Reduce your intake of cholesterol-rich foods like red meat and dairy products;
- Replace saturated fats like butter with vegetable spreads and monounsaturated fats like olive oil;

- Eat more fruits and vegetables.
- While LDL cholesterol responds primarily to diet, HDL levels are most responsive to weight loss and exercise.

To increase good cholesterol (HDL):

- Exercise for 30 minutes, three or four times a week;
- Don't smoke;
- Keep weight within a healthy weight range.

Even if your blood cholesterol level is relatively low, it's a good idea to eat low-cholesterol, low-fat foods. Blood cholesterol tends to rise with age. A low-fat, low-cholesterol diet combined with exercise may help prevent this increase and keep you healthy longer.

ACLA is a national organization whose members include the leading providers of independent laboratory services in the United States. Through its "Staying Healthy" campaign, ACLA is helping to educate Americans about what they can do to prevent serious disease and illness. To receive additional information about ACLA's Staying Healthy campaign, call ACLA at (202) 347-2844.

ANDOVER TOWNSMAN

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ON THE COVER:

High-tech dentistry is quickly making its way into dental practices across the country. Patients are able to view the inside of their own mouth on a monitor due to intraoral camera technology. PRNewsfoto. Design by Mary Sesak.

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Toddlers need iron in their diets. But many toddlers don't get enough of this essential nutrient, which is important for both mental and physical development.

Dietary surveys show:

- Average iron intake of toddlers in the United States has been found to be below the Recommended Dietary Allowance (RDA).

- Iron deficiency anemia, generally caused by an insufficient dietary intake of iron, is the most common nutritional deficiency among toddlers.

Why? One reason is that the most popular beverages among toddlers – cow's milk and fruit juices – are poor sources of iron. When consumed in excess, cow's milk and juices can take the place of other nutrient-rich foods in the toddler's diet.

"Iron is very important in a toddler's diet," explains William C. MacLean, Jr., MD, vice president, pediatric nutrition research and development, Ross Products Division

Continued on page 6

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Chromium challenge

Test your knowledge of chromium. Find the bold-faced words in the word search at right. They can be vertical, horizontal, diagonal and backwards. Good luck.

This puzzle illustrates the importance of dietary **supplementation** with **chromium picolinate**, the most **bioavailable** form of the **essential trace** mineral chromium. In numerous research **studies** with humans and animals, chromium picolinate has been linked to improved **body composition** – less fat and more muscle.

Chromium is a cofactor for the hormone insulin, which means it helps insulin operate more effectively. Insulin helps the body **metabolize** carbohydrates, proteins and fats.

The National Academy of Sciences recommends a **dietary** intake of 50 to 200 **micrograms** of chromium a day, and the Food and Drug

Administration has proposed 130 micrograms as its Reference **Daily Intake** for chromium. Despite these guidelines and the fact that chromium is available in small amounts in some foods, research by Richard Anderson of the United States Department of Agriculture (USDA) reveals that the majority of Americans consume less than 50 micrograms of chromium per day.

Most Americans do not eat large enough quantities of the foods containing chromium (**brewer's yeast**, broccoli, ham, liver, black pepper) to achieve the recommended dietary intake. Also, plants do not require chromium, so very little gets into the food supply, and what does get into the food supply is depleted further by food processing.

Studies also indicate that a high-sugar diet, common in America, causes a loss of chromium from the body. Finally, the form of chromium in many foods is not easily absorbed. Chromium picolinate is the most easily absorbed form of the **mineral**. Of course, the best plan for maintaining good general health is regular **exercise**

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Answers on page 27.

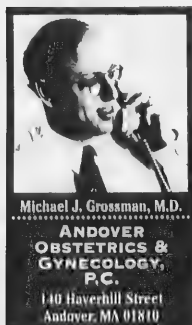
and a low-fat diet. Chromium picolinate does not rule out the importance of this plan. It is simply a **safe nutrient** which can easily be added to an overall health plan. Therefore, it is not only prudent for dieters and those trying to lose inch-

es, but for anyone interested in maintaining a **healthy lifestyle**.

To receive a free "Hidden Fat In The American Diet" brochure, please send your name and address to: Chromium Education Bureau, 6863 Friars Rd., San Diego, CA 92108.

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Diet & Nutrition

Eating fruits and vegetables lowers risk of stroke in men

Vegetables appear to help more than fruits, but both good for you

Eating plenty of fruits and vegetables may protect against the development of stroke for men, according to an article in this week's Journal of the American Medical Association.

Matthew W. Gillman, M.D., from the Department of Ambulatory Care and Prevention at the Harvard Community Health Plan in Boston, and colleagues surveyed 832 middle-aged men who have been part of the Framingham Study to examine the effect of fruit and vegetable intake on the risk of stroke.

The Framingham Study, which began in 1948, is a long-term study of cardiovascular and other diseases and their risk factors. Participants are followed throughout their lives by physicians. The 832 men chosen among the Framingham participants were free of any cardiovascular disease, and were 45 through 65 years old, when enrolled in a dietary assessment study between the years of 1966 to 1969. During the dietary assessment, interviewers elicited information on the participants' previous 24-hour food intake. That information was kept on file, and the participants were monitored for the next 18 to 22 years for, among other things, any episodes of stroke.

During that follow-up period, there were 97 stroke-related incidents among the men. Twenty-four were categorized as transient ischemic

Continued on page 8

American Cancer Society Dietary Guidelines

1. Maintain a desirable body weight.
2. Eat a varied diet.
3. Include a variety of vegetables and fruits in the daily diet.
4. Eat more high-fiber foods, such as whole grain cereals, vegetables and fruits.
5. Cut down on total fat intake.
6. Limit consumption of alcoholic beverages, if you drink at all.
7. Limit consumption of salt-cured, smoked and nitrite-cured foods.

Toddlers need iron, but often don't get enough

Continued from page 3
of Abbott Laboratories. "The average toddler, however, has iron-poor cow's milk as the primary beverage in his or her diet. We know from dietary surveys that a significant percentage of toddlers receive less than the rec-

ommended daily intake of iron."

Low intake of iron that causes iron deficiency anemia has been shown to result in long-lasting developmental problems. Children who have suffered from iron deficiency anemia as toddlers have been shown to be behind

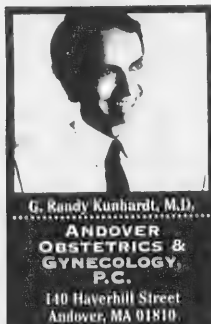
their peers in mental development and physical coordination skills when tested at the age of five years.

"Iron-rich foods will help prevent iron deficiency, and those foods are primarily the meats - red meat or the dark meat of poultry," explains Jo

Ann Hattner, pediatric nutrition specialist, Stanford University Medical Center. "But toddlers often don't eat a lot of meat, so we need to look to foods fortified with iron to help supply adequate amounts of this essential nutrient."

Our focus-

COMPASSION



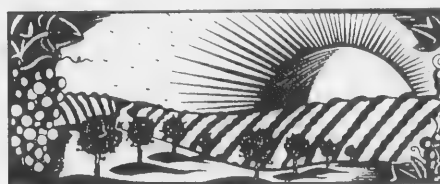
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Five a day: The low-fat way

The National Cancer Institute (NCI) and the Produce for Better Health Foundation have a program, "5 A Day for Better Health," that encourages people to eat five or more servings of fruits and vegetables each day. Health authorities agree that eating more fruits and vegetables can help people stay healthy and may reduce their cancer risk.

Unfortunately, a good number of Americans eat vegetables cooked in some kind of fat while others add fat - butter, margarine, cheese or cream sauce - to already cooked vegetables.

To keep vegetables good-tasting, but low in fat try some of these seasoning ideas:

- Squirt juice from a fresh lemon, orange or lime over hot, cooked vegetables.
- Add minced garlic and pepper to the liquid in which the vegetables are being cooked.
- Stir-fry vegetables using low-fat cooking spray instead of oil.
- Sprinkle on fresh or dried herbs before serving.
- For a Mexican flavor, stir in some salsa and chopped fresh cilantro before serving.

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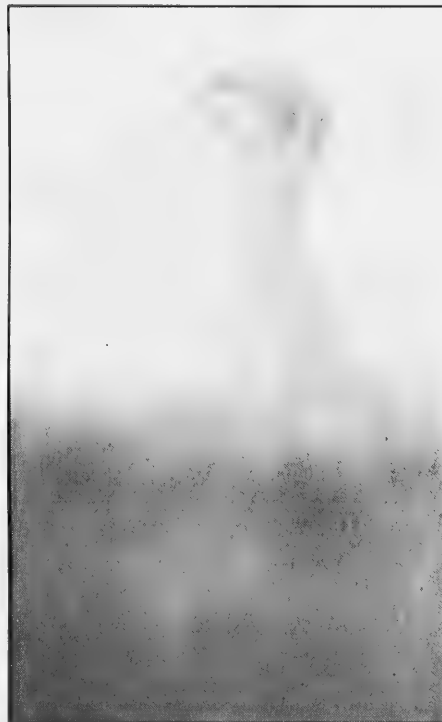
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Americans need to bone up on calcium

Health experts agree: Americans need to bone up on calcium more than ever. According to the National Institutes of Health, we need more calcium than we're getting now to build and maintain strong bones, and the best way to increase intake is to eat calcium-rich foods such as dairy products, green vegetables, canned fish and fortified products. In an article recently published in the *Journal of the American*

Medical Association, NIH recommended increasing calcium consumption levels for most groups, particularly children, postmenopausal women and older men.

The report stated that, on the whole, Americans are not even reaching current guidelines for calcium intake.

"The fact is that today's busy lifestyles are taking a serious long-term toll on our health — to the point

Continued on page 9

Group	Current FDA Daily Values (mg)	Optimal Daily Intake (mg) ¹
INFANTS		
Birth-6 months	600	400
6 months-1 year	600	600
CHILDREN		
Under 4 years	800	800
4-11 years	1,000	800-1,200
ADOLESCENTS/YOUNG ADULTS		
11-24 years	1,000	1,200-1,500
MEN		
25-65 years	1,000	1,000
Over 65 years	1,000	1,500
WOMEN		
25-50 years	1,000	1,000
Over 50 years	1,000	1,500
On estrogens		1,000
Not on estrogens		1,500
Over 65 years	1,000	1,500
Pregnant or nursing	1,100	1,200-1,300

Source:
1. Food & Drug Administration (note that Daily Values for infants, children under 4 years of age, and pregnant or nursing women have not been codified in FDA regulations).
2. National Institutes of Health, Consensus Development Conference Statement, Optimal Calcium Intake, August 26, 1994

Eating fruits and vegetables lowers risk of stroke in men

Continued from page 6

attacks (stroke-like symptoms lasting less than 24 hours) and 73 were completed strokes, both hemorrhagic and ischemic.

Researchers write there was a substantial decrease in stroke-risk among those who were found during the dietary assessment to consume higher quantities of fruits and vegetables. For each increment of three servings per day, there was a 22 percent decrease in the risk of all stroke. The average number of servings

among the participants was 5.1. A serving size was defined as a half cup.

Researchers questioned if those who ate larger amounts of fruits and vegetables had generally healthier habits and that perhaps the consumption of fruits and vegetables was incidental to, rather than the cause of, the stroke outcomes. After they adjusted the data to test for this, looking at items such as cigarette smoking, obesity, and physical activity, the results were the same in most

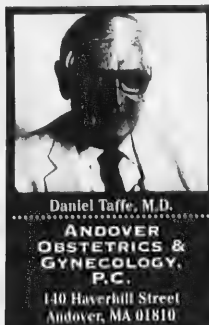
instances. Increased fruit and vegetable intake seemed to directly reduce the likelihood of stroke.

They also examined the effects of fruits separate from those of vegetables. The protection afforded from vegetables, however, appeared somewhat greater than that from fruits. While researchers did look at the types of vegetables participants ate, they write they cannot draw conclusions concerning specific varieties because of the small amount of each type consumed.

The researchers conclude: "Intake of fruits and vegetables appears to protect against the risk of stroke in men. In this study, the association was present for both ischemic and hemorrhagic strokes. These results provide support to programs aimed at widespread increases in the consumption of fruits and vegetables. If successful, such programs may have beneficial effects on the incidence of stroke as well as other chronic diseases that constitute the leading causes of morbidity and mortality in Western societies."

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Seated, at left: Kathryn L. Olson, M.D.
and Harold R. Bass, M.D.
Standing, at left: Robert H. Shannon,
M.D. and William J. Galvin, III, M.D.



Americans need to bone up on calcium

Continued from page 8

that we aren't getting all the nutrients we need, like calcium, to ensure a healthy body down the road," said Dr. Robert Heaney, professor of medicine at Creighton University and a contributor to the NIH consensus conference held recently to study Americans' calcium intake.

"Getting enough calcium is crucial from childhood through the mid-twenties to ensure adequate bone development, through the mid-years to maintain the bone we acquired during growth, and later in life to prevent the bone loss that can lead to osteoporosis," he added.

For many Americans, dairy products represent a primary source of calcium because in addition to their high calcium content, they offer added benefits such as good taste, convenience and low cost. Even people who are lactose intolerant need not rule out most dairy products. Cheese, for example, can usually be digested by lactose-intolerant people.

In general, cheese is among the best food sources of calcium available. A one-ounce serving of many kinds of cheese, including American, Cheddar, Provolone and Swiss, provides between 200 to 300 mg of calcium — that's 20 to 30 percent of the calcium recommended daily for adult men and women.

In terms of general appeal, Americans rate cheese the best-tasting of all calcium sources, according to NFO Research, Inc. And a recent Gallup survey showed that five of the 10 food choices most popular with children ages 3 through 11 contain cheese as a key ingredient, such as pizza, macaroni and cheese, grilled cheese sandwiches and tacos — favorite foods that help meet children's taste and nutritional needs.

"Good nutrition does not have to be a burden," emphasized dietitian Edith Howard Hogan. "Americans can increase their calcium by incorporating foods such as cheese in a balanced and healthy meal, as a choice at restaurants or as a snack at home for kids or adults on the run."

Consumers can receive a free copy of "Cheese: The Menu Star," a new brochure that contains nutrition information and recipes, by sending a stamped, self-addressed business envelope to: Cheese: The Menu Star, National Cheese Institute, 1250 H Street, N.W., Suite 900, Washington, D.C. 20005.



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Cut the fat, not the food

Although Americans are avidly interested in consuming less fat, more of us are overweight than ever before. According to the National Center for Health Statistics, about one in every three Americans was overweight in 1991, up from one in four in 1980. Many people believe they're taking on the battle of the bulge by choosing low-fat foods but in fact, less fat is not enough.

A recent study by the National Center for Health Statistics also found that while the calories from fat in the average American diet fell from 37 to 34 percent between 1988 and 1991, our daily caloric intake rose from 1,969 calories a day in 1978 to 2,200 calories in 1990.

Explains Karen Miller-Kovach, M.S., R.D., of Weight Watchers, "Many people are interested in adopting a low-fat diet but may not be successful on their own because low-fat doesn't necessarily mean low calories. In addition, while some people know limiting fat grams is key to weight reduction, they don't realize doing only that may leave you short on nutrients."

One very effective way to stay healthy and lose weight on a low-fat diet is to make a point of adding fiber.

"When you focus on getting enough fiber," Ms. Miller-Kovach says, "you're closer to a much healthier eating plan. Boosting your fiber intake with whole grains, fruits and vegetables means you'll be getting more vitamins and minerals which are essential to good health."

To help people learn to eat low-fat food and lose weight, Weight Watchers has introduced the Fat & Fiber Plan, a new weight-loss program based on reducing fat and increasing fiber in the diet.

Former television anchor, Kathleen Sullivan believes that fiber makes the difference in a low fat diet.

"Fiber rich foods are nutritionally rich so you'll always feel satisfied. You don't feel craving - like you're on a diet. Since I started I don't feel like I'm on a diet - I've made a lifestyle change."

Here is a quiz to test your knowledge of healthy eating.

1. The best way to lose weight is to completely cut the fat from your diet.

(a) True (b) False
2. Which of the following foods has the most fiber?

(a) One slice of mixed grain bread.
(b) One large fresh fig.
(c) Three quarters of a cup of fresh blackberries?

3. Nutritionists recommend eating at least 20 grams of fiber a day from a variety of sources because fiber itself provides many vitamins and minerals.

(a) True (b) False
4. Which kind of fat do nutritionists believe may reduce LDL or "bad" cholesterol, while not lowering HDL or "good" cholesterol levels.

(a) Monounsaturated fat.
(b) Polyunsaturated fat.
(c) Saturated fat.

5. Health experts recommend reducing fat intake to (a) 40 to 50 (b) five to 10 (c) 20 to 30 percent of calories consumed?

Answers

1. (b) False, while most Americans do consume too much fat, some is necessary for energy, cell membrane building and producing linoleic acid which the body needs.

2. (c) While all are good sources of

fiber, the blackberries contain seven grams, the fig four grams and the bread only two grams.

3. (b) False. Fiber is the largely indigestible part of foods including legumes, fruits, vegetables and whole grains. Nutritionists recommend concentrating on increasing fiber intake because foods rich in fiber are usually nutrient-dense and relatively low in fat.

4. (a) Monounsaturated fat can be found in canola, olive and peanut oils, avocados, nuts and olives.

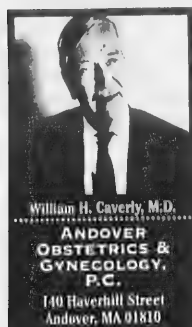
5. (c)



Kathleen Sullivan advises that "if you cut back on your food and feel denied, you're not going to make it - you're not going to win. What's really important is to feel satisfied, feel that you're eating enough foods."

Our focus-

SECURITY

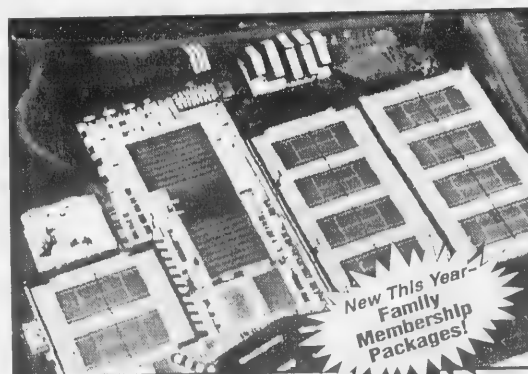


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New food labels help people shop smarter

The next time you're in the supermarket, you may see an encouraging sight: Food packages with new labels that make meal planning easier and help you serve the nutrients your family needs. The U.S. Food and Drug Administration now requires all packages to carry the new labels.

These labels make it easier and faster for you to choose the foods you want. The new labels offer a Nutrition Facts panel on the back or side that helps you determine how well a food fits into your total daily diet, without your having to do any math.

Also, you can believe health claims and nutrient content claims you see on the front of the package because the government has set strict definitions for these terms. For example, if something says "reduced fat," it means it has 25 percent less fat than the regular version of the food. Claims linking a nutrient or food to the risk of a disease or health-related condition are only allowed if they are backed up by scientific evidence.

The new labels also have an improved list of ingredients. Everything in the package is listed, in descending order of weight, to give you an idea of the proportion of each ingredient in the food. In addition, food colorings now have to be named in the ingredient list, not just called "coloring." Ingredient lists are especially important for people who are allergic to certain substances.

Now too, the total percent of juice in juice drinks must be shown so you can see just how much of the product is actually juice.

If you have any questions about food labels write: Food and Drug Administration, HFE-88, 5600 Fishers Lane, Rockville, Md. 20857.

The new labels offer a Nutrition Facts panel on the back or side that helps you determine how well a food fits into your total daily diet, without your having to do any math.

CERTIFIED NURSE MIDWIFE TO JOIN WILLOWDALE MEDICAL

Judith Buss, CNM to provide OB/GYN care at North Andover Location

According to recent census data, the towns of Andover and North Andover have the fastest growing populations in Essex County. Judith Buss, a Certified Nurse Midwife (CNM) from the North Shore Birth Center at Beverly Hospital, and a long-time resident of the Merrimack Valley area, hopes to become a big part of that growth in the future. Starting in May, Judy will extend the maternity services of Beverly Hospital to women of the greater Andover region when she begins seeing OB/GYN patients at the North Andover offices of Willowdale Medical Center located in the Chestnut Green Office Park on Rte. 114.

Buss will join Dr. John Ragucci, a Board Certified Family Practice physician, who provides complete medical care for the entire family. She brings the long standing tradition and personal touch of midwifery care, backed by an experienced maternity staff and state-of-the-art facilities of Beverly Hospital (see right).

Well Traveled

"It must be well over 1000" is the answer you get from Judy when you ask her how many babies she has delivered. Originally certified in her native England, she served in Africa from 1967 to 1973. Closer to home, she was a staff nurse and later a Nurse Manager in the maternity departments of Hale Hospital in Haverhill, and Lawrence General. For nearly 20 years, from 1973 to 1993, she has been a loyal friend and neighbor to the greater Merrimack Valley.

"I'm very excited about being back in the area. My husband was born and raised in North Andover and I made a lot of friends while working in Lawrence."

Uniquely Qualified

As a Certified Nurse-Midwife, Judy is uniquely qualified to provide personal health care to women in the area of obstetrics and gynecology. Like all CNMs, she is a Registered Nurse (RN) who has received additional education and training in midwifery to complete the national certification process of the American College of Nurse-Midwives.

Special Delivery

While Midwifery was the preferred method of birth for over 100,000 women in 1994, (see related story) the role a midwife plays in a woman's routine OB/GYN health is much larger.

Carefully monitoring a woman's prenatal progress, a CNM consults regularly with an obstetrician from Beverly Hospital to assure a healthy mother and child. Many of these women choose to give birth in the cozy home-like environment that the Birth Center provides. However, national statistics show that 70% of births take place by midwives take place in a Hospital setting at the request of the mother. One woman who recently gave birth with a CNM described it this way: "The difference is that the Midwife who has attended to you with care through every step of your pregnancy is right there beside you the rest of the way to help,

coach, encourage, and inform."

Complete Care

The services provided by Judy at Willowdale, neither begin nor end in the delivery room. She will be providing "well-woman gynecology" which covers everything from pre-conception counseling, diagnosis and treatment of infections and sexually transmitted diseases, menopause counseling, as well as routine gynecological examinations including pap smears, breast and pelvic examinations and mammography screenings.

According to the American College of Nurse-Midwives, a CNM's job is proactive. "With health education as a primary focus, a CNM's goals are to prevent problems and to assist women in developing and maintaining good health habits". Essentially they are in the business of keeping healthy women healthy.

Growing Together

While Dr. Ragucci's family practice continues to grow, providing pediatric, geriatric and adult care, he has listened to women who want the options of top notch OB/GYN care without having to go into the city. He is excited that having Judy working out of his office will enable those women to receive just that, excellent care in their own back yard.

"With Judy's experience and the great reputation of Beverly Hospital's maternity programs, women can finally get what they want in OB/GYN services. I am really looking forward to working with her."

For more information about the OB/GYN or Family Practice services available at Willowdale Medical Center, or to schedule an appointment

NORTH SHORE BIRTH CENTER AT BEVERLY HOSPITAL

If you believe that child birth is a natural, healthy experience that should include your family, then a free standing birth center like The North Shore Birth Center at Beverly Hospital may be the place for you.

At the North Shore Birth Center, you and your baby will receive care from Certified Nurse-Midwives — professionals educated in the disciplines of both nursing and midwifery. As highly trained professionals, nurse-midwives must complete an intense course of study in an accredited educational program as well as pass a rigorous national certification exam.

As the central care givers throughout your pregnancy, the nurse-midwives assist you through your own personal birth plan. Should the need for special care arise, they are affiliated with a group of obstetricians and the Center itself is located on the campus of Beverly Hospital, putting the vast resources of a modern medical center right at the front door. However, the number of patients requiring special care is

BEAUTIFUL BEGINNINGS AT BEVERLY HOSPITAL

More babies are delivered annually at Beverly Hospital's Beautiful Beginnings Maternity Center (over 2600!) than at any other hospital on the North Shore. A qualified staff of OB/GYNs, CNMs, FPs, nurses, childbirth educators, location consultants and clinical nurse specialists provide the choices for childbirth you want and the physical and emotional support you may need.

Beautiful Beginnings offers Prenatal Classes, on everything from Exercise to birthing to breastfeeding. All are taught by educated staff instructors.

In addition, an experienced staff of Registered Nurses provides the physical and emotional support you may need during labor. Beverly Hospital's episiotomy and cesarean rates are below both state and national averages, and 24 hour anesthesia coverage assures you the comfort you need, when you need it.

After giving birth, mothers can take advantage of one-on-one teaching by the post-partum nursing staff, or tune in the Newborn Channel 24 hours a day. There are also Board Certified Lactation Consultants on staff who specialize in breastfeeding consultation for nursing mothers.

Should a problem arise, Beverly Hospital is equipped with a Level II (intermediate care) Special Care Nursery, accredited by the Massachusetts Department of Public Health. The SCN nursing and medical staffs have specialized education, training, and experience in the care of sick newborns. A Neonatologist heads up the team and directs the medical program. Pediatricians are also in the hospital 24 hours a day to provide care and respond to emergencies.

For more information about the Beautiful Beginnings Maternity Center at Beverly Hospital, please call (508) 927-9103.



remarkably low. In fact, the North Shore Birth Center boasts a low 3.9% rate of cesarean sections for all women who begin labor at the Center.

Today, women all across the country choose this affordable, sensitive, and highly professional care at freestanding birth centers the place where the safety and convenience of modern medicine meets the personalized attention and time-honored tradition of midwifery care.

For more information about the North Shore Birth Center, or to schedule a tour, please call (508) 927-7880.

New approach to pain relief for breast cancer patients

Approximately 182,000 women were diagnosed with breast cancer in 1994, according to the American Cancer Society. In nearly half of these patients, research shows the disease will metastasize, or spread, to the bone, causing pain that may become excruciating and relentless. The pain can undermine a patient's ability to fight cancer by limiting physical activity, and reducing sleep and appetite.

Unrelieved cancer pain is not inevitable. It is, however, frequently undertreated, and new guidelines on treating pain were issued recently by the Agency for Health Care Policy and Research. Among the treatments recommended by this agency is Metastron, a radiopharmaceutical which is administered as a simple outpatient injection. Unlike other forms of pain medication, Metastron both alleviates existing sites of pain and, as shown in clinical trials, delays the development of new sites of pain.

A product of Medi-Physics Inc.,

Amersham Healthcare of Arlington Heights, Ill., Metastron has been available in the United States since June 1993 and has been used to treat more than 20,000 patients worldwide. The product is effective in 75 to 80 percent of these patients, with 25 to 30 percent reporting complete pain relief. Pain relief may last for up to six months and treatment can be repeated every three months if needed to maintain effectiveness.

Dr. Carol Fabian, an oncologist at the University of Kansas Medical Center, says promising results: "The results we have seen at the University of Kansas utilizing Metastron in women with painful bony metastatic disease have been extremely encouraging. Eighty percent of these women have had complete or partial pain relief."

More information about Metastron - including current breast and prostate cancer clinical trials - is available by calling 1-800-228-0126.

Study finds some women still balk at exams and tests

Many don't want to be reminded when it's time for these tests

A study of 1,019 women in southeastern Minnesota showed that more than half of them do not wish to receive reminders when it is time to have a Pap test, a clinical breast exam, or a mammogram, according to a recent article in the Journal of the American Medical Association.

Thomas E. Kottke, M.D. and colleagues from the Mayo Clinic and Foundation conducted this study hoping to determine women's receptivity to receiving regular reminders when it is time for these tests and to determine the rates at which women underwent these tests. Kottke released the study at an AMA media briefing highlighting the April 12 Health Promotion and Disease Prevention issue of JAMA.

Kottke said the study also serves as a tool to help gauge the success of the American public in meeting the goals set forth in the Healthy People

2000 program conducted by the Department of Health and Human Services.

The study shows that 89 percent of the women reported having a Pap test in the last three years. Of those women over age 40, 74 percent reported having a clinical breast exam in the past two years, and 62 percent reported having a mammogram in the past two years.

The study says: "The women seem to fall into three groups with respect to their attitudes about screening." The first group, about 40 to 50 percent of the population, told surveyors they will accept screening tests and want to be reminded when they are due for their tests.

The second group, about seven to 10 percent of the population, told them they would refuse screening even if told it was necessary. The third group, 40 to 50 percent of the women, told surveyors they would submit to screening if advised to have it, but they did not want to receive this advice.

According to the researchers, physicians say patient noncompliance

Continued on page 16

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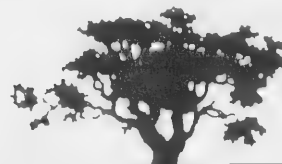
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Academy Manor celebrates its 20th anniversary

Academy Manor of Andover is celebrating its 20th anniversary under the same administration and ownership. Since 1975 owner and administrator David Solomont has implemented many innovative ideas and has increased medical services and specialties at the facility to serve the growing needs of the community. An expansion in 1986 paved the way for the home to care for 174 guests (residents). Renovations and updates in furnishings have been done on an ongoing basis. Academy Manor is committed to staying in pace with advancements in geriatrics and long-term care.

Located in a quiet residential neighborhood only a short walk from the heart of Andover, Academy Manor borders the Phillips Academy bird sanctuary. No matter the season, the beauty of the surrounding landscape provides a pleasant backdrop for guests (residents) and visitors alike: the tranquil sight of new fallen snow on branches and a cross-country skier gracefully gliding along; trees and flowers waking up after a long winter's nap; the vivid color of a cardinal perched on a branch and the sightings of many other birds in the thick of the trees; a palette of fall colors and the gentle sound of falling leaves.

Guests and their families and friends enjoy strolling along the walking/wheelchair path or relaxing at one of the many park benches along the path or on the patios. During times of inclement weather, there are many

cozy areas throughout Academy Manor where people can visit.

Enter the doors of Academy Manor of Andover seven days a week, 365 days a year and you'll find our energetic activity team in the midst of providing a diverse social and therapeutic program. Exercise groups, discussion groups, cooking and baking classes and an array of music programs led by Academy's full-time music therapist are just a sampling. Religious services are also provided for all faiths. Guests enjoy trips on Academy's handicap-accessible luxury bus to sporting events, restaurants and to many other exciting destinations. A renowned volunteer program is coordinated by Academy's activity director, Tracey Meech. Volunteers are always welcomed.

Under the direction of Cliff Nelson, Academy Manor's dietary team serves a unique multi-choice meal program featuring a five-week menu cycle. The extensive menu option plan can be designed around any special diets. Academy's dining services are provided in an ambiance rarely found in a medical setting. Birthday parties and special celebrations are gladly accommodated.

A beauty and barber shop is conveniently located at Academy Manor of Andover. Whether a permanent or a haircut, the "Hairs to You" salon can oblige.

In the gift shop, guests can charge their purchases giving them the opportunity to do their own shopping. The

shop offers an array of cards, candy, gifts and sundries.

The 174-bed Medicare-certified family-owned and operated nursing facility provides skilled and intermediate care in a warm, homelike atmosphere led by director of nursing Lisa Abdallah. Respite stays and short-term rehab stays are also accommodated.

The full-time therapy department offers both physical and occupational therapies. The therapists work with guests to maximize their individual abilities. Speech therapy is also available. When therapists are not providing direct therapy in the "health club," they can be found in many therapeutic activities which utilize their special expertise.

Academy Manor is proud of its long-standing service as a training site for nursing students, occupational therapy and physical therapy students and as a site for interns in administration and music therapy.

Administrator Natalie Ferruolo manages the daily operations of the facility. This enables owner and senior administrator David Solomont to be



accessible to guests and their families. Those seeking admission information meet directly with David Solomont or admission coordinator Laurie Ortstein.

This non-traditional approach for admissions allows Academy's social service team more time to provide optimal direct service to all guests and their families. Doris Wayman and Fran Lahey facilitate a weekly women's support group and men's club for guests (residents) of the home. A unique ongoing support group, "Daughters of Mother's," was designed to help daughters who have mothers residing at the home.

For further information or a brochure, contact David Solomont or Laurie Ortstein at (508) 475-0944.

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**David Solomont, NHA
Owner/Sr. Administrator**



Four Generations of Caring - Meyer Solomont with his son, David, grandson, Ari, and great-grandson Dov Buer

Women's Issues

Estrogen replacement therapy may increase women's risk of fatal ovarian cancer

Women who use estrogen replacement therapy (ERT) for long periods may increase their risk of fatal ovarian cancer, suggests a new study from the American Cancer Society. The study of ERT and ovarian cancer was published in the May 1, 1995, issue of the *American Journal of Epidemiology*.

For this study, scientists analyzed data on more than 240,000 postmenopausal women who were among the female participants in Cancer Prevention Study II, a prospective mortality study begun by the American Cancer Society in 1982. They found that long-term use of ERT was associated with fatal ovarian cancer among postmenopausal women.

While there was no significant increase in risk among women who had ever used ERT, risk appeared to increase with duration of use, according to Carmen Rodriguez, M.D., an epidemiologist for the American Cancer Society and principal investigator of the study. The risk was 40 percent higher for women who had

used ERT for at least six years and 70 percent higher for women who had used ERT for at least 11 years, compared to never users.

Previous studies of ERT and ovarian cancer have been inconclusive, and most have not presented results according to duration of use. The current study has several strengths that support the credibility of its findings, says Dr. Rodriguez. First, the CPS-II study is prospective, meaning that information is gathered before cancer occurs. This technique eliminates the possibility that the women's recollection of ERT use was triggered by their diagnosis with cancer. In addition, the study is large, and researchers were able to adjust their data for many known and possible ovarian cancer risk factors. Finally, a large number of women had used ERT for many years, allowing researchers to examine risk by duration of use.

However, the results should be interpreted cautiously, warns Dr. Rodriguez. The findings from this study may not apply to women using

ERT today because the normal dose is generally less than that prescribed when women in the study were being treated. Also, current standard hormone replacement therapy includes progesterone, which was uncommon in the 1970s and 1980s.

The women in this study were selected from the 1.2 million American men and women enrolled in the American Cancer Society's long-term CPS-II study. After seven years of follow-up, 436 eligible cases of fatal ovarian cancer were observed among 240,073 postmenopausal women who were free of cancer when the CPS-II study began.

Women considering using ERT or continuing to use this therapy should consider the net risks and benefits, including the effects on many organs in the body, says Dr. Rodriguez. Last month, an American Cancer Society study suggested that use of ERT decreased, rather than increased, the risk of fatal colon cancer among postmenopausal women (see sidebar). The study was published in the April 5, 1995, issue of the *Journal of the National Cancer Institute*. Eugenia E. Calle, Ph.D., director of analytic epidemiology for the American Cancer Society, was principal investigator of the colon cancer study, which also used CPS-II data.

Estrogen replacement therapy may decrease women's risk of colon cancer

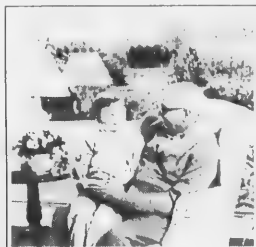
Women who use postmenopausal estrogen replacement therapy (ERT) may substantially decrease their risk of fatal colon cancer suggests a new study from the American Cancer Society. The study of ERT and colon cancer was published in

the April 5 issue of the *Journal of the National Cancer Institute*.

For this study, scientists analyzed data on more than 400,000 women who were among the female participants in Cancer Prevention Study

Continued on page 16

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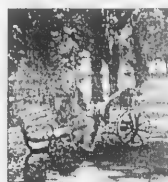
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Dr. Claes Dohlman to receive Man of Vision Award

Dr. Claes Dohlman has been selected to receive 1995's prestigious Man of Vision Award from Boston Aid to the Blind for his "distinguished career as an outstanding clinician, scientist and teacher." The award presentation is scheduled for Thursday, June 8, at John F. Kennedy Library.

In his distinguished career, Dr. Dohlman has served as chairman of the department of ophthalmology at Harvard Medical School and chief of ophthalmology at Massachusetts Eye and Ear Infirmary and is currently a

meritus professor of ophthalmology at Harvard Medical School. He has received a multitude of awards for his work, including the Friedenwald Award for Research in Ophthalmology from the Association of Research in Vision (1971) and the Residents Teacher of the Year Award from Massachusetts Eye and Ear Infirmary (1984, 1994).

Dr. Dohlman's clinical reputation extends worldwide; likewise, his clinical practice attracts patients from all parts of the world. He is generally regarded as a founder of modern cornea science and his basic research in this field has had a profound effect on current diagnosis and therapy.

Early on, Dr. Dohlman recognized the importance of bringing scientific rigors to clinical research. He also stressed the need for a group of research clinicians with one foot in the laboratory and the other in the clinic as the best method for achieving progress in the treatment of ocular disease.

To this end, Dr. Dohlman has trained more than 100 clinical researchers. Together as a group,



Dr. Claes Dohlman

they account for most of the advances made in treatment of corneal disease in the last 30 years. Over 20 of these individuals have chaired various

departments of ophthalmology throughout the country.

Having provided training and mentorship to all of the ophthalmologists at Andover Eye Associates, Dr. Dohlman has shared numerous authorships and research fellowships with various members of the group. He has also edited, published and authored numerous articles and sections of textbooks and has traveled internationally as a visiting lecturer and ophthalmologist. Dr. Dohlman has served on the editorial boards of the American Journal of Ophthalmology, Archives of Ophthalmology and the Journal of Ocular Surgery.

Whether it be a simple visual problem or a complex sight-threatening disease, Dr. Dohlman brings his intellect, clinical skills and generous understanding to the physician-patient relationship. He serves as an impeccable model of the nature of the true physician. It is understandable that

the members of Andover Eye Associates share this honor with great pride and respect for this remarkable educator.

Having provided training and mentorship to all of the ophthalmologists at Andover Eye Associates, Dr. Dohlman has shared numerous authorships and research fellowships with various members of the group.



Andover Eye

A S S O C I A T E S

Boston Aid to the Blind is pleased to announce that **Claes Dohlman, M.D.** is the 1995 recipient of the **Man of Vision Award.**

He has been chosen as this year's recipient because of his distinguished career as an outstanding clinician, scientist, and teacher. B.A.B. is thrilled to present him with this prestigious award at a Gala dinner in his honor on Thursday, June 8 at the John F. Kennedy Library.

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- PETER L. LOU, M.D.
Retinal Disease, Laser Surgery & Diabetic Eye Disease
- MARK A. LATINA, M.D.
Glaucoma & Laser Surgery

- PETER A. RAPOZA, M.D.
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Women's Issues

Study finds some women still balk at exams and tests

Continued from page 12

and lack of interest leads them not to order these tests. However, the women cite physician failure to order the tests as one reason they don't have these tests.

Twenty-three percent of the participants reported they are contacted by

their physicians when it is time for a Pap test; 15 percent are reminded when it is time for a clinical breast exam; and 18 percent are contacted when they are due for their mammograms.

Demographic information gathered showed that women over age 60 in this random sampling were the least

likely to meet the Pap test frequency recommendations. Women over 79 were the least likely to follow the clinical breast exam and mammogram frequency recommendations.

Kottke said that two types of organizations must pursue strategies to rectify this problem. He said organizations that advocate regular testing

must continue working on ways to educate the public and that organizations with authority to determine day-to-day physician activity, such as physician employers, "peer review" organizations, and licensing agencies, need to develop standards for physicians to address these tests with women.

Replacement therapy may decrease women's risk of colon cancer

Continued from page 14

II, a prospective mortality study begun by the American Cancer Society in 1982. They found that use of ERT was associated with a significantly decreased risk of fatal colon cancer. Women who had ever used ERT had a 29 percent reduction in risk compared to nonusers, according to Eugenia E. Calle, Ph.D., director of analytic epidemiology for the American Cancer Society and principal investigator of the study.

Results also showed a dose-response relationship and a stronger effect in current ERT users than in former users, says Dr. Calle. Current users showed a 45 percent reduction in risk of fatal colon cancer, while former users had a 19 percent reduc-

tion in risk. The dose-response relationship was observed for the number of years women had been using ERT, with a trend of decreasing risk with increasing years of use, Dr. Calle explains.

The researchers also examined duration of use among both current and former ERT users. The data indicated that both recency of use and length of use were important predictors of women's risk of fatal colon cancer. Among women who had been using ERT more than 10 years and were currently using estrogen, there was a 55 percent reduction in risk.

The association between ERT and fatal rectal cancer was similar to that for colon cancer. As with colon

cancer, the risk decreased with the number of years women had been using ERT.

These results are consistent with several published studies that suggest a protective role of hormones in the development of colorectal cancer. However, given the limited number of studies, the results of the latest study should be interpreted cautiously, says Dr. Calle. Further study is merited, though, because a true protective effect of postmenopausal hormone use against colon cancer would be of considerable public health importance, she adds.

The women in this study were selected from the 1.2 million American men and women enrolled in the American Cancer Society's long-term CPS-II study. After seven

years of follow-up, 897 eligible cases of fatal colon cancer and 112 cases of fatal rectal cancer were observed among 422,373 postmenopausal women who were free of cancer when the CPS-II study began.

A possible explanation for the apparent risk-reducing effect of ERT on colon cancer mortality could be that estrogens reduce the concentration of bile acids in the colon, says Dr. Calle. Increased concentrations of bile acids have been associated with colon cancer in studies of both animals and humans. Since estrogens have been shown to decrease concentrations of bile acids in the colon, they potentially reduce the ability of these bile acids to promote tumors, Dr. Calle explains.



Lorinna Tompkins (EMT) with MED VAN-PLUS, INC. vehicle

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Sutton Hill Nursing and Retirement offers comprehensive rehabilitation for rapid recovery

"Our rehabilitation efforts are directed at helping patients achieve maximum recovery in a short period of time so they can return home as soon as possible," said Kathy Lemay, executive director of Sutton Hill Nursing and Retirement Center. "We offer close, individual attention to help the patient reach that goal."

At its Osgood Rehabilitation Unit, Sutton Hill uses a multi-disciplinary team approach to patient care, comfort and recovery. Included are physical therapists, occupational therapists, as well as speech and language pathologists. Individuals spend as much time as they are capable of with therapists each day, setting the stage for a faster recovery.

With soaring health-care costs, many hospitals are releasing patients who still require skilled nursing care and special medical procedures, Ms. Lemay explained.

"People are being discharged now much quicker and sicker from hospitals, and they are coming to nursing facilities to get the care they need."

Ms. Lemay commented that in some instances Sutton Hill can provide a similar level of service that is much less expensive.

The facility's focus on subacute care offers special services to patients seeking additional health assistance,

but who do not necessarily need the type of critical aid and intensive testing that a hospital would provide. This subacute care is available to all adult age levels.

"The youngest patients that we've had is 33," said Ms. Lemay. "She was here to recuperate after a serious car accident. In fact, the center has guided many patients in their 40s, 50s and 60s along the path to recovery."

To support its rehabilitation program, Sutton Hill has enlarged its treatment area and increased its specialized equipment. The expanded team of specialists allows the subacute unit to work more closely with families to help the transition from the nursing facility to the patient's home.

Ms. Lemay noted that the rehabilitation staff also conducts home visits and puts adaptive equipment in place that patients will need to function comfortably and independently.

"This extra measure of care and concern adds a heightened level of patient confidence and satisfaction," Ms. Lemay added.

Because of the competitive price advantages of the services provided, the quality of care and the accommodating and friendly environment offered at the facility, area HMOs support the center's programs.



A patient is given assistance during her rehabilitation at Sutton Hill Nursing and Retirement Center.

"A place where expertise and comfort come together" is one motto which Sutton Hill's Osgood Rehabilitation staff proudly stresses. Individual, personalized attention in a state-of-the-art facility is the nursing and retirement center's specialty.

The center also offers responsive and committed nursing care. Special attention — such as arranging for hair appointments, delivering messages,

and making special room adjustments — is also provided to patients. Consideration is given for personal wishes and the desire for privacy.

For more information about Sutton Hill Nursing and Retirement Center, the Osgood Rehabilitation Unit, the Subacute Unit and the facility's full range of personalized services, call Leslie French, L.S.W., director of admissions, (508) 688-1212.

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Enlarged prostate: What you should know

According to the Agency for Health Care Policy and Research, U.S. Department of Health and Human Services, benign prostatic hyperplasia (BPH) — enlarged prostate — is a common condition in older men which causes frequent and urgent urination. This may disturb sleep, produce a sensation that the bladder never quite empties and cause difficulty starting to urinate.

By age 60, more than half of all men in the U.S. will have developed some degree of BPH.

BPH is not related to prostate cancer. The condition, rarely life-threatening, primarily affects a man's quality of life.

According to a guideline for both

consumers and health care providers released by the Agency for Health Care Policy and Research, a part of the U.S. Public Health Service, men with enlarged prostates should have the final say when it comes to deciding how to treat their symptoms.

The guidelines were developed by a private sector panel of leading urologists and other medical experts. The panel said an enlarged prostate, by itself, does not necessarily require surgery. The panel urged doctors to make sure that patients understand that symptoms associated with enlargement of the prostate progress at different rates and that some men never have more than mild or moderate symptoms.

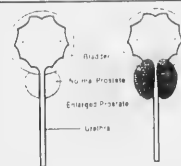
The guidelines state there are five treatments for BPH:

- Watchful waiting, which involves regular monitoring but not active treatment.
- Alpha-blocker drugs, which help relax muscles in the prostate. Alpha blockers can relieve symptoms but they also may have side effects such as dizziness, fatigue, and blood pressure fluctuations.
- Balloon dilation, in which a balloon-tipped catheter is threaded through the urethra and into the bladder and inflated to allow for easier urine flow.
- Finasteride drug treatment, which can reduce prostate size and help reduce symptoms. Side effects

can include a change in sex drive and impotence.

• Surgical treatment, which offers the best chance for relieving symptoms but also has the highest rate of complications.

For a free patient guide call 1-800-358-9295.



When the prostate (a walnut-sized gland) enlarges, it squeezes the urethra and makes urination difficult.

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Changes in fitness level can reduce risk by as much as 44 percent

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Dr. Blair released the study at an AMA media briefing highlighting the

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The researchers found: "We observed a reduction in mortality risk in the total population of men who maintained or improved physical fitness. This reduction was present in both healthy and unhealthy men, and these results were consistent across age groups. Changes in fitness, either

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The study consisted of 9,777 men who were given two preventive medical examinations, each of which included assessment of physical fitness by maximal exercise tests

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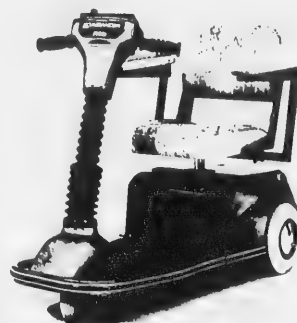
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Men's Health

Confronting impotence: Free guide for couples is available

Experts agree that frequent and caring communication is important to a healthy relationship. Yet, even the most committed partners may find it difficult to talk about impotence, also known as erectile dysfunction. Left unsaid or untreated, impotence can undermine a relationship. Unfortunately, many couples are unaware that impotence can be successfully treated and that communication between partners is often critical to the process of regaining erectile capability.

The causes

Impotence is defined as the inability to attain or maintain a penile erection and is estimated to affect between ten to 20 million men in the U.S. When partners of impotent men are involved, the impact of the condition doubles. Impotence can affect men at any age, although it becomes more common among men over the age of 40.

However, experts say impotence is not inevitable with age. It can be the result of complications from chronic conditions such as coronary artery disease, high cholesterol levels, high

blood pressure and diabetes mellitus. It can also be caused by psychological conflicts or be a side effect of surgery or medication. In addition, many men experience impotence as a result of poor diet, lack of exercise, excessive alcohol consumption and tobacco smoking.

The treatments

A qualified doctor should be consulted for diagnosis and recommended treatment options. Changing habits, such as quitting smoking or reducing alcohol consumption, may help address erectile problems. Other treatment options include counseling, vacuum devices, penile injections, penile implants and surgery. Doctors agree that couples are more likely to find a successful treatment when they discuss the options and select an appropriate course of action. Communication, love and support are essential to long-term resolution of the condition.

The free booklet

To help couples better understand impotence and the treatments available, the American Foundation for

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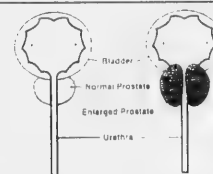
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Improvement in fitness lowers mortality risk

Continued from page 18

(treadmill) and evaluation of health status. The main outcome measures were all-cause and cardiovascular disease mortality. The mean interval between examinations was 4.9 years. The mean follow-up from the subsequent examination was 5.1 years.

Physical fitness was measured by exercise test tolerance using a standard treadmill protocol. Treadmill test duration was the variable used in the analyses. Test time with this protocol is highly correlated with measured maximal oxygen uptake. Thus, physical fitness in the study is analogous to aerobic power. The least fit 20 percent of the men in each age group were classified as unfit, with the rest classified as having moderate to high fitness levels.

Men who were initially evaluated

Men who were initially evaluated as unfit and improved to being at least moderately fit by the subsequent evaluation reduced their mortality risk by 44 percent.

as unfit and improved to being at least moderately fit by the subsequent evaluation reduced their mortality risk by 44 percent. Improvement in fitness was associated with lower death rates after adjusting for age, health status, and other risk factors of premature mortality. The more the men improved their fitness, the more they reduced their risk. For each minute increase in maximal treadmill time between examinations,

there was a corresponding 7.9 percent decrease in risk of mortality.

Men who were unfit at both visits had the highest death rate; men who were fit at both visits had the lowest death rate; and men who changed fitness status had intermediate rates.

Concerning why improved fitness lowers the risk of mortality, the authors believe that the results of this investigation are consistent with biologic plausibility. Increased levels

of physical activity and fitness are hypothesized to act through beneficial changes throughout the cardiovascular system. "Presumably, such changes were enhanced among those participants who improved their physical fitness."

Said Dr. Blair: "One of the most striking findings of the study was that men who improved from unfit to fit reduced mortality risk as much as the smokers who stopped smoking."

The researchers conclude: "Results presented herein show the effect of changes in physical fitness on mortality and provide additional support for the hypothesis that an active and fit way of life improves health and delays death."

"Physicians should encourage unfit men to improve their fitness by starting a physical activity program."

Confronting impotence: Free guide for couples is available

Continued from page 19

Urologic Disease (A.F.U.D.), with an educational grant from The Upjohn Company, has developed "It Takes Two: A Couple's Guide to Erectile Dysfunction." The informative, easy-

to-read brochure emphasizes the need for couples to work together to overcome erectile dysfunction. "It Takes Two" addresses impotence from the perspective of both partners.

To receive a free copy of this

brochure, write to: It Takes Two, AFUD, 300 West Pratt Street, Baltimore, MD 21201 or call toll-free, 1-800-242-2383.

The mission of the American Foundation for Urologic Disease is

the prevention and cure of urologic diseases through the expansion of medical research, and the education of the public and health care professionals concerning urologic diseases and dysfunctions.

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Asthma: Know the 'triggers' of attacks and be prepared

Ten million Americans suffer from asthma. That means that you or someone you know may have been diagnosed with this breathing disorder.

If so, NARD, the national association representing independent retail pharmacy, suggests you speak to your family pharmacist about your condition.

Although asthma cannot be cured, it can be managed. Most patients with asthma lead normal, active lives — usually with just a few minor lifestyle adjustments.

The first step in managing asthma is to identify the "triggers." People who suffer from asthma may notice that whenever they are around a cat or a dog they have difficulty breathing. Their flare-ups — signaled by wheezing, coughing and a tightening sensation in the chest — may be triggered by an allergy to animal dander. Allergies to pollen or dust may also cause an asthma attack. In these cases, treating the allergy may lessen the severity and frequency of the flare-ups. For example, if dust reduces your ability to breathe, filters that reduce dust can be installed in your home or office. Plastic covers for your mattress and pillows may also help.

Sometimes stress can lead to an asthma attack. Your community pharmacist may suggest breathing or relaxation techniques to help ward off attacks. Some illnesses, such as pneumonia or bronchitis, can cause a temporary asthmatic condition that usually disappears as soon as the illness is treated. Certain foods and cigarette smoke may also spark an attack.

If your physician has prescribed medication that must be inhaled,

your pharmacist can teach you how to use the inhaler properly. Your pharmacist will also tell you how often to use your inhaler. Some are used every day and others are used only when you are having difficulty breathing. Most likely, your pharmacist will have a brochure or other information about asthma that you can take home with you.

Whenever you pick up a refill prescription, your pharmacist will probably ask you how helpful the medication has been or if you have had any side effects, such as dry mouth. You may want to keep a diary of asthma attacks so you can chart the management of your illness. A diary may also reveal triggers of which you may not be aware.

If your asthma is unpredictable, as it is for most people, your pharmacist may suggest that you purchase more than one inhaler so you will always have access to the medication, whether you are at home, work or school. Having more than one inhaler will also prevent an emergency room visit should you run out of medication when the pharmacy is closed. (Ask your pharmacist who to call if you need medication after business hours. Most independent pharmacies have an on-call staffperson.)

It is extremely important that all of your health care providers know that you have asthma. Some medications used to treat other illnesses may cause an asthma attack; others may interact with the medication in the inhaler, causing it to over- or under-medicate you.

And remember, with the proper treatment and the care and guidance of your physician and pharmacist, asthma is manageable.

Hearing professionals defined

More than 21 million Americans are hearing impaired, and noise levels in our high-tech society imperil many more. This public service information is provided to help you protect your hearing health.

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- An audiologist who is a non-medical expert with a minimum of a master's degree and trained in identifying, assessing and rehabilitating hearing loss.
- A hearing instrument specialist who is trained in the identification and evaluation of hearing loss for the purpose of selecting and fitting hearing instruments.

Provided by Dr. Paul Stypulkowski, technical service specialist for 3M Hearing Health. For more information on hearing health, contact 3M Hearing Health, Attn.: Marketing Communications, 3M Center Building 260-6A-19, St. Paul, Minn. 55144-1000.

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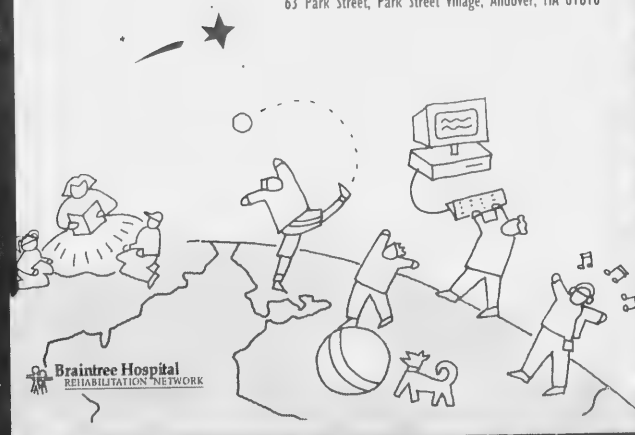
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General Health

Alternative treatment for herniated discs

A 30-year-old treatment for slipped discs, a condition doctors call herniated lumbar intervertebral disc, is receiving new attention from physicians and people with leg pain caused by a herniated or slipped disc.

The treatment, called chemonucleolysis, involves injecting a natural enzyme called chymopapain — marketed by Boots Pharmaceuticals — into the center of the herniated disc. The enzyme, which comes from the latex of the papaya plant, breaks down and partially liquefies the jelly-like material in the inner part of the disc. The disc's ability to absorb water is greatly reduced and pressure on the nerve root that is causing the

pain is relieved.

A number of studies have been done on this treatment and their results show it's as effective as and safer than surgery over the short- and long-term. In a one-year follow up study



success rate of 66 percent while those who had a procedure called automat-

published in the international medical journal *Spine*, patients who received the chemonucleolysis treatment had an overall

ed percutaneous lumbar discectomy had a success rate of only 37 percent.

Chemonucleolysis treatment of sciatica has also been shown to be cost effective in the short-term and most importantly in the long-term as it does not contribute to "failed back surgery syndrome."

A toll-free number has been set up by the International Intradiscal Therapy Society (1-800-426-4868) for patients and physicians in the United States and Canada who want to learn more about chemonucleolysis and about who are the most likely candidates for this treatment.

There is hope when vision fails

How would you cope if your vision began to change?

You may have trouble reading as well as you used to, even with your regular glasses. Maybe you have trouble seeing the television clearly, or when you meet a friend on the street, you don't recognize him immediately. You may, in fact, be experiencing "low vision."

Millions of people successfully face life with low vision — sight that is severely diminished, but still useful. There are vision rehabilitation organizations and special products that can enhance residual vision.

Here is a sample of questions most frequently asked of Dr. Bruce Rosenthal, chief of low vision programs at The Lighthouse Inc., in New York City.

Q. What, exactly, is low vision?

A. Low vision is a significant reduction of visual function that cannot be corrected with standard prescription eyeglasses, contact lenses, medication or surgery. It also is known as partial sight. Specific symptoms of low vision include: trouble detecting the sharpness of details; blurred, spotty or hazy vision; loss of depth perception; and faulty color

vision.

Q. Everyone's vision tends to diminish with age. Is this different than low vision?

A. Yes. Vision does change as we age, but severe vision loss is not simply a symptom of growing old. Low vision is often due to an age-related condition such as cataracts, glaucoma or macular degeneration, or a disease like diabetes.

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Rosy cheeks and red noses may be no laughing matter

While red noses and rosy cheeks may reflect good cheer in clowns and Santa Claus, they are no laughing matter for up to one in 20 Americans affected by a conspicuous and embarrassing disease of the facial skin known as rosacea.

Often called "adult acne," rosacea usually first appears after its victims reach their 30s and 40s, and thus is now striking a rapidly growing number of the baby boom generation. Although today as many as 13 million Americans suffer from this disease, a Gallup survey indicated that few have heard of it or know what to do about it.

"People with rosacea often assume it's just like teenage acne and will go away by itself," said Dr. Lynn Drake, deputy chairman of dermatology at

The earliest sign of rosacea is usually a flushing or redness on the face, most often on the cheeks or nose, that comes and goes.

Harvard University. "The key for people over thirty with acne-like symptoms is to recognize that their condition is more likely to require medical attention, preferably at an early

stage, before it becomes a major intrusion on their lives."

The earliest sign of rosacea is usually a flushing or redness on the face, most often on the cheeks or nose, that comes and goes. Over time, the redness becomes ruddier and more permanent. If left untreated, bumps and pimples may develop and small dilated blood vessels may appear on the surface of the skin.

In some rosacea sufferers, the eyes may also feel gritty and appear bloodshot. In the most advanced stages of the disease, particularly in men, the nose may become swollen, red and bumpy from excess tissue — the condition that gave the late comedian W.C. Fields his trademark bulbous nose.

Unlike acne vulgaris, which primarily occurs in teenagers, rosacea

does not cause oily skin and blackheads, and rarely occurs beyond the face. Also unlike teenage acne, rosacea tends to grow increasingly more severe if left untreated, and standard acne medications can often make it worse.

While rosacea's physical effects are distressing enough, its other costs — damage to self-esteem and professional and social life — can be even worse.

In a survey by the National Rosacea Society of more than 400 rosacea sufferers, 75 percent said the condition lowered their self-esteem, 70 percent felt embarrassed and 69 percent reported they were frustrated. Many respondents even admitted to cancelling business appointments or refusing to schedule social events

Continued on page 26

There is hope when vision fails

Continued from page 22

Q. My mother seems to be experiencing some of these symptoms. What are the first steps in getting her some help?

A. First, your mother needs to see an optometrist or ophthalmologist for

an evaluation. If her vision loss is not correctable, she should ask to be referred to a low vision specialist in private practice or visit a vision rehabilitation organization such as The Lighthouse.

Q. What can these specialists do for my mother that an ordinary

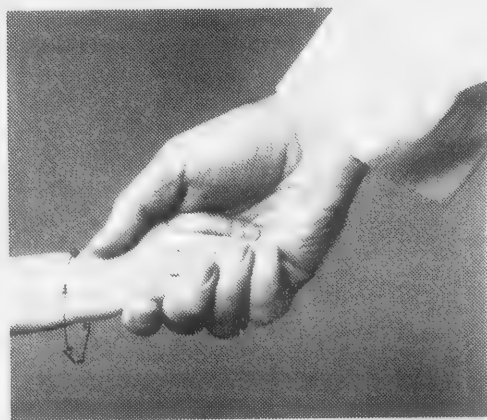
eye doctor cannot?

A. These professionals can prescribe special devices for her condition. Low-vision devices include: high-powered reading lenses, telescopic lenses and electronic devices. Use of these devices, in conjunction with vision rehabilitation, helps indi-

viduals to function independently.

Q. Where can I get the name of a vision rehabilitation center or specialist?

A. The Lighthouse Information and Resource Service can help you locate professionals in your area. Call The Lighthouse at 1-800- 334-5497.



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General Health

Take the heartburn test

Millions of people suffer from indigestion at least once a month and approximately 5 million people complain of daily bouts of heartburn.

According to Dr. David Earnest a leading gastroenterologist and member of the Glaxo Institute for Digestive Health (GIDH), frequent heartburn is the most common symptom of gastroesophageal reflux disease (GERD) a more serious medical disorder.

Although there are several reasons why certain people suffer from gastric reflux, one primary problem is a weakness in muscle tone at the base of the esophagus. This weakness allows acid to escape upward from the stomach and cause heartburn pain. Some reasons for the weakness are physiological conditions, while others are directly related to lifestyle factors.

Frequent heartburn may be a sign of a more serious medical problem.

Answer yes or no to the following questions:

- Do you experience frequent heartburn attacks?



- Do you use antacids frequently?
- Do bouts of heartburn wake you up at night?

- Do you experience an acid or bitter taste in your mouth?

- Do you experience discomfort after eating spicy foods?

- Do you have difficulty swallowing?

If you answered yes to any or all of these questions, relatively minor lifestyle changes, along with antacids, may provide adequate relief

of your heartburn symptoms. Some simple, often effective steps include: raise the head of the bed about four to six inches; limit coffee to two or three cups a day; and stop bedtime snacks. If frequent heartburn persists, see your doctor or healthcare professional for an evaluation, diagnosis and, if appropriate, a treatment plan to alleviate your symptoms.

For more information about digestive health, write to the Glaxo Institute for Digestive Health, P.O. Box 2032, West Caldwell, N.J. 07004, or call toll-free 1-800-232-GIDH (4434).

Travelers unaware of Hepatitis A risk

"Don't drink the water." This familiar maxim about what not to do when visiting Mexico and the Caribbean may be funny to some. But for the 20 million American travelers who visit these sun spots each year, the risk of contracting the hepatitis A virus — often from contaminated food or water — is no laughing matter.

Not to be confused with traveler's diarrhea, hepatitis A is a serious and frequently debilitating illness that can keep patients out of work for 30 days and, in a few instances, can even be fatal.

Yet a recent survey revealed that only 2 percent of U.S. travelers seek prevention against the highly contagious virus when traveling to developing regions where the disease is common, including Mexico, parts of the Caribbean, South and Central America, Africa, Asia (except Japan), the Mediterranean basin, Eastern Europe and the Middle East.

Hepatitis A is the most common vaccine-preventable disease among travelers. The virus infects 100 times as many travelers as typhoid and 1,000 times as many travelers as cholera.

But there is good news. For the first time, travelers can receive prolonged protection against hepatitis A. The world's first hepatitis A vaccine was recently licensed for mar-

keting by the U.S. Food and Drug Administration and is now available in the United States.

Contrary to popular belief, staying in an upscale hotel will not necessarily protect travelers against the virus. The World Health Organization reports that most travel-related hepatitis A cases occur among those staying in resorts and at middle- and upper-level hotels.

The hepatitis A virus causes acute liver disease that can lead to jaundice (yellowing of the skin and eyes). It is spread through close person-to-person contact or ingestion of contaminated food or water. Potential sources of infection include water, ice, shellfish, fruits, vegetables or other foods.

"Hepatitis A can take up to two months or longer for recovery, but it can be prevented," said Raymond S. Koff, M.D., chairman.

Department of Medicine, MetroWest Medical Center in Massachusetts. "Travelers should ask their physicians about hepatitis A vaccination, which can protect them from this serious virus."

According to Dr. Koff, the results of the recent survey demonstrate the need for public education. Nearly half of the respondents said they do not know who is most at risk of hepatitis A, and only 2 per-

Continued on page 25

Why do teen-agers drink?



These answers from the American Council on Alcoholism, Inc. may help many parents.

Q. Why do teen-agers drink?

A. Some out of curiosity or a desire to appear more grown up. Some teens drink to "fit in" with a particular crowd or to "protest" restrictions. It's important for parents to set a good example: drink moderately if they

choose to drink.

Q. How can I tell if my child has a drinking problem?

A. Any prolonged or profound change in mood, appearance, interests, grades or spending patterns could be a sign of a problem and a

possible need for professional help. **Free Brochure**

For a free brochure on teen-age drinking, write the American Council on Alcoholism, Inc., 2522 St. Paul St., Baltimore, MD 21218; or call 1-800-527-5344.

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General Health

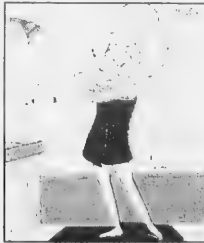
Get skin in shape

Do you have unsightly dry patches on your elbows and knees? Is your skin dull, cracked, itchy and flaky? If it is, then it's time to get your dry skin in shape.

"The best way to treat dry skin is to keep it well moisturized," says Dr. Nelson Lee Novick, associate clinical professor, Mount Sinai School of Medicine, New York. "Above all, be aware of the conditions that can cause or aggravate dry skin, and be sure to follow preventive measures."

There are some simple steps you can take to turn your dry, rough skin into healthy great-looking skin:

- Take short, cool showers instead of long, hot baths.
- Apply a therapeutic lotion after showering, while the skin is still damp, to lock in moisture.
- Choose a deep penetrating moisturizer, like Curel Therapeutic Moisturizing Lotion, with both glycerin, to attract moisture to the skin, and petrolatum to seal in moisture.
- Avoid moisturizers with ingredients



such as mineral oil and lanolin, which can cause irritation. Once you've gotten your dry skin into shape, maintain a healthy glow by following preventive measures and knowing what to avoid. Some common causes of dry skin include: extended exposure to elements

such as sun and wind which can cause excessive dryness and skin damage; environmental conditions such as very cold or very hot weather, and heated and air-conditioned homes with low humidity, which robs the skin of moisture.

If you're interested in more information on preventing and caring for dry skin, call 1-800-3-DRY-SKIN. This toll-free hotline also offers consumers "The Dry Skin Answer Book," a free brochure of questions and answers about dry skin. This hotline and free brochure are sponsored by Curel Therapeutic Moisturizing Lotion from the skin care research laboratories of Bausch & Lomb.

The woes of toes

Surprising to many Americans is how often toenails can serve as a barometer of our health, providing the initial signal of the presence or onset of systemic diseases.

Because of their association with health-related diseases, toenails of persons of all ages can undergo an array of changes, some of which are relatively common. They can become brittle and curved; discolored, and infected; clubbed, pitted, and grooved.

Ingrown nails, the most common toenail impairment, are nails whose corners or sides dig painfully into the soft tissue of nail grooves, often leading to irritation, redness and swelling. Usually toenails grow

straight out. Sometimes, however, one or both corners or sides curve and grow into the flesh. It's usually the big toe that's the victim, but other toes can be affected.

If you suspect an infected toenail, you can immerse the foot in a warm salt water soak, or a basin of soapy water, then apply an antiseptic and bandage the area. These are only temporary measures, for relief of discomfort before you consult a podiatrist. Other "do-it yourself" treatment – including any attempt to remove any part of an infected nail – and use of over-the-counter medications should be avoided.

Sudden changes in color or shape, *Continued on page 26*

Travelers unaware of Hepatitis A risk

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cent indicated that people traveling to developing countries are at risk.

When asked how the disease is contracted, only 18 percent of respondents mentioned contaminated food or water, and only 4 percent indicated poor hygiene or

unsanitary conditions, both of which are major risk factors for hepatitis A. The study, conducted by Roper Starch Worldwide, was a random telephone survey of 1,015 Americans from ages 18 to 79.

For more information about hepatitis A and a free brochure, call 1-800-HEP-A-VAX.



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In the tradition of excellence and quality established at Prescott House and Sutton Hill Nursing and Retirement Center, the Solomont family reaffirms its commitment to area seniors with Heritage at North Andover, an assisted living community.

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HERITAGE
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Then and now: Chiropractic has come a long way in 100 years

From Davenport, Iowa, to the world.

From a theory to a refined health care profession.

From one to 50,000.

Chiropractic has become the largest non-invasive health care profession in the country – and now, chi-

ropractors are celebrating 100 years of chiropractic history. Then: In 1895, an innovative teacher in the quiet Midwestern town of Davenport helped a janitor regain his hearing by forcing a spinal bone back into position.

At the time, D.D. Palmer had no

idea that his theory would evolve into a health care profession that would spread far beyond Davenport, far beyond Iowa – and far beyond his highest hopes.

According to Mr. Palmer's hypothesis, impinged nerves are the cause of pain and disease, and misplaced

spinal bones may cause pressure on the nerves. Thus, he reasoned if the spinal column were positioned correctly, the body would be healthy.

To spread his new theory, Mr. Palmer began taking on students. Within seven years of his discovery,

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Rosy cheeks and red noses may be no laughing matter

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because of their condition.

The good news is that 70 percent of the survey respondents reported their emotional well-being improved after successful medical treatment.

For individuals who suspect they may suffer from rosacea, the first step is to see a dermatologist for diagnosis and appropriate medical therapy. Effective treatment of rosacea calls for medications that are available only by prescription, and also may require patients to identify and avoid lifestyle factors that trigger flare-ups in their particular cases.

Some of the most common rosacea tripwires in various individuals include sun exposure, emotional stress, hot or cold weather, alcohol, spicy foods and many others.

For free information on rosacea, write the National Rosacea Society, 220 South Cook Street, Suite 201, Barrington, Ill. 60010.



The traditional red clown nose may be no harbinger of joy.

The woes of toes

Continued from page 25

or any drainage from infection should be discussed with a doctor of podiatric medicine.

To avoid the woes to toes, here are some simple tips from the American Podiatric Medical Association:

- Trim toenails straight across, slightly longer than the end of the toes. Do not round off corners; this can be the cause of ingrown nails.
- Clip nails with toenail clippers.
- After clipping, smooth nails with a file or emery board.
- Wear only properly fitted shoes, not short or narrow ones.
- Wear hosiery that is not constrictive.

An informative booklet about toe-



nail problems and their care is available free by calling the American Podiatric Medical Association at 1-800-366-8227.

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General Health

Then and now: Chiropractic has come a long way in 100 years

Continued from page 26

15 people had graduated from the Palmer Infirmary and Chiropractic Institute.

As more people learned about the profession and its benefits, chiropractic schools, chiropractic hospitals and chiropractic practices began popping up all over the country. And by 1927, 39 states were licensing chiropractors.

Now: Today, chiropractors worldwide are celebrating the centennial of their profession's discovery.

One hundred years after D.D. Palmer made his landmark discovery, chiropractic has become internationally renowned. In the United States alone the respected profession boasts 50,000 doctors, 18 colleges, more than 100 national, regional and state professional associations and 15 million to 20 million patients.

Chiropractors are on staff at hospitals across the United States; chiropractors and medical physicians

also work together on a daily basis at prominent back institutes in Texas and California.

Study after study has proven the effectiveness of chiropractic care for back pain. And new technology allows chiropractors to diagnose their patients more accurately than ever before.

Chiropractic has come a long way in 100 years.

Chiropractors kicked off their year-long centennial celebration Sept. 17 at chiropractic's birthplace in Davenport, Iowa. They are then taking the festivities to Washington, D.C., in July 1995 and return to Davenport in September 1995 for a final celebration befitting the profession's accomplishments.

For more information about the chiropractic centennial, call or write: Chiropractic Centennial Foundation, 1000 N. Brady St., Davenport, Iowa 52801. Telephone: (319) 326-9652.

SEI certified helmets: Who needs 'em?

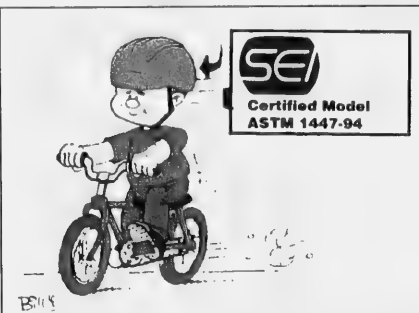
It's no accident that people – young and old – who wear bicycle helmets when they ride are practicing an important safety precaution.

It's not enough, however, to buy and wear a helmet. All helmets are not alike. Those certified by SEI, the Safety Equipment Institute, are tested to meet the new ASTM F-1447 bicycle helmet safety standard. SEI certifies a variety of equipment ranging from safety eyewear and fire fighters' clothing to horseback riding helmets.

When the SEI label appears on bicycle helmets, for example, you know the product not only conforms to the new ASTM bicycle helmet standard but that the manufacturer consistently turns out quality products. Only when product models annually pass the stringent tests and the manufacturer passes SEI's quality assurance audit does the SEI label go on.

For a free list of certified bike helmets, write

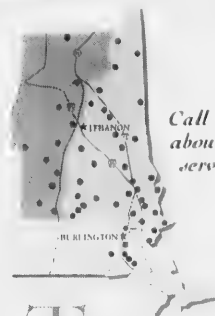
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Programmable hearing aids at reduced prices

High technology at lower prices

Two premier hearing instrument companies have announced lower priced versions of their programmable hearing aids.

ReSound, the manufacturer utilizing AT&T Bell Laboratories technology, recently introduced the availability of its Encore. And 3M announced its SinglePro BTE instrument.

Although technologically unique, both offerings are variations of tried and true technologies. Both ReSound and 3M have spent millions of dollars on research and development and each has had programmable hearing aids on the market for many years.

ReSound, utilizing AT&T Bell Labs technology, has introduced the Encore.

The key here is simplification. Both manufacturers have added features and increased costs over the last few years. This represents the first time that the product line has been expanded with a lower priced instrument. Both manufacturers have introduced a unit which has one programmed response.

The standard product has multiple memories for programs. ReSound's standard hearing aid will accept two or three memories. 3M's standard hearing aid will accept eight memories. The Encore and SinglePro BTE will use only one memory.

Responding to user surveys, each manufacturer discovered that a significant percentage of wearers were only using one of the programs and did not require the multiple memory features. These products offer those users the ability to purchase these

improved technologies at a significant savings over the standard (multiple memory) products. Yet by retaining the programmability and unique processing capabilities, the user can still benefit from the superior clarity and performance of these advanced instruments at a reduced cost.

While these new hearing aids can offer dramatic benefits, they are not suitable for everyone.

In order to accurately determine the benefits for the individual user, it is essential to have a recent hearing test. Because of the programmability of these instru-

ments, one can request a demonstration. This allows the user to experience first hand the effects of the technology and its resultant benefits.

Most users require a period of adjustment to

fully appreciate the enhanced processing of the aids. Yet for most (especially present hearing-aid users), the demonstration is the best way to experience better hearing through better technology and to determine just how superior the units are to older standard hearing aids.

To find out more about these technologies, contact your nearest dispensing audiologist.

You can call ASHA (American Speech and Hearing Association, which certifies audiologists) at 1-800-638-8255 for a referral, or locally, contact Audio Hearing Center at 475-9595.

3M, well-known manufacturer, has announced the availability of the SinglePro BTE.

The key is simplification — a single program aid...with a lower price.

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The Affordable State-of-the-Art Hearing Aids **3M and ReSound Innovation**

At long last, an easy to operate, innovative hearing instrument is available at a price you can live with. The more economical **ReSound Encore** and **3M SinglePro BTE** instruments adjust to your individual hearing needs.

It's easy to operate with no remote controls, no tiny settings to read and no need to know anything about computers.

It is programmed to provide the most benefit in various listening situations. Should your hearing needs change in the future, your hearing aids can be reprogrammed.

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Dispelling the myths of dentures

Nearly 20 percent of the U.S. population, or about 32 million people, wear full or partial dentures.

Despite this figure, misconceptions about their use and care prevent many wearers from getting optimum use from their dentures.

During May, the Massachusetts Dental Society will focus on the oral health of older adults. The society would like denture-wearers to rethink the following common misconceptions.

Myth 1: Once you get dentures, you don't have to see a dentist again unless you experience a problem. This is one of the most common myths about dentures. Even if you no longer have your natural teeth, you should continue to see a dentist regularly for oral examinations. The dentist will examine your mouth for problems with the soft tissues and bones, the tongue, the joints of the jaws, and your bite.

During May, the Massachusetts Dental Society will focus on the oral health of older adults.

Regular dental visits are also important to screen for precancerous lesions or tumors. About 95 percent of all oral cancers occur in people over 40. When oral cancers are detected early, survival rates increase dramatically.

Through oral examinations, your dentist can also check for other diseases that can first manifest themselves in the mouth, such as diabetes.

Myth 2: Dentures should last forever. Dentures are durable, but even with conscientious care, denture teeth can lose their natural appearance and chewing ability as the result of chewing, brushing, and other normal use. The results of a recent study showed that about 80 percent of dentures need replacement after 11 years.

The way you care for your dentures can affect their longevity and fit. Dropping dentures, even a few inches in the sink, can break a tooth or crack the denture base. When cleaning or inserting your denture, hold it securely over a towel or a half-filled basin of water to protect the denture if you drop it.

Myth 3: You can make your own denture repairs. Never do it yourself with dentures. The handyman approach can cause irreparable damage and may result in the need for a new denture. In an emergency, denture adhesives can be used to keep the dentures stable until you see your dentist.

Myth 4: Some people must use denture adhesives to achieve a proper fit. If used constantly, adhesives can mask infection and cause bone loss in the jaw. Never use a denture adhesive regularly unless your dentist advises you to do so. Dentures are made to fit precisely, and usually they do not require the regular use of an adhesive for comfort. See your dentist immediately, if your dentures feel loose or cause pronounced discomfort.

According to the Massachusetts Dental Society, these are just some of the many common misconceptions about dentures. Dentures that fit properly can improve your appearance, eating, and speaking. If you are experiencing problems or you have questions about your dentures, speak with your dentist.

Decline in cavities

Everyone has bad breath, at least occasionally. It can come from what we eat, when we eat and how we feel, as well as poor dental hygiene.

Garlic and onions, for instance, can take a full day to disappear from our systems. And hunger and thirst promote odor-producing bacteria. But breathe easy. The following tips will help you get a handle on halitosis.

- Sugarless gum, mints or a spritz of breath freshener are handy ways to get immediate results.
- Use a peroxide formula toothpaste. It flushes out odor by finding bacteria-causing food particles that your toothbrush can't reach.
- When brushing your teeth, brush your tongue and the walls of your mouth. Bacteria collects there, too.
- Drink plenty of water. Fluids keep saliva, nature's way of suppressing bacteria, flowing.
- Avoid smoking and drinking coffee and alcohol when concerned about fresh breath.
- Eat parsley, mint leaves or anise seeds after meals for sweet-smelling breath.

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Alternatives

Alternative medicine getting more attention

Alternative medicine is not only getting more attention, most of the information on the subject can now be found in one place. It is a newly published guide that says there are alternative treatments for many common ailments that work. The book, *Alternative Medicine: The Definitive Guide*, created by Burton Goldberg, covers 208 of them.

The book emphasizes that when you are ill, you can check more than one source and needn't give up hope. Easy to use, the book is divided into a large section on therapies and an even bigger portion on specific health conditions ranging from cancer to heart disease to arthritis to depression.

Goldberg started putting the book together when he observed a close friend's daughter cured of an emotional disorder by alternative practitioners who adjusted her diet for blood sugar imbalance after conventional doctors and talk therapies had failed to help. He vowed to help educate Americans about other medical

treatment options.

Goldberg says the remedies in *Alternative Medicine* are not meant to replace mainstream medicine but rather to encourage readers to employ both mainstream and alternative medical procedures. He notes, for example, that in trauma situations there's no replacement for good emergency room care. The point, he says, is that when it comes to degenerative diseases, alternative medicine offers some remarkable solutions — solutions that do not seem to have found their way into mainstream medicine.

Many people write to Goldberg after reading and using his book to tell him of their successes — sometimes after years of problems.

The 1,100-page resource book is simply written and easy to understand. *Alternative Medicine* sells for \$59.95 and is available at bookstores and health food stores nationwide, or by calling 1-800-517-HEAL.

For a free copy of a monthly newsletter about alternative medicine write to: Digest, P.O. Box K, Milton, WA 98354.

Ginseng spreads roots to America

A growing number of Americans find that a good way to begin the day is by exercising, eating right, and taking the right vitamins.

Today, the same people who carry cell phones and ride high-speed trains to work are just as likely to have begun their morning with a garlic tablet and a gulp of Siberian ginseng.

Far from losing its appeal over time, interest in homeopathic medicine in general and the consumption of ginseng in particular has now moved beyond New Age devotees and into mainstream America. The tenets of traditional Chinese medicine have long held that ginseng is a tonic to increase strength, promote life and appetite, increase blood volume, quiet the spirit and give wisdom.

With ginseng, the root's the thing. The name ginseng is derived from a combination of two Chinese words, shen and seng, meaning "man root," reflecting its resemblance to the human body. The root can be chewed, pulped or have the active ingredient — panaxin —

extracted.

To appreciate how interested American society has become in ginseng, take a minute to survey the wide variety of ginseng-related products that are starting to appear. Most recent on the list—but with wide mainstream distribution—is Arizona Iced Tea with Ginseng. It is marketed in striking cobalt blue bottles adorned with Native American symbols and colors.

"Many of the properties ascribed to ginseng were first discovered by the Chinese," said Arizona COO Mike Schott. "And it was the Chinese who originally combined ginseng with tea. So, in a sense, this is a new product with a very, very long history."

Echoing the attitude that most Americans seem to have adopted toward the substance, Arizona's Schott says, "Perhaps we'll never know for sure what benefits, if any, come from ginseng. But we have created a product that in addition to tasting good is thought provoking, too."



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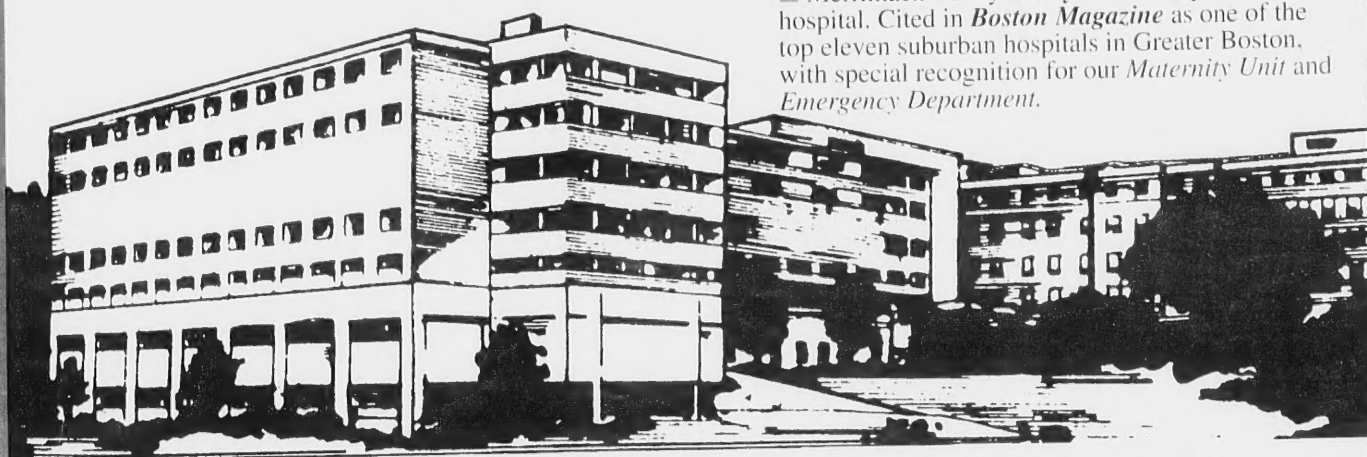
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Andover Townsman wins New England Press Association's top honor - The Horace Greeley Award



Townsman Editor Perry Colmore recently received The Horace Greeley Award, which is given for "outstanding service to the general public, service that is considered above and beyond the normal function of writing, publishing and editing a newspaper." Recognized at a luncheon in Boston, Ms. Colmore was called "a voice in the community."

...

The *Townsman* won another major award from the New England Press Association. Reporter Neil Fater and Editor Colmore shared the first-place award in the category, Racial or Ethnic Issue Coverage, for a series called "Breaking Down the Walls."



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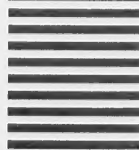
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